

The Bethel Citizen

1895

Volume CII - Number 31

Bethel, Maine • WEDNESDAY, July 30, 1997

50¢ a Copy

ASC eyes space in GAMM II building

Groan & McGurn headed back to original site in West Bethel

By MICHAEL DANIELS

The American Skiing Company is negotiating with the town of Bethel to lease the former GAMM II building at the Airport Industrial Park.

The 21,300 square-foot, light industrial building is currently occupied by Eric Paul, owner of Groan & McGurn.

Paul said he plans to be out of the building by the end of August. His screen-printing operation will be returned to the G&M building in West Bethel, Paul said.

Paul has occupied the building since 1992, when he signed an initial lease-purchase agreement. The terms of the agreement called for him to pay a \$23,000 annual lease and to have the option to purchase the building outright for \$175,000 within two years.

At the time Paul said he definitely planned to exercise the option to purchase. "It's just a matter of whether it's this year or next," he said.

But Paul did not carry through

with the purchase, and the \$175,000 guaranteed price lapsed with the original lease (which expired in 1994 and was never re-signed).

Recent negotiations between Paul and the Bethel Airport Authority regarding a possible purchase were unsuccessful, faltering over a mutually acceptable sale price.

Paul said he did not feel he had been dealt with fairly by the town. "They got a rare chance to second guess their decision and they took it," he said. "If they don't want to sell I don't want to stay there."

G&M currently employs 13 or 14 people, Paul said. At its peak three years ago, the business employed more than 50 people. The number then "settled back to around 35," Paul said, then began falling again to its present level.

He said the West Bethel site could not accommodate the number of employees required when the business is at its most active.

See GAMM II, page 4

Rachael, then Rose arrive here the old-fashioned way

But Dad spreads the word by e-mail

By ALISON ALOISIO

When Jonathan Goldberg's wife, Cathy, gave birth to twins July 20, he did just what one might expect a modern parent to do.

He went home to Bethel and posted the news on e-mail.

In contrast, the Goldbergs elected a traditional method of childbirth. When twin girls Rachael and Rose were born, it was under the guidance of a midwife.

"A big deal!" Last winter, when the couple learned they were going to become parents of twins, it came as something of a shock.

"We had never even thought about the possibility of having twins," said Jonathan. "We said, 'We're going to need two of everything. We'll need another high chair. We'll need another house.'"

The Goldbergs were already parents of one child, Abbie, who is now 2 1/2. "We had thought having

a second child would be routine," said Jonathan. Then, when the news of twins came, "all of a sudden it was like starting over. It was a big deal."

Shortly after learning they were pregnant (but before learning there were two babies) the Goldbergs had made the decision to give birth at Rumford Community Hospital, under the guidance of Cathy Heffernan of Bethel, a certified nurse midwife. Abbie had been born at Stephens Memorial Hospital, under the care of a male doctor.

While Cathy Goldberg said they were satisfied with that care, she wanted to have her second child in the care of another woman. "It's a different quality of birthing with a midwife," she said. In Heffernan's case, she could offer her experience from having had four children herself.

After the news of the twins (a

See TWINS, page 5

Thief hits cars in Newry lot

By ALISON ALOISIO

A thief apparently went on a \$2,000-plus credit card spending spree following a car break at the Outward Bound school in Newry early Saturday morning.

Four vehicles belonging to OB employees were entered, and backpacks, a video camera, cash and credit cards were among the items taken.

Sgt. Tim Holland of the Oxford County Sheriff's Department estimated that in addition to the credit card spending, the value of the items taken from the cars is approximately \$2,000.

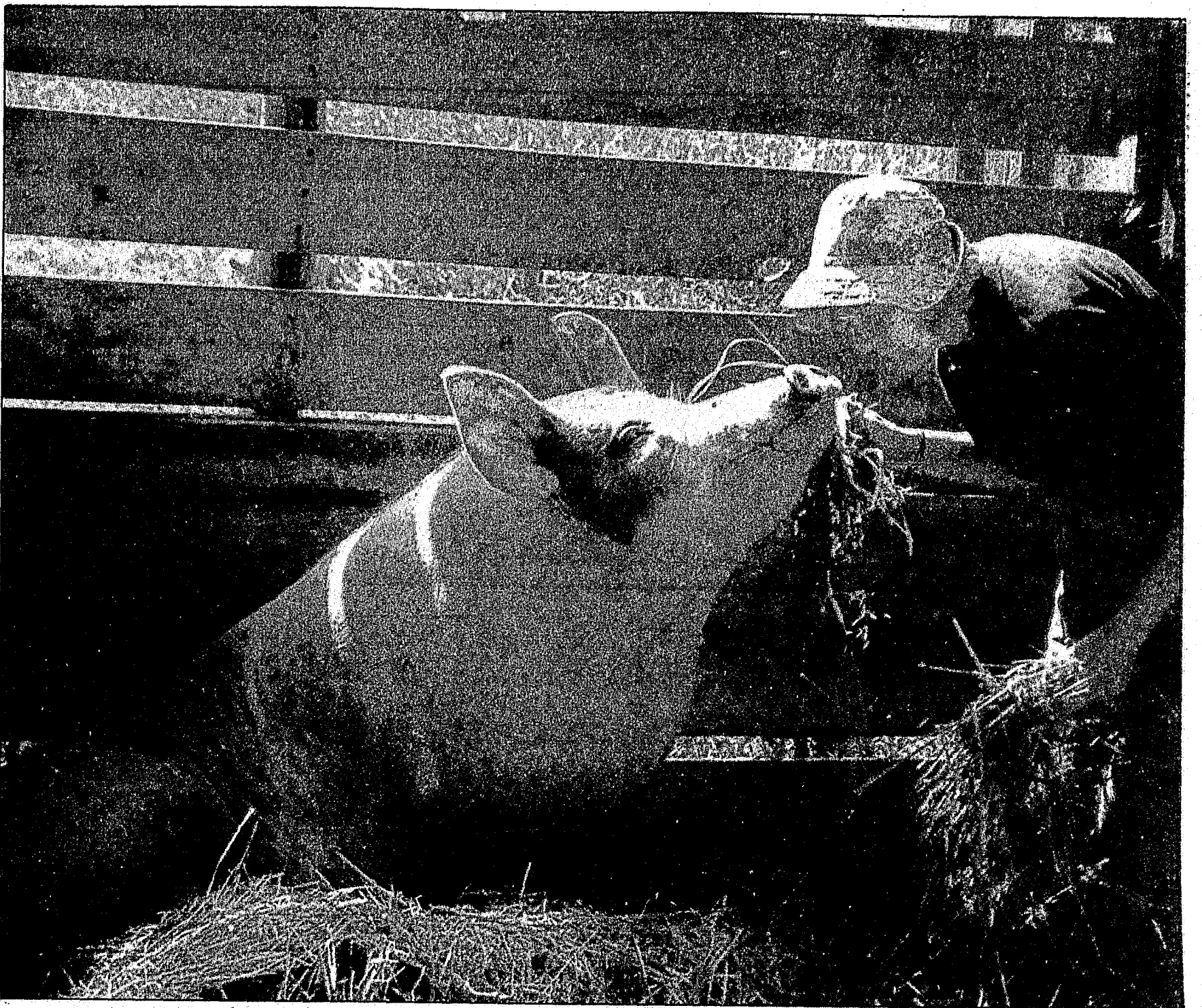
He believes the theft is the work of someone local. Following the in-

cident, said Holland, a red pickup truck was seen backing up on the Eddy Road in Newry. Some of the items were dumped out, he said.

Charges to the credit cards were likely made in Oxford County, including one for \$600 to an auto parts store.

"Someone went on a shopping spree without any money," said Holland. "I believe someone will appear with a nice backpack (or other items), and someone will say, 'How can this guy afford this? Someone will put two and two together and give us a call.'"

Anyone with information is asked to contact Holland at the Sheriff's Department.



PEGGY SUE GOT UNHITCHED--The Bethel Fire Department came to the rescue last week when Dot Boyce's 300-pound, three-legged pig, Peggy Sue Piglet, got hung up trying to escape from her barn stall. As the porker tried to climb over the wall, she fell head first. Her one hind leg got caught on a brace board -- leaving her suspended. Boyce, unable to free her, called for help. Several firemen responded to the 9 p.m. call. They first tried to rig a sling to lift Peggy free. But when that didn't work, they cut the board that was holding her. The whole operation took about an hour, said Boyce. She has had the 2-

year-old pig since the animal was three weeks old. Peggy lost her hind leg then, when her mother stepped on it. Boyce adopted the pig, adding her to a menagerie that already included two goats and two horses, as well as many rabbits, ducks, cats and dogs. Peggy and Dot are shown here several days after their harrowing experience. "Her claim to fame is she fell head first out of her stall," said Boyce, who expressed her gratitude to the Fire Department. Said chief Jim Young, "Jim Bennett did all the work."

(Photo by Alison Aloisio)

Lavalette's husband indicted

By ALISON ALOISIO

Richard Lavalette -- the husband of former Greenwood Town Manager Liz Lavalette -- was indicted last week by a Massachusetts grand jury on charges he helped his wife conceal money she allegedly stole from the town.

Richard Lavalette was scheduled for arraignment today (Wednesday) in Pittsfield, Mass., according to a report in the Berkshire Eagle. He was charged with receiving stolen property over \$250. The specific charge was that he did "buy, receive or aid in the concealment of stolen or embezzled property of the town of Greenwood, Maine, from July 29 to December 12, 1996."

In May, Liz Lavalette was accused by an Oxford County grand jury of writing herself a \$20,000 check from Greenwood funds last summer. The money was alleged-

See LAVALETTE, page 5

New Supt. learning the ropes and the roads

By ALISON ALOISIO

Kent Rosberg had been on the job as SAD44 superintendent seven days when he was asked if he knew how to get from the Woodstock school to the Andover school.

He did. That's no small accomplishment for someone coming from a district where the most remote school was 10 minutes from his office.

Rosberg took over as school superintendent July 1. He left behind 17 years of work in SAD35, a 2,800-student district comprised of only two towns, Eliot and Berwick.

There are other differences between the two SADs besides their geography -- such as trends in student population and state funding.

"We were gaining about 60 kids a year," said Rosberg of his former district, which is a bedroom community for urban areas extending as far away as Boston. The system was also gaining in state aid to education, thanks to the increasing enrollment.

But in his new position, Rosberg faces issues like declining enrollment at the Andover Elementary School, and a larger local tax bill due to decreasing state aid.

What to do? Rosberg is already looking at a plan to implement multi-age classrooms in Andover in another year. "The decision has already been made to employ it," he said. Now, the key is to make sure the staff will be properly trained to carry out the program, which would utilize fewer staff members.



Kent Rosberg

The question of funding is a larger issue -- and one that Rosberg (like everyone else) has no easy answers for.

Part of the perennial funding debate in many districts has been teacher salaries versus the community's ability to pay.

A recent newspaper report, for instance, described the cases of two accomplished teachers leaving the Farmington school system for better pay elsewhere. On the community side, in the Bethel area some wood products mills have been having a tough time financially -- putting

their employees out of work or, at least, on uncertain ground.

Rosberg was asked his opinion on those conflicting demands and needs.

"I think both groups feel unappreciated. And it has an impact in the classroom," he said. Kids whose parents may have lost their jobs, said Rosberg, are distracted -- as may be the teachers who feel their worth is being questioned.

Dealing with salary issues, he said, "requires all sides being realistic -- and keeping it out of the classroom."

Vocations and technology

Rosberg was also asked his views on vocational and technology education.

Telstar High School students have to travel to Rumford for several Region 9 vocational programs -- and some teens are reluctant to leave their home school.

That, said Rosberg, is a problem everywhere. It's social issues -- not wanting to leave friends behind -- that keeps many kids from participating in the programs.

"Then, looking at it objectively 10 years later, they'll say they should have done it," said Rosberg. "But now, it's hard for kids to do."

See SUPERINTENDENT, page 4



THE LAST LEG--Runner Heather Best starts her relay leg during Sunday's Maine State Triathlon Classic. The team of Best, of Greenwood; cyclist Amy Forbes, of Bethel; and swimmer Marci Baker, of Newry, took top honors in the female relay. The men's relay was won by John Cooper, Robert Baiguy and Paul Green, while the mixed relay honors went to Eric Girard, Erica Hautala and Don Best (of Greenwood). Among the individual finishers Dan Stasz, Rob Smith and Ross Dworkman took first, second and third respectively, while Andrea MacPherson, at ninth overall, was the top female. Other local finishers included Betsy Perry, 29th; Dillon Gillies, 46th; Judy Weber, 53rd; Carol Savage, 63rd; Jim Feaney, 65th; and Paul Alpert, 70th.

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824-2669

Town of Bethel POSITION OPENING

Applications for the position of **Finance Clerk** will be accepted at the Town Office, PO Box 108, Bethel, ME 04217, through 5 pm, August 8, 1997. Position is 32 hours per week. Starting pay is \$6.50 per hour.

The **Finance Clerk** performs all facets of sewer billing, ambulance billing, counter work and renders miscellaneous administrative support to department heads and committees. Successful applicant will be customer oriented and computer literate. If you are interested in providing excellent public service in an upbeat environment, please apply immediately.

Equal Employment Opportunity

NOTICE TO ADVERTISERS!

Beginning next week the Bethel Citizen returns to its traditional publication day of Thursday, but to avoid confusion and to keep up with our busy production schedule

ADVERTISING DEADLINES WILL STAY THE SAME!

FRIDAY NOON - Real Estate & Service Directory Deadline

MONDAY NOON - General Advertising Deadline

MONDAY 2 PM - Classified Advertising Deadline

Letters

RECALLING ANDOVER'S 'BUBBLE'

To the Editor:

Where is Space Hill? Space Hill is situated just over the Roxbury line in Andover. On that hill surrounded by gentle mountains in 1961-62 an army of workers started clearing land and bulldozing earth to make room for the Bell Systems Earth Station that would enable communications via satellite. The giant "ear" antenna, covered by a circular nylon dome stood 13 stories high and was kept inflated by six-million cubic feet of air, stood stately and tall against the forested landscape. The "Bubble," as it was affectionately called by locals, cast an eerie glow at night and could be seen for many miles around.

Thirty-five years ago the first communications were sent across the globe to France. France's earth station was identical to the one in Andover and has since been turned into a museum. Andover's station was the first in the United States, with only two others in the world, the one in France and another in England.

This strange dome brought many tourists to our little village, where there was a visitors' building and tours given daily. Alas, in 1985 the huge bubble was dismantled and smaller, unassuming dish antennas replaced it. The visitors' building was also torn down and the tourists were no longer welcomed.

The end of an era and the end of the attraction that brought thousands of people to Andover every summer and fall. This brief history brings us to the 18th Annual Andover Olde Home Days celebration. The theme is none other than, "Communications," and as always will take place the first full weekend of August, this year the 1st, 2nd, and 3rd.

Nancy Wardwell
Andover.

(Editor's note: On page nine is a schedule of this year's Olde Home Days events.)

IT'S NOT FUNNY

To the Editor:

I am writing this letter to express my support for the Albany Township Bingo project.

At a meeting held at the Albany Town Hall on May 25, representatives of the proponents of the Bingo project met with Albany residents. For the first and great part of the meeting, all participants were treated to a presentation by Jeffrey Rosenblatt. This presentation was met more often than not, with belly-jiggling laughter. As was articulated to the crowd then, I would like to repeat that this project is of no laughing matter to the people of the Passamaquoddy Tribe. I still feel, Mr. Rosenblatt, that you missed your calling as a stand-up comedian. It is no laughing matter that our unemployment rate is over 50 percent, nor is it very funny that alcoholism still plagues us to this day.

I also do not find humor in the fact our median income is barely over \$7,000/year, nor does it make my table muscles move when I think of the obviously slanted ratio when comparing the number of Passamaquoddy people that have died in wars for this country, in relation to the rest of the U.S. population.

Mr. Rosenblatt says that the way of life will be affected if this project is built? Well, excuse me. Just think for three seconds how the European invasion has affected the lives of all Native Americans, but I guess that's OK.

In closing I would just like to say that in assessing this project as a whole the benefits must be weighed against the drawbacks, and in this case the benefits to a great number of people far outweigh the drawbacks of few.

Lt. Gov. William (Eric) Altwater
Passamaquoddy Tribe

BINGO SITE IS NOT SUITABLE

To the Editor:

On Wednesday, Aug. 20, at 6 p.m. at the Summit Hotel, the Land Use Regulatory Commission (LURC) will hear public testimony on the issue of rezoning an 18-acre parcel of land owned by the Passamaquoddy Tribe, for the purposes of operating a high stakes bingo hall.

If this permit is granted, the Bethel area will become known as the gambling capital of Maine. Life here will never be the same. Bethel will no longer be known for outdoor recreation, but indoor exasperation.

The problem is, the proposed site is located in an area which is locally known to flood over the road, and not just in the spring. The tribe's application section on flooding is only one page, and claims that since the Federal Emergency Management Agency (FEMA) has not classified the area as a flood plain, everything must be OK. In fact, FEMA has not classified the area because they haven't yet examined it.

In LURC's own guidelines, their Comprehensive Use Plan, page 92, I find the following:

"Little mapping of floodprone areas has been done. FEMA has preliminarily mapped floodprone areas in 30 townships in LURC jurisdiction, but these maps are not always accurate and therefore are of limited value. Since there is no information on floodprone areas in townships which have not been mapped by FEMA, the Commission has used soil information to identify such areas."

There is a soils map on file at the State of Maine Wetlands office that shows that all of the soils on the site are classified as being "permanently flooded." LURC should have no problem in reaching the obvious conclusion -- the site is not suitable for buildings.

In order to grant the permit, the tribe must demonstrate and LURC must agree that this new facility is compatible with existing uses, and will have no adverse effects on the community or the environment. Readers who have similar concerns should come to the meeting and state their objections and concerns.

Harry L. Preble
Songo Pond

The Bethel Citizen

P.O. Box 109 • Bethel, Maine 04217 • (207) 824-2444 • 800-9BC-NEWS

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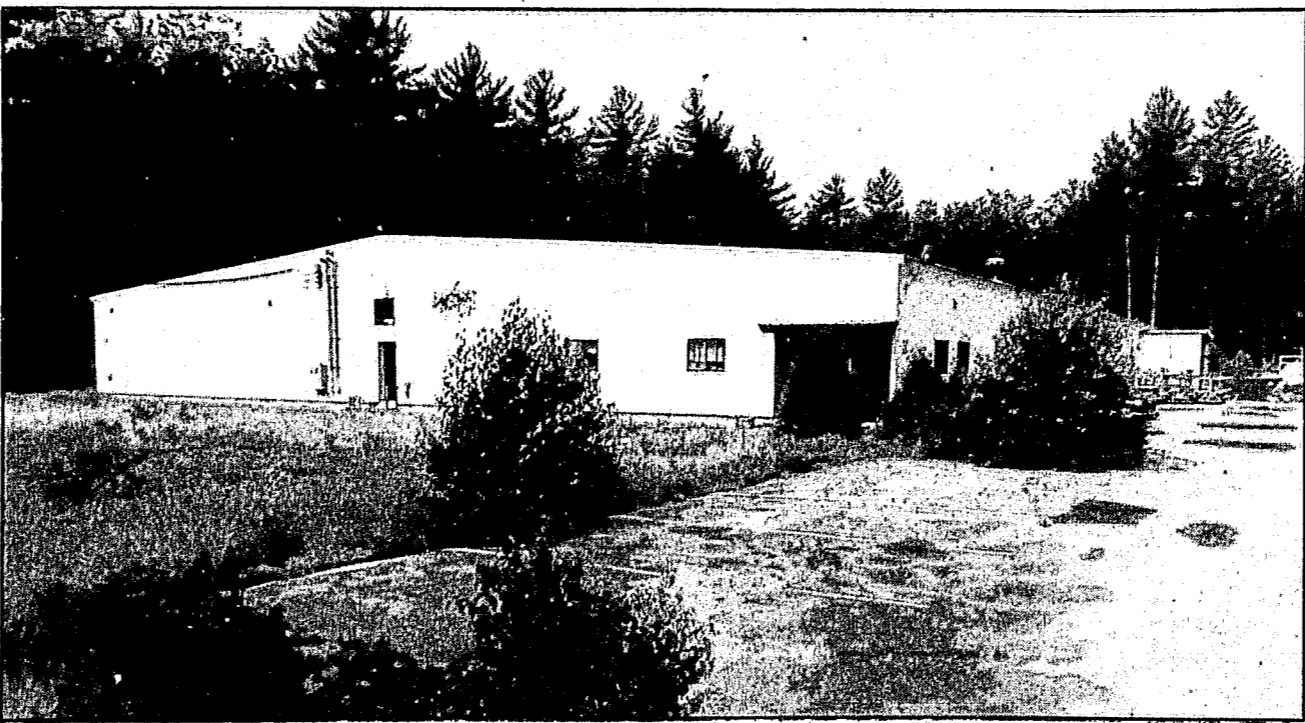
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Periodical class postage paid at Bethel, ME 04217 and additional entry offices by the Bethel Citizen, (USPS 416-380). Published Wednesdays at Bethel, Maine 04217.

The Bethel Citizen is the weekly newspaper serving central Oxford County, Maine. Subscriptions: \$18.85 a year in Oxford County; \$23.85 a year elsewhere in New England; \$32.85 a year elsewhere in the U.S. (foreign postage if necessary, extra). Single copies 50¢, copies more than 3 months old, \$1.00 each.

Deadline for town, club and organizational news items is Saturday noon. Advertising deadlines: Display ads, Monday, noon; Classified ads, Monday 2 p.m.

The publisher reserves the right to reject, omit or edit any material offered for publication. © 1995 The Bethel Citizen.



THE FORMER GAMM II BUILDING in the Bethel Airport Industrial Park may have a new tenant -- the American Sking Company -- by fall.
(Photo by Michael Daniels)

HAUGHTY DISDAIN FOR BINGO PLAYERS

To the Editor:

A letter was recently published in The Bethel Citizen on July 23, 1997, from one Mary L.S. Glenn, resident of Boston and Songo Pond. This letter appears to be written by a haughty individual who has confused the idea of "what is proper for Bethel and Albany" and also what is legal. I'd like to know what makes Mary L.S. Glenn think that she has the right to be so scornful of folks who play bingo.

This Glenn person was expressing opposition to the Passamaquoddy Tribe's High-Stakes Bingo project in Albany Township. She stated in her letter to The Bethel Citizen that "the sort of people who would be attracted to the high-stakes bingo gaming are not the people or business which either Bethel or Albany would want to encourage."

If I might be so bold as to ask, just what sort of person should Bethel and Albany be striving to attract?

It might be of interest to her, to learn that within a 30-mile radius of the proposed Passamaquoddy facility there are around 60 bingo licenses that have been issued by the State of Maine. A fact that might be more distressing, five licenses have been issued in Bethel (omigodsh!) and one in East Stoneham.

E.J. Lozier
East Andover

DOES ANYONE CARE?

To the Editor:

I have to wonder if there is anyone out there who cares anything at all about the East Bethel area; other than collecting our tax money. Does anyone care that PNGTS plans to strip this beautiful valley of a minimum of a 40-foot-wide swath; or possibly up to 75-foot-wide right-of-way? In agricultural areas, the applicants could use a 100-foot right-of-way, consisting of 50 feet of permanent right-of-way and 50 feet of temporary right-of-way. They will be cutting all of the trees over 4 inches in diameter and they will never be allowed to grow back. This will include all our shade trees and wind barriers, and deprive us of our privacy. When they cut the trees beside the brooks, they would not only dry up wells but water for our farm animals and the wildlife in the area. Does anyone realize that we live in this area because of the beauty of the area? This is the reason most of us are here. We do not receive much for our tax dollars, other than getting our road plowed, and sanded when we yell loudly enough. We furnish our own water supply with wells or artesian, and install and care for our septic systems. Of course the value of having these adds to the value of our property, and we are taxed on them year after year, and when it comes time to have them pumped we pay for that, plus another fee for dumping into the town sewer system, which our tax money helps to pay for anyway.

But, back to the gas line which in many cases will come either right beside our homes, or in some cases under a portion of them, and provides a very real danger. There have been at least eight explosions along pipelines in this country this year alone. (These are ones we know of.) Even if they don't explode, but a crack occurs from an earthquake, another slide down Goss Mountain, or the heavy trucks and tractor trailer rigs which travel this road, or our oil trucks backing over them every time they deliver oil; we will be exposed to the deadly poisons contained in this natural gas. Either way we are dead. Are all of us in this area expendable? It seems that even our Planning Board members and our selectmen are selling us out. Is there anyone out there who cares? This is not the only route they could use to supply the gas to Mead Paper Co. and the International Paper Co. There are alternatives; one of which would only affect about five or six homes versus 128 along this route. They admit that it is 2.6 miles shorter, but 3.9 miles is private land; but they do not say that most of this is owned by Mead. Since they are one of the two companies which will benefit from the gas line, why should it not cross their land rather than our front lawns, ruining the scenic beauty of the area, and endangering our lives and the lives of future generations?

If there is anyone out there who cares, please contact us either through the paper, or by phone, or our mailing address is C.N.A.P., Box 247, Locke Mills, ME 04255.

Even now PNGTS representatives are going around telling our neighbors that all of the permits have been acquired and they have no alternative but to sign off. This is an outright lie, as they do not have all the required permits, so please don't any of you listen to them. Don't sign any release papers, please.

Clare Piawlock
East Bethel

BIKE-A-THON THANKS

To the Editor:

The first annual MDA Bike-a-thon, sponsored by C.N. Brown Co. was a great success, raising over \$4,000 for Muscular Dystrophy Association of Maine. The money will help Maine residents affected by neuromuscular diseases and also go into research and other programs.

I would like to thank the following Bethel area businesses for sponsoring me on the 60-mile ride: The Bethel Citizen, Brooks Bros., Inc., Good Food Store, Heavenly Cleaning, Norway Savings Bank, Pooh Corner Farm, Preb's Pharmacy, True North Adventureware, and the employees of Bethel Family Health Center.

C.N. Brown is planning on making this an annual event, and next year should be even bigger and better. There will be rides of 10, 24, and 60 miles to accommodate families and people of all ages and abilities raise money for this worthwhile cause.

Jeanne Boelsma
Bethel

DON'T IGNORE OXFORD HILLS EVENTS

To the Editor:

Several weeks ago a cast announcement for the Oxford Hills Music and Performing Arts Association's upcoming production of "Guys and Dolls" was submitted to the Bethel Citizen. I read the paper regularly and have been looking for our announcement to appear to no avail. To say that I am disappointed would be putting it mildly. Previous history has proven, however, that I need to traipse to the Bethel office of The Citizen each time that a production is being staged and explain precisely who from your coverage area is participating before our news can be printed, at which point it is often greatly edited to exclude all other non area participants. As a board member of O.H.M.P.A.A. and co-producer and cast member of "Guys and Dolls," I have a vested interest in seeing that this production is a success. From a personal perspective I am disappointed that the many efforts and accomplishments of my fellow cast members and production staff cannot easily be made known to their friends, relatives and business associates within your reading area.

This time I have elected to provide you with this information in a public forum in an effort to get my point across. Please note that several area residents or close relatives of residents are actively participating in "Guys and Dolls." Sharon Young of Woodstock, Jane Riseman (the sister of Elizabeth Gallagher of Woodstock) and myself are three of the four leads in this production. Others featured in roles and/or as chorus members or dancers are: Dan Pratt and Nick Theofrastou of West Paris, Amy Ford and Shanna Walker of Bethel, Lacey Hebert of Greenwood, and Lacey Phillips of Woodstock. In addition, the set has been constructed by Bob Evans of Woodstock, costumes created by Judy Foster of Woodstock, the stage manager is Kathy Bean who was born and raised in the town of Bethel, and the musical director is Karen Chapman (the sister of Carla Phillips of Woodstock). I should also point out that this production is being sponsored by Norway Savings Bank, an active member of your business community.

It is important to note that our organization does not place territorial requirements on those who wish to express themselves artistically or participate in theater in any capacity whatsoever. Our active membership includes residents far from the Oxford Hills and Bethel area.

It is my fondest wish, Mr. Editor, that you would not let the words "Oxford Hills" give you cause to edit newsworthy information from publication. It certainly has not been your established criteria for ad sales. In this week's edition alone, I find many paid ads from Norway and South Paris, Maine, and Berlin and Gorham, N.H. I found that I was greeted with much more enthusiasm when I purchased an advertisement for our production of Rodgers and Hammerstein's "Cinderella" last fall than when I submit any information relative to one of our productions. There is something wrong with this picture.

I would be happy to resubmit the article if you should be inclined to print it in its entirety.

Elton Cole
Woodstock

(Editor's note: Priority in The Citizen's limited news space is given to events occurring in our coverage area. In weeks when we have additional space available after accommodating all our local events, we are delighted to be able to include more distant activities that involve or would otherwise be of interest to our readers. There is no need to traipse to Bethel to alert us to such local relevance -- the usual practice is simply for the person sending the press release to make a note at the top and/or to highlight the relevant parts. And the further in advance of the event that we receive the release, the more likely we will have a week in which space is available to accommodate it. On page three of this week's issue are guidelines for submitting material for our "Clubs and Organizations" page, which begins next week. Those guidelines are also appropriate for most other submissions to the newspaper.

--MRD)

OUR BACK PAGES

Compiled by POLLY DAVIS

10 years ago: Ten local woodsmen competed in the Molyocket Day Woodsmen's competition, with Jeff Fleet capturing the award as Woodsman of the Year. The contest was organized by Joe and Louise Robiller and sponsored by Bethel Rotary Club.

Bethel selectmen approved the concept of a sewer hookup for Mill Brook Estates, a 60-unit subdivision, planned by Marathon Development, Inc. in what had been the Douglass trailer park on Bridge Street. (The trailer park is currently owned by Brad and Judy Barker.)

The Red Top Truck Stop and Diner, owned by Esther Crockett, was remodeled and re-arranged.

Frank Walker opened his new service garage on Route 26, Walker's Repair Service.

Deaths: Andrew Witter, Charles (Cy) Cole, Evelyn Verrill, Lester Bennett Jr.

20 years ago: Greenwood's first "brand new" fire unit arrived. The pumper was driven from the factory in Indiana by assistant chief Hugh Swan and captain Raymond W. Seames.

Officers appointed by members of Bethel's Law Enforcement and Safety Committee were: Barbara D. Brown, chairperson; Charles Farrar, vice chairperson; and Ruth Feeney, secretary.

Bethel's Arts and Crafts Festival was held in the Gould Academy Field House. Works by Helen Morton were displayed. Edith Robertson of Kingfield (formerly of Bethel) came with her Pine Cone Jewelry. Robert Swain demonstrated coin jewelry making. Cathy Davis gave hints on macramé jewelry.

Birth: Naomi Fox.

Death: Albert Flanders Sr.

30 years ago: Riverside Farms in Mayville, which had been delivering milk and associated dairy products in the Bethel area for 50 years, planned to close on July 31.

Richard Waldron of the Maine Tree Farm Committee presented Tree Farm certificates and signs to Arlan Jodrey and Dr. James Hudson.

The 60th anniversary of the West Paris Finnish Congregational Church was celebrated with special Sunday services.

Births: Julianne Brown, Douglas Richard.

Deaths: Marianne Linsley, John Runyon, Shirley Parkman.

40 years ago: A plot of land 100-foot square in East Andover was donated by Charles Bartlett, well-known lumberman of Hanover, to Maine's Millionth Visitor, Mr. Jean Callovet of Washington, D.C.

Area Boy Scouts attending Camp Bomazeen at North Belgrade were: George Eypper, who received the "Order of the Elephant" for the best all-around camper, Eddie Tibbetts, Delma McMillin, Sonny Remington, Steve Anderson, Charles Newell, and Fred Lincoln, who became a member of the Order of the Arrow.

The State Highway Commission announced it would open bids for the construction of an 80-foot steel and concrete bridge over Sunday River, located 60 feet downstream from Artist Bridge, which would be retained but closed to traffic.

Dr. John and Margaret Trinward were given a housewarming at their new home on Vernon Street (former home of Cheslie and Addie Saunders and now the home of the Rev. Donald and Janet Coverdale).

Birth: William Chapman.

Marriages: Helen Maxim and Robert Blake, Sandra Stearns and Marcel Clement.

Death: Everett Ferrin.

50 years ago: The McMillin home on Lover's Lane was sold to Arthur Curtis (now owned by Ruth Bean).

Norman and Phyllis Dock moved to the former Herman Mason home, Middle Intervale Road (now the home of Richard and Wendy Penley and formerly owned by Donald Eddy).

An all-day poultry meeting was held at J. Cleveland Bartlett's "Feathered Acres" poultry farm in East Bethel.

Marriages: Ethel Childs and Owen Curtis, Dorothy Fleming and Norman Hale.

Deaths: Irene Keehlwater, Ira Wing, Fred L. Edwards, Alfred Cole, Eben Emmons, Ernest Sessions, David Camara, Ezekiel Porter.

100 years ago: The Bethel House was full of guests.

A.S. Bean of West Bethel held a large picnic at his "Little Pond."

A fine hay crop was being harvested by Bethel farmers.

The Universalist Church held a fair.

Gilman Chapman and Bert Rowe took a bike trip through the White Mountains.

Amos Buck of Locke Mills pleaded guilty of intoxication. Trial Judge W.W. Grover sentenced him to a fine and costs of \$12.47.

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Briefly

Newry sets mil rate

NEWRY--Selectmen Tuesday set the mil rate at 11.75 -- down slightly from the previous 11.9. Many taxpayers, however, can likely expect an increase in their tax bill, largely as a result of the combination of a town revaluation and an increase in the school and municipal budgets. The municipal budget is \$428,083, compared to last year's \$305,990; and the school budget share is \$1,333,773, up from last year's \$1,233,441.

Greenwood OK's pipeline

GREENWOOD--The Planning Board last week approved an application from the Portland Natural Gas Transmission System to build a 2.6-mile section of gas pipeline through Greenwood. Planners put 16 conditions on the approval, according to chairman Dick Conant. The board used similar conditions imposed by the Bethel Planning Board in its earlier approval. Most noteworthy, said Conant, was the requirement that higher standards (Class 3 rather than Class 2) be used for the quality of pipe and the depth to which it would be buried near the Gordon tire dump and in wetland areas.

Towns grant PNGTS approval

PORTLAND--Twenty-two towns in Maine have given their official go-ahead to the Portland Natural Gas Transmission System to build a main pipeline, as well as a lateral spur, through southern and western Maine. The effort to obtain the approvals lasted more than a year. PNGTS expects to receive approval from the Maine Department of Environmental Protection later this summer.

Truck overturns on Route 5

ALBANY--The driver of a truck carrying oxygen and acetylene tanks escaped with minor cuts Friday when the vehicle flipped over on Route 5 in Albany. Verill Taylor of Auburn was driving south when the truck drifted into loose sand on the road shoulder, hit a large boulder, and overturned. Many of the 35 tanks fell onto the road. The Bethel Fire Department stood by while the tanks were cleaned up. No charges were filed.

Lakes Association to meet

WOODSTOCK--The annual meeting of the Community Lakes Association will take place Aug. 2 at the Maine House in Bryant Pond. At 9 a.m. there will be a discussion of the Great Pond Task Force recommendations to the Legislature. Issues to be considered are the regulation of jet skis, a boat fee increase to help pay for better enforcement of laws, identifying problems in watersheds and storm water run off, and other recommendations for the protection of lakes.

Greenwood considers Gilbert loan

GREENWOOD--Approximately 35 people attended a hearing last week regarding a \$100,000 loan for Gilbert Manufacturing Corporation. The town has been asked to serve as a conduit for the Community Development Block Grant money. Of those gathered for the hearing, about 10 were residents. The rest were mostly employees of the company. Although there was some concern regarding Greenwood's credibility if Gilbert defaulted on the loan, several residents supported the proposal, saying it would help save the 55 jobs -- and the tax base -- provided by the company. A special Town Meeting was scheduled for last night (Tuesday) to vote on the issue.

Naples plans amusement ordinance

NAPLES--The Planning Board is expected to draft an amusement ordinance to require permitting for outside concerts and other events. The move followed discussion at a recent selectmen's meeting about the town's "carnival-like" atmosphere, according to a report in the Bridgton News. The board will also consider a proposal to return to an earlier policy of requiring developers to provide 10 percent of a development's land, or \$500 a lot, to be used as a kitty for recreational land acquisition.

Fourth-grade MEA results

AUGUSTA--Maine fourth-graders' Maine Educational Assessment test scores showed mixed results for 1997. Reading and arts/humanities scores were each up 10 points from the previous year. Math and science scores each declined 10 points from 1996, while social studies and health each declined by five points.

Jazz and Blues in New Hampshire

BARTLETT, N.H.--The White Mountain Jazz & Blues Festival is scheduled for Saturday, Aug. 30, at the Fields of Attitash in Bartlett. The day of continuous music will culminate in fireworks at dusk. Performers include the Jazz Crusaders, the Movers, Firefall, the Mike Hasem Dixie Quartet, and Bob Margolin. Tickets are \$16 in advance or \$20 at the gate. They are available at the Mt. Washington Valley Chamber of Commerce, the Attitash Bear Peak box office and Horsefeathers Restaurant.

Trout poachers get stiff penalties

AUGUSTA--Maine game wardens have issued dozens of summons in recent weeks to fishermen who have caught more than their limit of brook trout. Several anglers, for instance, have been in possession of 37, 30, 22 and 31 fish, respectively, over the limit. Some face fines of more than \$1,000 and will have their licenses revoked. In some cases hunting privileges have also been revoked.

James River sells woodlands

RICHMOND, Va.--James River Corp., the maker of Brawny paper towels and Dixie cups, said last week earnings jumped nearly 200 percent in the second quarter, mainly due to the sale of woodlands. The company reported net income in the second quarter was \$90.8 million, or 81 cents a share, compared with \$30.5 million, or 18 cents a share a year ago. The numbers reflected the sale of 95,000 acres of southern timberlands and a one-time charge in last year's second quarter. Without the exceptional items, profit would have been \$55.6 million, or 47 cents a share, compared with \$26.3 million, or 24 cents a share, last year. Sales were \$1.4 billion, compared with \$1.6 billion a year ago.

Poor run highest gambling debts

ST. PAUL, Minn.--Poor people in state-funded gambling treatment programs in Minnesota run up gambling debts that often surpass their annual incomes, according to a new state report. The findings, part of a study commissioned by the state Human Services Department, showed more affluent people in the programs run up higher debts, but the debts did not exceed their incomes. People with incomes under \$10,000 had debts averaging \$18,700, and people whose incomes ranged from \$10,000 to \$20,000 had debts averaging \$19,100, the study said. However, people in the programs with incomes of more than \$50,000 had debts averaging \$37,800. The study, which reviewed data on 1,800 people participating in six programs from 1992 to January 1997, concluded that the programs do reduce compulsive gambling. But it did not determine whether one type of treatment worked better than others.

Air pollution reaching Rockies

ESTES PARK, Colo.--Urban air pollution from as far away as Los Angeles could be working its way into Rocky Mountain National Park, scientists say. James Sisler of Colorado State University's Cooperative Institute for Research in the Atmosphere said wind patterns tend to bring pollution into the mountains from the west -- rather than from Denver eastward. Sisler said scientists believe park visitors were able to see for about 150 miles before industry came to the West. He now puts visibility at about 71 miles on an average day. The culprits of the change are chemical reactions that turn automobile exhaust into ozone and other gases into haze. By the time the reactions are through, the air mass has moved from the urban area into the mountains.

The Bethel Citizen
For complete local news coverage

From the Bethel Police log: Driving to endanger prompts arrest

On July 24 at 6:20 p.m. the Sheriff's Office requested police be on the lookout for a vehicle reportedly driving north on Route 26 in excess of 80 miles per hour, passing on both sides of the road and cutting people off. Police and a deputy initiated a traffic stop in Bethel. Prior to the stop, the operator attempted to pass a subject in the breakdown lane. Eve Lori Spritzer, 29, (no address given) was arrested by the deputy for driving to endanger. She was transported to the Oxford County Jail.

Also on July 24

At 11:10 a.m. an employee reported a suspicious subject had been hanging around a local convenience store for two days. The caller said the subject would pick up cigarette butts from the ashtray and smoke them. Police located the subject, a male, on Main Street. He said he was homeless. A check showed there was an outstanding warrant for his arrest for failure to appear and burglary. Ronald A. Chasson, 35, of Bangor was arrested. A search revealed a marijuana pipe with suspected marijuana residue in his pants pocket. He was transported to the Oxford County Jail, where he was incarcerated pending return to the Penobscot County Sheriff's Office.

At 8:04 p.m. a business owner reported his vending machines had been broken into and the product and money were stolen. The loss was approximately \$100.

At 9:20 p.m. police responded to the Crescent Park Elementary School for a report of subjects on the roof. On arrival, the subjects had left in a vehicle with a possible New Hampshire registration. Footprints on the roof indicated there were two subjects.

At 10:50 p.m. police responded to Crescent Park Elementary School for a report of subjects on the roof. A sheriff's deputy was called to assist, because the subjects were still there. Three subjects were charged as follows: John K. Horne, 18, of Waterford was charged with criminal trespass; Joshua B. Morton, 18, of Newry was charged with criminal trespass; Cailin H. Kavanaugh, 18 of Bethel was charged with criminal trespass/possession of drug paraphernalia.

Saturday, July 26

At 10:03 p.m. police received a report that sometime during the night someone had entered Telstar High School and had gone through several rooms.

This report highlights points of interest from the Bethel Police Department log, but does not include all reports of police activity. To reach the Bethel Police Department, call 911 in emergency situations, 824-3437 in non-emergencies. An answering machine takes calls when an officer is not in the office.

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Club and organizational news page

Starting next week, with our edition of Thursday, Aug. 7, The Citizen will begin devoting a special page each week to club and organizational news.

We welcome your submissions.

The deadline for club and organizational news items is noon Monday, but earlier submission is appreciated.

All items should be typed or printed legibly, and include the name and daytime telephone number of a contact person.

Please limit items to 300 words or less and write in the third person (avoiding "I," "we," and "you").

Submissions can be dropped off at The Citizen office (behind the Bethel Town Office) or mailed to P.O. Box 109, Bethel, ME, 04217. During non-business hours, news items can be placed in the mailbox outside our office.

For further information, call 824-2444.

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Check Out The Chickadee

By MIKE BROWN

Mainers will finally get new vehicle license plates but they should duct tape their old ones together for a time yet. The official Maine Chickadee Plate will not be issued for another two years, in July 1999. The final design is still secret, but apparently it will be a chickadee either right side up or wrong side down hanging on a pine cone and tassel.

Mainers share their official state bird with Bay Staters. The design was contentious from the get-go and it consumed a rather embarrassing amount of legislative time. There was even a 46-page task force report detailing more than anybody ever wanted to know about license plates.

The legislature decided it needed a shift-the-blame select task force so that individual legislators wouldn't get stoned by school kids who wanted lighthouses, Yogi Bear or the Moppets on the family jalopy.

The task force justified its \$178,000 expense in a preface that said "perhaps no other public policy evokes such a lively public discussion as does the issue of license plates."

Okay, so why didn't the legislature decide to save a bundle of bucks and reissue a Plain O' Maine Plate and let folks stick whatever logo they wanted on the plate? The reason, of course, is bureaucratic money and politics.

License plates in themselves, excluding excise taxes, are a big moneymaker. The Maine Motor Vehicle Bureau's database contains well in excess of a million registrations. From 1987 to 1996 the number of general issue plates, that is the lobster plate, distributed by the state to municipal and branch offices totaled 2,147,411.

When the new chickadee plate begins distribution starting July 1999, the plate cost will jump a dollar. That's because the legislature created a new bird bureaucracy meaning equipment upgrade replacing existing plate equipment (\$308,450) which was good enough for the old lobster.

And aluminum, of course, will cost more in 1999. One pound of aluminum makes four plates. And chickadees will have to have a new \$85,000 storage warehouse at the Maine State Prison facility in Warren.

Presumably the state will not have a problem finding adequate labor and no need to place help wanted classified ads in local papers.

The pay, lodging and food isn't so hot but the hours aren't bad. During the last new plate issue, the size of the plate shop inmate staff increased from its usual six men each working 35-hour weeks to 12 men working up to 64 hours per week. For the chickadee issue, the proposed plate shop plan is to schedule two shifts of six men working 38 hours per week. No union, no overtime.

The task force is rather weak on the explanation of two plates versus one except to say it was adamant about double plates "... for the detection of crime and law violators." Considering that plans are to produce about 1,750,000 bird plates which could be reduced to 875,000 singles with a cost savings of \$300,000, rear plates only got hastily ached even after the guru of plate design, American Association of Motor Vehicle Administrators, said one plate was just fine.

Maine is license plate crazy. There are 17 different plates (passenger, horseless carriage, for hire, street rod, etc.) that currently are red-lobstered which, by the way, is the only state license plate in the United States with a dead animal on it.

There are 10 plates of special design (lots of veterans', conservation, university, etc.). There are 10 other plates with the lobster missing for some reason. They are municipal and county copper plates and motorcycles.

Maybe cops thought the dead lobster would be embarrassing. And the motorcycle plate is a dinky thing and would require a short lobster which are illegal in Maine even if the two-wheeler drivers had a lobster license.

In 1995, Maine's tax revenue from vehicle and operators' license was a whopping \$66,376,000 which was about \$54 per capita, and which was the 18th highest in the country. When the chickadee lands in 1999, Mainers may ratchet up its ranking a notch or two.

And another annoying thing. Although Maine folks have been driving around for the last 12 years with old, bent-up, sticker-plastered boiled dead animal license plates, all state vehicles get new non-lobster plates every six years.

Your gummin't in action. (Veteran newsman and columnist Mike Brown writes regularly on the Augusta political scene. His views are his own and do not necessarily reflect those of The Citizen.)

GAMM II

Continued from page 1

"There no way of expanding the building to accommodate that scale operation, Paul said. "Before I'd try to do that I'd lease space in Lewiston."

Skiing company grows

American Skiing Company is the holding company for Sunday River Ski Resort in Newry and six other ski resorts.

ASC, which is headquartered in Newry, is seeking additional storage and office space, and is looking at a number of nearby properties, according to spokesman Skip King.

ASC had previously discussed subletting GAMM II space from Paul, but when his attempts to purchase the building fell through, the skiing company began dealing directly with the Airport Authority regarding a lease.

Under the terms of a draft lease currently being fine-tuned by the selectmen and Airport Authority, ASC would pay \$2 (annually) a square foot for the building.

That rate works out to roughly half again what Paul is paying, according to town planning assistant

Nancy Schlieper.

But the rate is still less than the going rate in the area. According to Airport Authority members this is to take into account the additional expense the new tenant will face in dealing with the lack of adequate central heating.

The new lease would be for two years and would not come with an option to purchase.

Town buys in

The GAMM II building was constructed in 1988 by a company of that name, which specialized in women's sportswear.

At its peak, GAMM II employed as many as 50 local people fabricating clothing there.

But in 1990 the company went out of business, citing cheaper foreign competition.

The GAMM II property (including two Airport Industrial Park lots) was assessed at one point as worth nearly \$500,000, but after the company shut its doors the building stayed on the market at an asking price of \$250,000 until the end of 1991.

On the day after Christmas that

year, Bethel voters, at a hastily called special Town Meeting, narrowly approved (68-63) a proposal for the town to exercise an option to repurchase the lots, along with the building that had been constructed on them, for \$146,500.

The vote was almost immediately challenged by residents who claimed the room had been overcrowded, and potential votes turned away.

And a heated debate ensued about the wisdom of the purchase or the appropriateness of the town competing with local real estate agents.

But supporters of the purchase contended the town was in the best position to finance and market the property, and to ensure that it would be used by a business that would create jobs, rather than just hold the property for speculative profit.

At a second Town Meeting—in April 1992, the vote to have the town purchase the lots and building was overwhelmingly affirmed.

In June, the town, on the recommendation of the newly formed Airport Industrial Park Committee, signed the two-year lease-purchase agreement with Paul.

Superintendent

Continued from page 1

He believes high school vocational programs are important. "I've seen so many instances of students going from a good high school vocational program into the workforce successfully," he said. In some cases, the employer then assists the graduate in going to a two-year college program.

As for computer technology, Rosberg said it's one of the three basics in modern education -- computation, literacy and technology.

"But it has to be kept in perspective. It's not the 'end' of every-

thing," he said.

He served as co-chairman of SAD35's technology committee, but he does not consider himself a "tech junkie."

In the time since he started work in SAD44, Rosberg said he has been impressed with the talent of a number of individuals who work for or are associated with the district. "They have commitment and a sincere desire to improve the school system," he said.

Areas he sees as needing work in SAD44 include teacher evaluation

and review of curricula. He will also look for places where streamlining may be possible -- although it would likely be difficult due to the geographically spread-out schools.

Still, said Rosberg, "sometimes a fresh eye can look at a situation and say we can do it a little better," he said. "People have told me to make suggestions, and I will."

Rosberg and his wife, Mary, plan to purchase a home in the area in the near future. They are the parents of two grown children, Justin, 25, and Kelley Jaye, 23.



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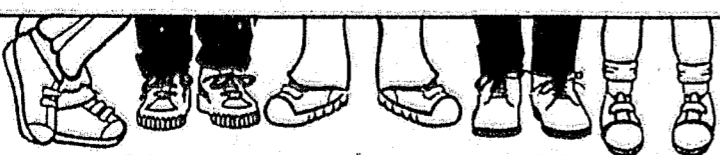
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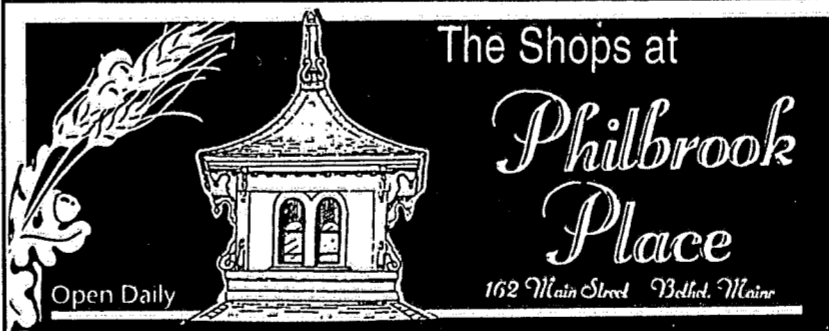
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Twins

Continued from page 1

(higher risk pregnancy), the Goldbergs still opted to stick with their decision to go with Heffernan, whom they visited regularly at the Riverside Family Practice in Bethel. Heffernan also lives in Bethel.

"We told her, 'We'll pick you up on the way (when it came time to go to the hospital),' Jonathan said.

"Cathy was required to get more frequent medical checks than a mother of a single baby. She also had monthly ultrasounds to monitor the babies' progress.

"One of the ultrasounds revealed she was carrying two girls. The Goldbergs then picked the names Rachael Leah and Rose Hannah. For the one that seemed to be more active in the womb, they chose Rachael. "She looked like a Rachael," said Cathy.

Jonathan and Cathy also tried to prepare Abbie for what was bound to be a big change in her life as well. "We talked about it a lot," said Jonathan.

The waiting game

As Cathy's stomach grew, she also grew less mobile. A favorite activity, summer gardening, fell by the wayside as it became difficult to bend over. The twin pregnancy also made her more tired than Abbie's had.

About a month before her due date of July 23, the Goldbergs took a refresher childbirth class, to learn breathing and relaxation techniques for labor.

Twins are often born early. That was what the Goldbergs expected, and several weeks before the due date, they were told she could go into labor anytime. But the days passed, and nothing happened.

"People would see me and say, 'Not yet?'" said Cathy.

Finally, the night of July 19, the time came. They called Heffernan, who checked Cathy and found she was very ready to give birth. "I thought we weren't going to make it," Heffernan said.

She followed the Goldbergs to Rumford in her car. Abbie, meanwhile, slept soundly at home under the care of a relative.

They found out later that a nurse driving in to help with the birth had to stop along the way to let a pair of twin moose cross the road. Everyone said it was an omen," said Cathy.

A good one, apparently. A healthy, 6 lb. 6.5 oz. Rachael put in her appearance at 1:20 a.m. July 20, followed at 1:37 by equally healthy, 6 lb. 8 oz. Rose.

Cathy said it was Heffernan's coaching that helped her the most. "She really guided me in the end," said Cathy.

At about 4 a.m., with mother and daughters safely settled in, Jonathan headed home. He went straight to



FAMILY GATHERING--Jonathan and Cathy Goldberg of Bethel became the parents of twin girls, Rachael and Rose, on July 20. Their 2 1/2-year-old daughter, Abbie, suddenly became the oldest of three. Midwife Cathy Heffernan of the Riverside Family Practice assisted with the birth, which took place at Rumford Community Hospital. Here, Abbie visits with her parents and new sibs in a family room at the hospital. (Photo by Deb Gorman, R.N.)

his computer and posted the news. "We had responses by 6 a.m.," said Cathy. "It's incredible. The most wonderful thing has been the community support."

Abbie came to visit her suddenly expanded family at the hospital. She was a little uncertain about her mother and sisters being there. "She wanted them home," Cathy said of Abbie's reaction to Rachael and Rose.

It didn't take long for Abbie to get her wish. On Monday, the 21st, mother and new daughters returned to Bethel. Now, "(Abbie's) trying to adjust to the idea of sharing," said Cathy.

The Goldbergs have brought in reinforcements, in the form of Cathy's parents. Other relatives will follow in the coming weeks to lend their helping hands.

Cathy was asked on July 23 if she had gotten any sleep since coming home. She thought for a moment. "Last night I got some sleep -- a little bit -- a couple of hours," she replied.

Although more often than not the babies want to eat at different times, she has had occasions when both are nursing at the same time.

Whether it's feeding or just holding them, Cathy finds herself wishing for another pair of hands -- especially when Abbie wants a little

affection, too.

"When I have both of them, I don't have a free hand," she said.

It's uncertain yet whether the girls are identical twins. Their facial features looked different at birth, due in part to the way they rested in the womb. But now, said Cathy, "they're looking more alike."

Heffernan said of the Goldberg's handling of the pregnancy and birth, "they were fantastic. She was physically well-nourished, and that minimized the potential risk. She went full-term -- that's fairly unusual."

As for the birth itself, said Heffernan, "It went easier than most single births."

The twin arrivals were a first of sorts for Heffernan and the Rumford hospital. It was her first time as the attendant at a double birth. And no twins have been born in the recent past at RCH because the hospital only recently added an obstetrician to the staff -- a necessity when twins are expected.

Cathy Goldberg doesn't know yet how much time she will take off from her job as a social worker to care for Rachael and Rose. As someone who works with families, she wants to give as much time as she can to her own.

"We'll see how it goes," she said. "We're hoping to win the lottery."

Other parents offer advice

Among those sending the Goldbergs congratulations by e-mail was Wendy Hanscom of Newry, mother of 12-year-old fraternal twins Adam and Eric. In her message, she suggested starting a Bethel area parents-of-twins club or support group.

"It would be a place to share common issues and concerns," said Hanscom. There are plenty of questions that need answers -- such as, she said, do you put twins in the same class in school? And, what happens when one is invited to a birthday party and the other one isn't?

"You should look at them as regular siblings, but it doesn't turn out that way," she said. "They have a bond regular siblings don't."

Hanscom remembers her early days as a mother of twins. After being home with the boys a few days -- and suffering from sleep deprivation -- she got up one night to feed them and thought she saw three babies in the crib.

"I was afraid to pull the blanket back, because I knew if I did, there would be three babies there," she said.

It turned out one of the lumps was a stuffed animal.

Hanscom and Robin Gundersen, the mother of fraternal twins Andrew and Alex, 7, have their own support group of sorts. Both work in the SAD44 superintendent's office.

"Sometimes Wendy will say, 'You just wait,'" said Gundersen.

She said life had been fairly organized for her and husband, Rob, before the boys were born. But after they arrived, she learned, "you have to be more relaxed -- and go with the flow."

Barb and Roger Sabin of Andover are also the parents of twin boys, Mike and Ben, 13. They are mirror-image identical twins. That means, for instance, that one is left-handed and one right.

The Sabins have stressed treating their sons as individuals. "We resisted the pressure to dress them the same," said Barb. "And we don't call them 'the twins.'"

It was Hanscom, however, who laid out the reality of twin parenting most plainly.

"When they get into school it gets easier," she said. "And if you can hold on until they're 12, you'll have two of them sassing you at the same time."

Lavalette

Continued from page 1

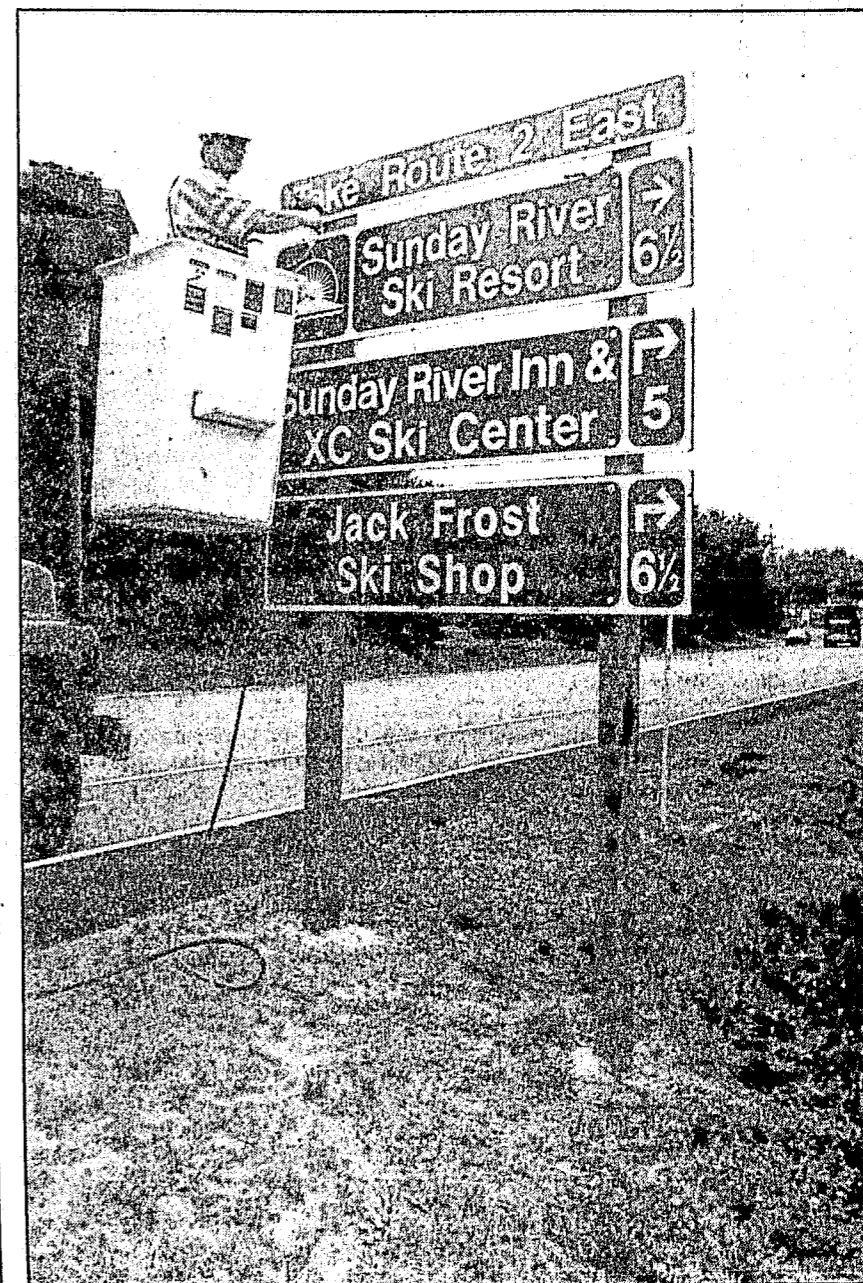
ly deposited in her BankBoston account in Pittsfield, Mass., according to Greenwood selectman Marie Bartlett.

Richard Lavalette allegedly wrote checks against the deposit, according to a report in the Berkshire Record.

In June, an additional \$6,500 was discovered missing in Greenwood. Those funds were in the form of cash that came into the Town Office during Lavalette's employment. Bartlett did not say Lavalette was being accused of taking that money -- only that it disappeared

during her tenure. Liz Lavalette resigned from Greenwood in December after she was charged with stealing money from West Stockbridge, Mass., where she was employed prior to coming to Greenwood.

Bartlett said last week that shortly after the news of those charges reached Greenwood, Richard Lavalette came into the Town Office and "openly wept and was shaking" over his wife's indictment. "He cried about the raw deal she was getting in West Stockbridge," said Bartlett.



MORE SIGNS OF THE TIMES--The blue directional signs in the Bethel area have begun to creep down Route 26. They now begin on the hill just south of the Mahosuc Land Trust triangle. A proposed ordinance that would have required the signs be grouped in a kiosk was narrowly defeated by voters last year. Here, MDOT employee Dana Bartlett installs a sign atop an already existing post near the Parkway. (Photo by Alison Aloisio)

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JULY 30

1997

Bethel

by Arlene Brown & Ginny Keniston

Fenton ("Buster") and Ethel Robertson of Richmond, Calif., spent the past week with his sister and husband, Helen and John Cummings, and visited friends and relatives in Bethel and Kingfield. On Saturday, July 19, they all attended the wedding of Diane Pinkham and Bill Keoskie in Farmington.

Mrs. Addie Gates and son of Virginia have been visiting Mr. and Mrs. Henry Robertson.

Garey York celebrated his birthday last Saturday with a large group of friends and family at Town & Country Motor Inn in Shelburne, N.H. Other members of the group also celebrating a birthday were Trisha Binette, Garey's granddaughter, and Betsy York, his daughter-in-law.

A report from Ralph Burris, who recently moved to Florida, is that he is doing fine. He's had eye and ear appointments, is aquacizing, swimming and bicycling -- really great for this man.

Courtney and Mallory Blake recently attended the Deep Woods Farm Riding Camp in Albany with Diane Leighton, owner and riding instructor.

Recent visitors of Evelyn Nickerson were John Kiernan of Brunswick and Shirley Lamont of South Harpswell.

On Sunday, July 20, Kevin Marshall, Dani Littlehale, Kate Nickerson, Clint Wakefield, and Ryan Seames enjoyed a trip to Aquaboggan in Saco.

On July 22, Stanley Howe went to North Scarborough Grange No. 495 where he was guest lecturer for Cumberland Pomona Grange No. 215, as it was Agriculture Night. Howe presented a slide lecture on Maine agriculture.

Joshua Burkett, Leora and Kayla Greenleaf have been visiting their grandparents, Eldon and Ann Greenleaf, at their camp at Songo Pond. Nathaniel Greenleaf also spent some time with his parents.

Wilma and Jane Gorman have purchased and moved into the former Ralph Merrill residence on Crescent Park Road.

On July 17, Mr. and Mrs. Earlon Keniston flew to Atlanta, Ga., where they had a wonderful visit with his daughter and husband, Mr. and Mrs. Carl Meaux, and attended the wedding of Carl and Lona's daughter, Jennifer, to Ivan, Morgan of Jacksonville, Fla. The wedding took place July 19 at St. Benedict's Church in Duluth, Ga., with the reception at the Hilton Hotel there. The Kenistons arrived home July 22. Crissy was the guest of Al and Donna Howe in North Waterford while Lefty and Mary were away.

Mr. and Mrs. Robert Lichtenstein of South Portland and son Ryan and friend Keith attended the wedding of Scott Stevens and Amy Patten in Bethel on Saturday, July 26.

Former long-time Bethel residents, Bob and Jane Grover, have published an interesting book reflecting on their experiences while serving in the country of Laos from 1966 to 1968. Their many friends will be glad to know the book is available at Books and Things at the Philbrook Place.

Rick and Dolores Harding and son Richard of Conwy, Wales, are visiting this week with his parents, Mr. and Mrs. Richard Harding, and friends in the area.

Descendants of Fred Homer Tibbets, numbering 65 in attendance from Maine, New Hampshire and Massachusetts, met at Velozora and Michael Tibbets' camp at Upton on Sunday, July 27, for a family reunion. Boating and competitive games were enjoyed. A birthday cake was served honoring teen-age grandchildren.

Peter and Linda Kuzyk spent several days visiting her mother, Shirley Tracey, at Mt. Desert Island.

Blake and Rachel MacKay have had family visiting this past week including: Susan MacKay Parker and husband Scott and sons Ross and Gavin; Sandra MacKay Robinson and husband Mike and sons Patrick and Alex and daughters Holly and Sydney; Mary MacKay Pita and husband Carlos and sons Kyle and Brandon.

Susan Parker and sons joined Lt. Col. Scott Parker Monday to travel to Fort Irwin, Calif., where they will be stationed.

Amy Davis visited Priscilla Wiley in Woodbury, Conn., several days this past week.

Carol (Keoskie) and Jim Morin of Brunswick hosted a Robertson Reunion at Thomas Point Beach, Brunswick, on July 5. Present at the festivities were Mary and Charles Keoskie of Brunswick and Florida; Henry and Betty Robertson, Bethel; Helen and John Cummings, Bethel; Bill Keoskie and his fiancée, Diane Pinkham, Robbie Keoskie and friend Libby, Jessie Coffin, all of Farmington; Brian, Shelley and Kyle Peterson of South Hackensack, N.J.; Dori, Tom and Clarice Diebold, Portland; Martin, Michele, Heather, Joshua and Robyn White, Rumford; Darren, Celine, and Justin White, Bangor; Vicki Favreau, Doug Lamarre, Topsham; Erika Lamarre and friends Richard and Anna, Jean and Glen Ramsey, all of Portland; Merry Ann and Jack Harkins, Cherie Gagne, Ron Garrison, Brunswick; Tim Moore, on leave from Fort Polk, La., and his fiancée, Tracy Chamberlain, Brunswick; and Daniel, Betsey, Carly and Ross Cummings, South Portland. A good time was had by all. The swimming, boating, games and catching up on the doings of all the family was enjoyed by everyone.

The Bethel House

Mrs. Bruce Gagnon and her daughter visited Irene Russell Sunday, the 20th. Nicole spent the night Sunday with her grandmother.

Irene Russell took her granddaughter to Wal-Mart Monday afternoon to meet her mother so she could return to Cumberland Center. Ruth Cummings went with Irene also. On the way down they saw two beautiful deer about to cross the road. Irene stopped and the deer turned and went back. Irene, Judy, Nicole and Ruth enjoyed lunch together at McDonald's before heading for their homes.

On Tuesday evening, Irene Russell, Helena Bartlett and Ruth Cummings enjoyed a lovely meal at Teena's and then went to visit Amy Hanscom at the Rumford Community Home.

Amy Hanscom received a birthday card from President and Mrs. Clinton on her 87th birthday.

She also received many other cards and wants to thank all who sent a card, as it meant so much to her.

Vada Glover called her aunt, Ruth Cummings, on Friday morning to say she and the other four ladies that went to Hawaii arrived back in Maine safely on the 24th as planned. They had a very nice time.

Peggy Mowery was given a surprise birthday party at the Bethel Alliance Church Friday evening. She received gifts and cards. Cake and ice cream were enjoyed. Pastor Rick showed slides. Everyone had a very nice time.

Rebecca Ricker attended a sing-along in Pinhook on Friday night.

Helena Bartlett joined family members Sunday for dinner and a fun time.

West Bethel



by Karen Jordan

A recent morning was overcast so we decided to forego the Androscoggin River trip. Instead, we took the scenic route south along Route 113 and stopped on the way to view an old beaver bog and the height of the land. Did you know all tributaries in this watershed up to the pinnacle (Evan's Notch) flow into the Androscoggin and all tributaries beyond this point flow into the Saco?

We arrived at the tiny village of Stowe (population 283) in time for lunch at the Stowe Corner Store. This is the only business listed in the Maine Register for Stowe. Seeing the assortment of well-organized sweets reminded me of the little pastry shops in Paris and Florence. The owner, Alfred Wright, moved here 20 years ago from Pennsylvania where he was a baker. The store is literally packed from top to bottom with food. If you want an ice cream to remember or a sandwich stacked high with a taste of hot pepper relish, you can find it at the Corner Store. This was an interesting grouping of wedding cake tops, cold cuts and cheeses by the pound and a case exploding with strudel,

canoli and other delicacies. The whole family works here and happily served us. By the way, if you've always wanted to run a little bakery/deli/store this one is for sale.

Just down the road we came to Fryeburg and its colorful intervals planted full with potatoes, beans and corn. Just as we passed an old farm we noticed a crop duster bouncing up above the treetops. My friend, Peter, pulled over so we could watch the dancing of the tiny plane. At first we did not find a good viewing place because Peter didn't listen when I said to stop. After some discussion, we continued on toward Fryeburg and noticed a side road from which we had the perfect crop's eye view. The profession of crop duster is listed as one of the most dangerous in the world -- it must also be one of the most exciting. In mosquito fashion, this tiny-winged machine buzzed over the tops of the potato fields as if looking for a place to light but not daring to hesitate. Each thrilling dive, pass and climb was well rehearsed. The ballet went on but we had a destination in mind and pulled away bound for Willowbrook.

At Fryeburg there were so many canoes that it seemed as if a convention was going on. We knew of course that the Saco attracts thousands each spring to float, swim and picnic on her shores. I remember when Saco River Canoe and Kayak was the only outfitter in Fryeburg. We hurried through town following Route 5 to Limerick, then Route 11 to Newfield. I had been to the village Museum of Willowbrook with a school group, but my friend, Peter, who loves farm stuff was visiting for the first time. He often says that he was born 100 years too late, and I knew he would feel right at home in this 19th century country setting. Life was hard but less complicated then. We marveled at the many exhibits of machine and carpenter shops, farm and garden equipment, coaches and kitchens. Our favorite exhibit was of horse-drawn buggies, stage coach and trade/vendors' wagons. The meat man's cart with its hanging scales and worn butcher block was the most interesting. It had drawers and hooks and racks simply arranged for one man to operate from. My mother remembers

these peddlers stopping by her home in Locke Mills in the early part of the century and how it brightened the day to shop for fabrics, and other wares that were not readily available to many small towns in western Maine.

We have our own 19th century museum in Bethel at the Moses Mason House on Broad Street, containing nine period rooms furnished to reflect the lives of Dr. and Mrs. Mason. This museum is unique in that it houses research facilities and hosts special events such as lectures, films and family reunions. A few years ago I attended a Mason Family Gathering and was surprised at how many early homes were built by this family and how many people I was related to right here in this small town. You have to be careful who you talk about.

East Bethel



by Nancy Mercer

Alder River Grange will hold its August meeting on Aug. 8, 7:30 p.m. at the hall.

East Bethel Church had a good turnout for its evening service. Thanks to Edna York for the music. The next service will be on Aug. 24 at 2 p.m. with the Rev. Norman Rust leading the service.

Alder River Grange will have a yard sale on Aug. 16. There will be tables for \$5, if anyone would like one. That evening there will be a Chicken Bar-B-Cue at 5 p.m. An Italian supper will be served on Sept. 13 at 5 p.m., and on Oct. 11 there will be a Harvest Supper. The last supper, Nov. 1, will be baked beans and casseroles. All suppers will be at 5 p.m. and will have baked beans.

Upton



by Amy Geiling

July was a good month for summer -- like weather.

The Upton Ladies Aid annual yard and bake sale on Saturday, July 19, was a huge success. Proceeds will be used to modernize the Ladies Aid Building. The regular meeting was held Tuesday night, July 22, with nine members and one guest present.

Plans were made for a "Taste of Maine" supper on Saturday, Aug. 9, at 5 p.m. Hostesses are Pat Lewit and Ellie LeComte. The varied menu will include many favorite local dishes. Donations will be \$5 for adults and \$2.50 for children. Tickets will be sold for a table covered with many handmade items including jellies, preserves, dried flower arrangements, candy, Christmas ornaments and much more. The tickets are \$1 or six for \$5.

I would like to thank all my readers for their support and friendly compliments on my column. I will be resigning my position with The Bethel Citizen. I had a great time communicating the "Doin's" of Upton. If anybody would like to write for Upton, contact Mike Daniels at The Bethel Citizen.

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Bryant Pond



by Alice Hoyt

Franklin Grange 124 met on Monday night for Ladies Night, with supper before the meeting. Thirty-seven were present.

Officers were: master, Connie Tutlis; overseer, Olive Risko; lecturer, Bertha Benoit; chaplain, Kathleen Barker; steward, Priscilla Jusard; assistant steward, Peggy Blake; lady assistant steward, Janice Burgess; Ceres, Mary Lovejoy; Pomona, Audrey Hadley; Flora, Josephine Perry; gatekeeper, Ione Osono; secretary, Bernice Easter; treasurer, Anna Woodworth; pianist, Althea Fish; executive committee, Lucy Ridley and Edna Howe; CWA, Kathleen McAllister, Alma Abbott and Alice Hoyt. The charter was draped for Ray Burnham. It was voted to make Irene Stevens an honorary member.

Program: opening song by all; opening thought, Bertha Benoit; reading, "A Piece of Cloth" by Connie Tutlis; Laura Hutchins played some tunes on the accordion; Russell Yates had several short readings; skit, Peggy Blake and Janice Burgess; Priscilla Jusard told of the pretty and funny sky the other night; Ione Osono told riddles; Bertha Benoit told of ladies in the Bible; short funny story, Alice Hoyt; poem, Lucy Robbins; Dot Canwell whistled a couple tunes; Anna Woodworth read some poems; Bernice Easter read a poem titled, "Woodstock," written by Stella Sessions; Joe Yates read a riddle; song by all; Althea Fish played piano solos; tableau for the ladies about flowers; closing song; closing thought. Next meeting will be Aug. 4 for Gentlemen's Night.

Everyone is invited to a gospel concert by gospel singer and recording artist Ken Fernald on Sunday, Aug. 3, at 6 p.m. at the Bryant Pond Baptist Church. Ken has traveled for many years throughout New England and comes to share in song the love of Jesus Christ. He has hosted many radio programs and has been called the "Burl Ives of gospel music." Come meet Ken on Sunday, Aug. 3.

The Woodstock-Greenwood Senior Citizens will meet on Thursday, Aug. 7, at the Masonic Hall. The Star Birthday Club will serve the dinner. Charlotte Cole and friend will entertain with music after dinner. A representative of the telephone company will be at the hall at 11 a.m. to answer questions about the Economy Service and Premium Service options on the telephone bills.

Bryant Pond hour on Channel IV T.V. is Wednesdays at 3:30 p.m. and Thursdays at 7 p.m. About 28 children attended five-day club last week.

The Historical Society recreates the atmosphere of the past. The exhibits in its museum takes us to another period and time. Enter the late 19th or early 20th century when you visit. It is a wonderful experience. Robert and Mary Billings opened and closed it as they often do. Robert, Mary and Paul Billings all went to Paris Hill Founders' Days.

Don't forget to attend History Day on Aug. 16, 10 a.m. to 4 p.m. All kinds of events have been planned by president Helvi Cary. Do come.

COMMUNITY CALENDAR

To submit events for the Community Calendar, you may bring in your copy to The Bethel Citizen or call the office at 824-2444, by noon on Mondays.

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Andover



by Karen McKay

The town will be busy this weekend with the Olde Home Days celebration beginning Friday night.

A band of locals will perform on the common beginning at 6 p.m. The Ellis River Riders are hosting Beano beginning at 6 p.m., and the Casino Nite will start at 8 p.m. at the Town Hall building. The line-up and judging of float entries for the parade will be held at 9:30 a.m. on the Dump Road. The parade will begin at 10 a.m. and travel from South Andover up Main Street. Signs will direct you to parking available at the Grimaldi property. A bus service, donated by Mead, will transport people to and from the field to Main Street. Events to be held in the Grimaldi recreation field include the new golf tournament, the cow chip flip and the landing of the sky divers. The Doll Carriage and Bike parade will be held at Andover Auto at 9:30 a.m. The firemen's Chicken Bar-B-Q will be in front of the station beginning at 11 a.m. The Snow Valley Sno-Goers will serve bean hole beans on the church lawn at 11:30 a.m. The souvenir buttons will be on sale at local stores and on the common -- buy early as they sell out every year. The first drawing of the raffle prizes will be held at 12:30 p.m. with the drawing for unclaimed prizes following at 2:30 p.m. There will be a Firemen's Muster on the Little League field beginning at 1 p.m. The firemen will host a dance at the station beginning at 9 p.m. Check the posted schedules for times of other events including arm wrestling contest, children's games, fly casting competition, karaoke, the Scoggins Cloggers and the Maine State Police Canine demonstration.

There will be the all-day flea market, crafts and foods available on the common. Winners of the vegetable and flower garden contests will be posted. Free horse-drawn wagon rides will be offered around the mile square. The First Congregational Church will offer foods and crafts, the Cookie Walk, a Bargain Basement and luncheon. They will be open from 9 a.m. until 1 p.m. in the afternoon. The Historical Society will be open to exhibit the Flower Show from 11:30 a.m. to 4 p.m. They will have a sample of the new coverlet on display. Orders will be taken for the blanket throw decorated with Andover scenes and landmarks. The mugs, calendars, stationery will also be available. Photos taken in Andover many years ago by a state-hired photographer will be displayed; these were recently located in the Augusta archives. The Classes of 1999 and 2001 will be coordinating a fundraiser to benefit the Educational Fund. The group will offer strawberry shortcake, gingerbread, root beer and creamicle floats and iced tea in the Town Hall. They will be selling tickets to the "Sentimental Journey" concerts held upstairs at 11 a.m., 12 noon, and 1 p.m.

The Class of 1998 will be displaying their raffle prizes and selling tickets on the common Saturday. Prizes and donors are: a bureau donated by Harmon and Maxine Thurston; Covered Bridge watercolor by JoAnna Batherson; hand-carved duck decoy; a nature print donated by Dirk McKnight; an antique donated by the Lyon's Den; a craft donated by Kim Gautreau; a picnic table donated by NOVA students; and a quilt made by Kathleen Holtzman. Tickets will be \$2 each or three for \$5. Students participating include Karen Thurston, Monica Smith, Angela Percival, Jessica Durgin, Darcy Morse, Nathaniel Thibodeau, Kenny Jodrey and Walter Drakus. The raffle will be held later in the day; you need not be present to win.

The Library's Open House will be held from 11 a.m. to 4 p.m. on Saturday, Aug. 2. There will be a display of communication devices and the amateur photographic contest entries will be exhibited downstairs. There will be two raffles, one of an autographed copy of Stephen King's "The Tommyknockers," and a raffle of tree ornaments designed and painted by Joyce Frazier. The antique and classic car and truck show will be held at Aker's field from 12 noon until 2 p.m. This event is being sponsored by the Western Maine Street Rods.

Sunday's Olde Home Days happenings include the Horse Show to be held at the Ellis River Rider's arena in South Andover beginning at 9 a.m. There is no admission for spectators at the day-long event. There will also be music on the common by Steppin Out from 1 to 4 p.m. Get well wishes to Gertrude Hutchins recently released from a hospital stay. Colleen and Peter Farrington entertained a large crowd with a seafood festival. A good time was had by all.

Songo Pond



by Alice Kimball

Mr. and Mrs. Carlton Rugg returned home last Friday from a several weeks' motorcycle excursion across country and Canada to Alaska. They were accompanied by Mr. and Mrs. Herbert Barker of South Paris.

Mrs. Sylvia Swan, Christopher and Tami and friend Heather were in Bethel Saturday to attend Molycockett Day festivities. They also came out and visited with me awhile.

Mr. and Mrs. David Salway spent the day Saturday with his brother and wife, Barry and Fifi Salway and his son and wife in Laconia, N.H.

Norma Salway drove me to Portland Monday for my medical check-up. We went early so as to have lunch with Kassi and Kaitly Gatchell at a local eatery.

Congratulations and a huge welcome to our latest Albany resident. Mr. and Mrs. Jeremy Head are the proud parents of a daughter born Sunday night at Stephens Memorial Hospital. The little miss weighed nine and a half pounds and has been named Crystelle Mary Head.

Mrs. Eva Kimball Barker suffered a fall at the home of her daughter in South Paris. She is now confined to the Norway Convalescent Center.

Miss Ivy Philbrook remains a convalescent there but is hoping to return home sometime soon.

Mrs. Linda Bromage of York Beach was a visitor of Mrs. Norma Salway Wednesday.

Mr. and Mrs. Stan Ellsworth and granddaughters Sybil and Isabelle from New Harbor were callers this week at the Wentzell cottage.

You should never let adversity get you down -- except on your knees.

South Woodstock



by Andrea Wing

Andy Valley West were runners-up in the Bambino baseball league all-stars. Josh Appleby, Rick Savage and Kenzie Durgin played on the team from Woodstock/Greenwood area. Monday night, the all-star team and coaches Ronell Cummings and Dave Murphy and manager Joe Trybus attended the Sea Dogs' baseball game. Keiser Industries donated the tickets for the game so the team could attend.

Kellie and Brad Record are spending a couple days at the coast. Neil and Carol Hall are also at the same camping area. Peggy Roberts paid me a visit Saturday; Peggy lived with my family for several years and we try to get to visit each other once in a while. We had a good time talking about old times.

A pickup truck caught fire at Andrews' Corner right near our house Sunday afternoon. The truck was filled with hay and made quite a lot of smoke and fire when it got going. The fire trucks from Woodstock responded very quickly and soon had it out. The pickup truck was a total loss, however, but no one was hurt.

Leon Poland celebrated his birthday on July 18 with a family supper at his home. His sons, Lloyd and wife Gina Poland and family

and Larry, Pam and boys, and Leon's mother, Claribel, attended. Leon's wife, Rosalie, did the preparation for the supper. Richard Wing called and wished Leon a happy birthday, as they are now the same age.

Alex Ryerson turned five years old this week and spent some time with his father, Troy, and grandmother, Cleo. Alex received a bike for his birthday, which his grandmother said he can ride already.

Kellie Record treated Richard and me to a birthday breakfast at Country Way Restaurant Sunday morning. It was to celebrate my birthday. Sarah and Jessie Hart and Jenny Record also joined us.

Those making the honor roll from this area at Telstar High School are: Emily Phillips, Lacy Phillips and Danielle Littlehale.

Honor roll students at Oxford Hills Middle School are Jamie Monzo and Lindsey Record. Doug Wing made the honor roll at Oxford Hills High School. Congratulations to all.

Beverly Stevens and I had lunch at Bonanza Monday to gab and celebrate our birthdays. We had a nice time visiting. On the way home I stopped and chatted with Terry Merrill for a while. Also, many thanks for the many nice cards I received, they were really appreciated.

Larry Billings, curator, Woodstock Historical Society, reports that Mary Billings has been doing a lot of work on labels in the museum lately. Ruth Cox and Elaine Roberts watched the museum recently. Curator Larry Billings went to Founders' Day on Paris Hill.

Quote of the Week: "I've learned that you don't stop smiling because you get old. You get old because you stop smiling."

East Stoneham



by Eleanor Nelson

Hi readers. Loretta Andrews and I had an enjoyable evening last Wednesday when the Parisians put on the concert at Moore Park at South Paris. I love their music and the new gazebo is real nice.

On Thursday, the 17th, Carolyn Heino drove me to Massachusetts and we stayed in Belmont overnight with Sharon and Abdul Traish and family. Friday, we met Jenna and Lindsey Barnard at Logan Airport, where they arrived from Virginia. They spent the week with us here in Stoneham and Lindsey attended the horseback riding program at Diane Leighton's Deepwoods Farm. Five young girls were in this program, and Lindsey reported an awfully good time. It was a well-organized

program which included games, crafts, horses of course, and lunch. It took place from 9 a.m. to 4 p.m. for three days.

Cheryl Barnard from Virginia has been here visiting family and friends. We picked her up at Portland Jetport Tuesday night. She works for U.S. Air so gets a good deal on flying.

We did extra good on the Thrift and Bake Sales on Saturday. This is a really fun way to raise money for our church, and we thank everybody for helping in any way.

The Daughters of Union Veterans of the Civil War, Tent 19, met on Wednesday night, July 23, at the K. of P. Hall for their regular meeting. Tent president Lesley Dean opened the meeting at 7:30 p.m. with seven members in attendance. We were pleased to have Cheryl Barnard join us, and she served as junior vice president for the evening. Joyce Gouin filled in as guide. The secretary's and treasurer's reports were read and accepted.

Two members, Lesley Dean and Mary Beth Jones from Tent 19 attended the Maine Department of D.U.V. this year in Waterville, and Lindsey gave the report of it to the members present. Mary Beth is the new Maine Department president for two years. Discussion was made about the National Convention which will be held in Portland in 1999.

The Hanna F. Richardson Tent will host the inspection night this year and plans are made to have it Sept. 24 with supper at 6 p.m. at the church vestry and the meeting at 7:30 p.m. at the K. of P. Hall here in Stoneham. I believe the Bryant Pond Tent will be asked to bring desserts, the Norway Tent to bring salads, and Stoneham will do the main meal. Also this year, the Sons of Union Veterans of the Civil War and guests are invited to join us. Hopefully we will have a good turnout.

Cheryl Barnard won the mystery prize for the evening.

It was voted that regretfully members owing dues over five years must be dropped if they are not paid in part or in full by December 1997.

Refreshments were served after the meeting by members. The next meeting will be Wednesday, Aug. 27, at the K. of P. Hall.

Ed and Lois Niemi have bought and moved into the former Dot and Frank Packard home in West Stoneham. I'm sure they will enjoy their new home there.

Dean Saunders has been working for Albert Nelson Sr. this past week. Lawrence and Mildred Dadrin from Damariscotta have been at their home here for a few days.

Now it's time to go make some fresh food for the dainty little hummingbirds. I promised them.

The Bethel Citizen
For complete local news coverage

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Greenwood City



by Colista Morgan
As I sit on my lawn, I'm writing this and watching the pond life. The herons, ducks

and creatures are busy and so am I. For several mornings the sun has come over the hills to the east and seemed so happy to be back. Half-light, dawn-light breaking through the trees. Dream-light stirring with the breeze.

At the farm the hay-makers have made the best of it. At times the northwest winds swept the skies clear of every wisp of a cloud. It has been a different world. A whole new pattern greeted us touching a familiar chord of summer memory. "It's then the crops make headway. And the cornstalks, every one, sort of reach out, silk and tassels. Like they're racing for the sun." (Barton Pogue)

Going to the fields, the bubbling song of the bobolink is heard from branches, fenceposts, swaying grass or from the air where the sound is like some musical waterfall.

The farmers are really busy. "They gaze out upon their fields. And the glories in the richness of the earth/Humble they feel before its mighty worth. And thankful for the bounty of its yields!" (Marian Manwell)

As a farmer's wife, I know the long hours. "These strong hands of mine know strife. With soil and elements of wind and storm. And beauty shorn, they lay at night. Against a sheet they've rubbed to snowy white." Farmers have a thousand things to do.

Beyond the pasture and the woods lay the pond dazzled by the light, a delightful picture.

I like to look on the cozy farm. And fields and road below. Oh, to climb to the top of a hill. Is the pleasantest thing I know.

Last Sunday, three of our community were taken to the hospital: Max Pulsiver, Edmund Schojnacki and Albert Curtis.

On Sunday, late afternoon, Rena Curtis was given a birthday party by her children. It was a total surprise to her. There was a large attendance of relatives and a good time.

My great niece, Vicky, came to see me last week.

West Paris



by Miriam Inman
Vi Hibler, Ginny and Nelson Chamberlain of Hornell, N.Y., have returned home after visit-

ing with Howard and Lois Ellingwood and James and Joan Young.

Elizabeth Young has returned to Lusaka, Zambia, Africa, after spending some time here with her parents, James and Joan Young.

Mr. and Mrs. Clay Wilson have been entertaining relatives at their cottage on Pleasant Pond in West Sumner.

Stephen and Meriel Bunker from New Hampshire spent the past weekend with Meriel's sister, Beverly Stevens and husband Vince. Saturday night supper guests also included Bruce and Flora Thayer, Mrs. Curtis Thayer, Lee Dean and Ann, and Dan Long.

The Historical Society met Monday evening at the Glines-Ring cottage on North Pond, with 19 members present. After the picnic lunch, a short meeting was held. Officers for the next year are: president, Harlan Abbott; vice president, Vernon Inman; secretary, Elizabeth Jones; treasurer, Betty Ring. It is planned to sell hot dogs and cold drinks on Aug. 2 from 9 a.m. to 1 p.m. They will also have open house.

On the same day the West Paris Library will be holding their annual book sale and food sale from 9 a.m. to 12 noon.

Rain date for both activities will be Aug. 16.

North Newry



by Gil Seeley

Call to Worship was held Sunday, July 20, at the Newry Community Church with Pastor Rodney Hanscom at the pulpit and daughter Nancy at the organ. The Message of the Day was: "Led by God or Led by Lust?" from St. Matthew 4:19, "And He said unto them; follow me, and I will make you fishers of men." Bob Munro did a scripture reading. It was announced that a picnic will take place at the

church on Sunday, Aug. 24. Everyone from the surrounding area churches, etc., are very welcome. Bring your own lunch -- drinks and desserts will be furnished.

The Windy Valleys Sno-Mobile Club will meet at the "Hut" Tuesday night, Aug. 5, at 7 p.m.

Karlene Bachelder's sister, Wilma Stewart from Klondike, spent some time in North Newry during the weekend of July 18 and took in some spots of interest, like watching a bear picking food at a garbage dump, looking at Brent Bachelder's murals at the NTL building, watching the Mollycodd Day parade, having lunch at Mothers, and the fireworks at night. During the day on the common Saturday, we met Nancy W. and Bonnie Learned and her new little puppy, Peakaboo, and a few more friends who were enjoying the day. Wilma returned to her home in Klondike on Monday.

Only four members of the Newry Bowling Gang were at the Oxford Lanes in Rumford one day last week. On the overall scores Karlene Bachelder was high on both the singles and triples, but it was a hard climb to glory. On the first string, Eleanor Davis beat Karlene by two pins. On the second string, Eleanor and Betsy Clark tied, but Gil Seeley beat them by one pin and Karlene by two pins. On the third string Karlene beat Gil by 10 pins and pushed her over the top. Karlene had two spares and Betsy had one spare. They went to lunch and did some shopping.

As is quite usual for us, we did our grocery shopping at Shop 'n Save on Friday forenoon, along with other errands. Friday afternoon, we went to the West Paris Town Office to pay our taxes while we could still get a small discount. The discount cut the tax amount by a few dollars.

Although it was mostly cloudy and cold Saturday morning, we decided to attend Mollycodd Day in Bethel. We got there in time to watch the parade, as some of the Emerson Merrill family had entries in the parade and were lucky in winning second prize. We took extra jackets with us, but still didn't get overly warm. Many were there wearing shorts and a minimum of clothing otherwise. I would have thought their teeth might chatter some, but I guess they got used to it.

It was windy, cloudy and cold there as we looked around the grounds. We didn't see many places to buy food when we were ready to eat but did line up for a hot dog in one place. We had already waited for 10 to 45 minutes and then the man said that it would be about another 10 minutes before the hot dogs would be ready, so we left the line and went to the IGA store, where we got some fried chicken and fried potato for our lunch. We went back to our car and ate it.

We didn't stay too long in the afternoon but did watch the dancing in front of the Fire Station, and enjoyed it very much. We always enjoy watching the Jordan girls, and they were doing their all that day as

High Street



West Paris

by Russell Yates
Howdy friends. This 22nd day of July is starting out with excellent weather and it looks like

a good day for outside activities, so I'll do just that.

Peggy was downtown Monday forenoon, as she wanted to go to Market Square Nursing Home to return some projects.

We were downtown on Tuesday afternoon to take advantage of the sale at Ames. We did a lot of looking but only a little buying.

Doc Merrill of South Paris came up to have dinner and a visit with us on Wednesday. That same afternoon Myrna and Bernard White showed up so that Whitey could mow the lawns for us. They didn't stay to have supper, but Peggy gave them an apple pie to take home.

After supper Wednesday, Doc Merrill joined us and we all listened

to the music by the Parisians at Moore Park in South Paris. It was a beautiful evening and lots of people were there to enjoy the good music. Many patients from Market Square Nursing Home, and some from Norway Convalescent Home, were brought or wheeled over to enjoy the music, and I think it's real nice that the nursing homes do that to give their patients a break from the regular routine.

Thursday was a very hot day, but this was the date for the Past Masters and Past Lecturers Night at West Paris Grange. Peggy went up to the hall at about 2 p.m. to help others prepare for the supper. She came back to get her salads and to pick me up around 5:30 p.m. Louie Marcotte, master of West Paris Grange, planned and engineered the nice supper, and the only thing missing was more people to help eat the food. It was real hot weather and not as many people came to the supper as were expected. They don't realize what they missed. The meeting followed the supper and most of the offices were filled by past masters and past lecturers of the Grange.

As is quite usual for us, we did our grocery shopping at Shop 'n Save on Friday forenoon, along with other errands. Friday afternoon, we went to the West Paris Town Office to pay our taxes while we could still get a small discount. The discount cut the tax amount by a few dollars.

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We didn't stay too long in the afternoon but did watch the dancing in front of the Fire Station, and enjoyed it very much. We always enjoy watching the Jordan girls, and they were doing their all that day as

well as were the others.

Peggy and I visited Barbara and Richard Felt Sunday evening.

There will be dances at the Locke Mills Town Hall on Aug. 9 and again on Aug. 23, with more of that good dance music by the Richard Felt Orchestra.

I would like to remind all members of Oxford Pomona Grange that our next meeting will be on Aug. 5, and we will be hosted by West Paris Grange. This will be a Poetry Night and our lecturer has asked that each member bring the first couple lines from a favorite poem.

THIS WEEK AT THE
Moses Mason House

All members and friends are reminded that the next monthly meeting of the Bethel Historical Society will be held on Thursday, Aug. 7, at the historic East Bethel Church, nine miles down Intervale Road from Route 26.

Speaker for the evening will be Ben B. Conant, curator of the Paris Cape Historical Society, who will make a presentation on Rev. Paul Coffin, who was born in Newbury, Mass., 16 January 1737. A graduate of Harvard College, he had an extensive knowledge of Latin, Greek, Hebrew and French. Always a diligent student, he prepared his sermons with great care. In the pulpit he was argumentative and displayed an earnestness that won and held the attention of his parishioners.

He preached his first sermon in Buxton on 8 February 1762 and was ordained the following year. In 1812, the degree of D.D. was conferred upon him by Harvard. During his lifetime, he traveled widely and recorded his impressions. These were published in 1885 in "The Memoir and Journals of Reverend Paul Coffin D.D." by Cyrus Woodman.

Two-hundred years ago this year, he traveled around what is today Oxford County, commenting on what he experienced. Arriving in Bethel, he wrote: "Rode to Sudbury-Canada, now Bethel. This lies on both sides of the river, and has good interval, and is pleasant in several places. Here lives Deacon Bartlett, Deacon Kimball, and a number of Yorks from Standish. Maple sugar was plentiful here, and in Pennycook (Rumford). It is sixty miles from Standish to Bethel through Bridgton, Waterford and Orangetown (Albany/Greenwood); and eighty from Bethel to Portland. Bethel has about one hundred families. Preached Matthew 1:21. Put up for the night with Deacon Kimball (not far from the East Bethel Church), who has a capital farm, interval enough, which yielded last spring one thousand pounds of sugar."

Rev. Coffin died on 6 June 1821. When informed by his physician that he was near the end of his earthly pilgrimage, he replied, "I did not think I was going so soon; but I believe that I have faith that will carry me to Abraham's bosom."

The meeting is open to anyone present. Those wishing to arrive early and bring a picnic lunch to enjoy before the meeting are invited to do so. Lemonade will be served by the society.

The summer issue of the society's quarterly, "The Bethel Courier," will be out soon. It will contain an article on the history of Philbrook Street and commemorate the 50th anniversary of NTL's presence in Bethel. Anyone wishing a complimentary copy is urged to call the society at 824-2908, write to P.O. Box 12, Bethel, ME 04217-0012, or e-mail: history@bdc.bethel.me.us.

MAINE CONSERVATION SCHOOL AUCTION

"You name it and you'll probably find it at the auction or at the yard sale an hour before we begin bidding," said Steve Wight, auction chairman and longtime board member of the Maine Conservation School. "We have everything from used furniture to a new fly fishing kit, antiques, gift certificates, all kinds of services -- plus there will be some real bargains on the sale tables."

The event will be held on Saturday, Aug. 30, rain or shine at the grandstand in Bryant Pond. Yard sale tables will be open to the public at 9 a.m. and the auction begins at 10 a.m. The auctioneers will be David Murphy and state Rep. Al Barth, both past board members. Food will be provided by the Woodstock PTA. Proceeds will go to support the school's conservation and environmental education programs for children.

"I am encouraged by the support we are receiving, and we welcome more contributions of items and services," said Eleanor Tracy, operations director, who is coordinating volunteer activities. To contribute to the auction, contact Wight at 665-2095 or 824-2410. Or call Eleanor Tracy at 665-2068 or 743-8617. Items should be delivered in advance to the school, and the staff has already started storing a variety of goods and materials. If necessary, items can be picked up.

For information about the school, write The Maine Conservation School, P.O. Box 188, Bryant Pond, ME 04219, or call 665-2068.

CHILD-CARE WORKSHOP

Finders/Seekers will host a child-care workshop Aug. 6 at 12 noon in the downstairs conference room of Community Concepts, located in Market Square, South Paris. Participants will view the film "Kid-Care, What's Right for Me?" and receive Parent Resource Packets stuffed with tips and helpful brochures such as "So Many Good-byes." Additional resources will be on hand for participants. A brief question and answer period will wrap up the workshop no later than 1 p.m.

Workshop participants will learn to recognize quality care and make an informed choice. The cost for the workshop is \$5. Seating is limited. Call Finders/Seekers to register (743-1516).



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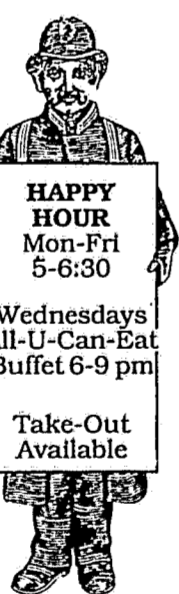
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1997



Old Grey Goose at Sudbury Canada Days

The traditional music group, The Old Grey Goose, will be featured during Sudbury Canada Days, on Saturday, Aug. 9, for an afternoon concert and an evening contra dance. Their appearance is supported in part from funds from the society's Hall Memorial Fund.

The Old Grey Goose performs old-time country dance music and songs from Maine and the Maritimes, singing and playing fiddles, accordions, pianos, guitars, banjos, harmonicas, fiddlesticks, bones and more. The group also teaches the country dance of New England: quadrilles, contras, circles, polkas, waltzes, two-steps, and schottisches. Social, historical, and traditional perspectives are emphasized during performances. In concert, the group presents stories, songs and tunes, some humorous and enlightening, depicting life in old New England. The trio consists of Jeff McKeen, Doug Protisk, Carter Newell and on occasion the group is joined by other musicians and dancers.

Sudbury Canada Days will be held this year, Aug. 7, 8, 9 and 10. The Ancient Ones, a group of re-enactors celebrating the 18th century, will be camped in the back yard of the Dr. Moses Mason House. In addition, there will be lectures, craft demonstrations, a local art show, horseshoe pitching, badminton and croquet tournaments, a log driver's bean supper, children's parade and games, flower show, farm and logging exhibit, historical videos, and an old-time hymn sing. Further information can be obtained by calling 824-2908.

Sudbury Canada Days activities announced

The 17th annual Sudbury Canada Days, summer heritage festival of the Bethel Historical Society, will be held this year, Aug. 7-10, in a variety of locations throughout town, but primarily focused on the grounds and near the organization's Broad Street headquarters, the Dr. Moses Mason House.

Events will begin with a lecture on Rev. Paul Coffin on Thursday, Aug. 7, at historic East Bethel Church, beginning at 7:30 p.m. Speaker for the evening will be Ben B. Conant, curator of the Paris Cape Historical Society, who will make a presentation on Rev. Coffin's travels through Oxford County two-hundred years ago this year.

Friday night will feature the annual Hall Memorial Lecture, beginning at 7:30 p.m. in the meeting room of the Dr. Moses Mason House. Guest lecturer this year will be Dr. James Leamon, professor of

history at Bates College, who will speak on the subject, "A Revolutionary Dialogue: Rev. Jacob Bailey and Samuel Thompson."

Saturday will be a full day of activities beginning with the encampment of the Ancient Ones in the morning followed in the afternoon by the children's parade (this year's theme, Mother Goose characters), craft demonstrations and exhibits, flower show, historical videos, art show, children's games, food sale by the Middle Intervale Meeting House Society, farming/logging exhibit, croquet, horseshoe, badminton tournaments, concerts by the Mahosue Music Makers and Old Grey Goose, log driver's bean supper and a contra dance conducted by Old Grey Goose.

Sunday will again find the Ancient Ones still encamped in the back yard of the Dr. Moses Mason House. There will be a Sudbury

Canada Days church service at the West Bethel Union Church. The flower show, art show, historical videos and the farming/logging exhibit will again be open. An open house is planned for the afternoon at the 1895 Lower Sunday River School House and the day will end with an old-time hymn sing at Middle Intervale Meeting House.

Volunteers are always needed to help with this event. Anyone wishing to volunteer should call the society office (824-2908). Those wishing to demonstrate an old-time craft should call Lorrie Hoeh (836-3011). Participants (12 and under) are needed for the children's parade and games (please call Marilyn Swan at 824-2029 for details). Also in need of participants are the badminton, horseshoe pitching, and croquet tournaments. All events are free except the bean supper and the contra dance.

Andover Olde Home Days are this weekend

The following events are scheduled for Andover Olde Home Days, Aug. 1-3.

FRIDAY

6 p.m.--Beano at the town hall lower floor. Refreshments.
8 p.m.--Casino Nite. Upstairs in Town Hall.
6 to 9 p.m.--Concert at the Town Common on the bandstand.

SATURDAY

9 a.m. to 1 p.m.--Congregational Church sale, lunch, cookie walk, Bargain Basement.
9:30 a.m.--Doll Carriage and Bike Parade at Andover Auto. May join big parade as it moves by.
10 a.m.--PARADE
10:30 a.m. to 3:30 p.m.--Closest to the Pin Golf. Lower field below Town Hall, \$1 a ball.
11 a.m.--Concert at Town Hall. "A Sentimental Journey" -- repeat 12 noon, and 1 p.m.
11 a.m.--Chicken Bar-B-Q, Fire Station.
11 a.m. to 4 p.m.--Library Open House: display of items used for communication.
11 a.m. to 4 p.m.--Photo contest, Library basement.
11:30 a.m.--Bean Hole Beans, Church lawn, Snow Valley Sno Goers.
11:30 a.m.--Children's games, Morse Field.
11:30 a.m. to 4 p.m.--Flower Show, historical building.
Noon--Maine State Police Canine Demonstration at Little League Field.
12 noon to 2 p.m.--Antique and classic car and truck show, Western Maine Street Rods at Aker's field.
12:30 p.m.--Fly casting contest, Morse field.
12:30 p.m.--Drawing for button prizes, bandstand.
1 p.m.--Sky divers, lower field down hill from Town Hall.
1 p.m.--Scoggins Cloggers, on the flatbed on common.
1 p.m.--Firemen's muster, Little League Field.
1:30 p.m.--Cow Chip Flip, lower field down hill from Town Hall.
2:30 p.m.--Drawing for button prizes not claimed at 12:30 drawing.
2:30 p.m.--Arm wrestling, front of church.
3 p.m.--Karaoke, on the bandstand.
9 p.m.--Dance at Fire Station.
All Day--Flea market, crafts and food on the common. Free horse-drawn wagon rides around the mile square.

SUNDAY

Horse Show, refreshments available. Ellis River Riders Rings in South Andover. Starts at 9 a.m. No admission for spectators.
1 to 4 p.m.--Music on the common with "Steppin Out."
Free parking in field down hill from town hall. Transportation up the hill to church yard provided by Mead Corp. from 9 a.m. to 4 p.m., Saturday, Aug. 2. Follow parking signs to lot on Route 120.

From the

Bethel Area Chamber of Commerce

Welcome to our newest member: Andover Guest House, Andover, Douglas Turcotte, owner.

July has been an extremely busy month for the chamber and our event volunteers. This past weekend we held the Sixth Annual Maine State Triathlon Classic at Gould Academy and the Bethel Inn Boathouse at Songo Pond. More than 100 competitors from all over the country participated in the event. By doing this event, the chamber is promoting the positive qualities of the region to those who compete in this type of event and travel to many parts of the country. A big thank you to John DeVivo, our volunteer and course coordinator. We wouldn't be able to do this event without his help and event expertise.

Other events the chamber has organized this month are: the 8th Annual Bethel Art Fair and July 4th Festival, major sponsors being Northeast Bank and Alliant Foodservice; the 8th Annual Norway Savings Bank/Bethel Area Chamber Golf Classic; Key Bank/Mollycokett Day Classic and the 4th Annual Great Duck Race on Sunday River sponsored by L.L. Bean, Sunday River Ski Resort, Mt. Abram, and 30 other prize donors.

August promises to be a busy month, too. New chamber member, Michael Steven & Associates, Main Street, Bethel, is holding an Open House/Business After Hours on Friday, Aug. 8, from 4 to 6 p.m. The chamber is actively building its Internet Web Site with New England Internet Services. Our web address will be www.bethelmaine.com. All of our chamber members have a free listing on this site as one of their member benefits.

The chamber is in the process of updating the annual Bethel Area Guidebook and the Winter Map & Guide. Additionally, our merchants' group is planning for the "Pre-holiday promotion," from Thanksgiving to mid-December.

The group will meet Wednesday, July 30, from 8 to 10 a.m. to do further planning on this.

L.L. Bean and the Bethel Area Chamber will be working together over the months ahead to plan for the Bethel Winter Carnival, to be held Jan. 10 and 11, 1998. A planning meeting of all the winter recreation providers in the area, L.L. Bean and representatives of the chamber will be held Monday, Aug. 4, at 9 a.m. at the Bethel Inn.

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Local women walk Anchorage Midnight Sun Marathon

By ANN MORTON
Twenty-six point two miles. That's the length of a marathon. I never felt the need to walk one until last December, when I heard about using those miles as an incentive to raise money for leukemia research. My sister, Mary-Alice Bancroft, and I, who both have children who survived leukemia and cancer, and Pat Seaver, whose father died of leukemia, decided to accept the challenge.

Training started in January with a seven-mile walk. As part of Team in Training with the Massachusetts Chapter of the Leukemia Society of America, we received training schedules to help us build up gradually to the June 21 event in Anchorage, Alaska. Mary-Alice and I trained separately during the week, meeting for an hour's workout on snowy or icy days. We did our weekly longer walks together, usually starting in Bethel and walking to the family farm in East Bethel where our mother, Florence Hastings, had the coffee ready for us.

In March we did a half-marathon in New Bedford, Mass., where we learned that we were walking wrong -- nothing about our stride or posture seemed right, so the re-learning process began.

By the time we walked 20 miles, we were joined by Pat, who had been training on her own with son Brett and friends. I developed a stress fracture on that walk, so my training for the next month was done in a pool, where I "walked" vigorously for an hour several times a week and for two to three hours on days Mary-Alice and Pat walked 22 and 24 miles. By early June I was back to walking five miles but not at my usual pace.

On June 19 we left Boston to fly to Anchorage, arriving early in the morning the day before the marathon. The pre-marathon pasta dinner for 2,800 walkers and runners, who raised a total of \$8,000,000 for leukemia research, and their guests was the largest sit-down dinner ever served in Anchorage.

Several speakers described why they participate in marathons to raise money for leukemia, including "Lucy for Leukemia" who started it all in 1988 as her husband battled the disease and underwent treat-

ment. She ran as a way of coping with his illness. She decided to seek sponsors and run a marathon to support leukemia research. In a variety of ways, including handing out flyers during the marathon, she raised \$23,000. Others have shared her concern and Team in Training was begun. The Mayor's Midnight Sun Marathon in Anchorage this year was the largest ever and raised the most money for leukemia research.

When we boarded the bus at our hotel at 5:30 a.m. on Saturday, June 21, the sun had already been up for two hours. We were told to drink as much water as possible -- one or two liters -- before the start. We ate our boxed breakfasts: fruit, a bagel with peanut butter, juice and privately wondered what lay ahead for each of us. For many of us this was the first marathon. The course had been described to us; we had been advised about pace, form, technique -- but what would it actually be like?

The walkers gathered at North High School to warm up, stretch, and generally prepare for the marathon. Mary-Alice and I were joined by our cheering section: husbands, Al and Dave, sister Ginny and her husband George Gamble. They were also cheering for our niece, Ellen Hastings Franklin, who was part of the Texas Team in Training. Pictures were taken and encouragement given before we joined the others for the mass start.

At the starting line, we sang "Happy Birthday" to Eric, an 11-year-old leukemia survivor who walked with his mother and the man whose bone marrow had saved his life. We gave a few cheers to be broadcast on "Good Morning America." At 7 a.m. the starting gun sounded, and 900 walkers of all ages, abilities, and motivations strode out under a cloudy sky.

The course started on a paved road lined with people on foot, on bicycles, and in vehicles cheering for us. After a mile we turned onto a 10-foot-wide bicycle path that adjoined a highway. Since only three or four people could walk abreast here, there was much passing and changing of position. Ellen had already moved ahead with the faster walkers. We didn't see her again until we finished.

Team in Training members wore

purple T-shirts or singlets with sponsors or names of people in whose honor each walked printed on the back. My shirt said, "In honor of Tom Morton"; Mary-Alice's said, "In honor of Kristi Bancroft"; and Pat's said, "In memory of John Seaver."

The atmosphere was upbeat, and we chatted with those around us. Some had their home state written on their legs with marker; others wore pictures of the person being honored. For one young man, a picture of a middle-aged woman with the name "MOM" written under it said it all.

Every two miles a water station was set up, giving us cups of water and Gatorade, wet sponges, orange slices, and bread. These were important ingredients to a successful walk, and we ate and drank as we proceeded on, dropping the cups or carrying them to the next wastebasket. We also carried water, Power Bars, Goo, and bananas to consume as needed between water stations.

At mile 72 we left the cheering supporters behind and entered the 10-mile tank trail, a dirt road used for logging and military maneuvers. This was a tricky section with rolling hills, small rocks and mud puddles that made us pay attention to where we placed each foot. The runners, who had started an hour behind us, began to overtake us at this point. We cheered each other on as they passed, the walkers moving aside to make room.

The coaches rode bicycles along the marathon route in order to check on us. Mile markers were useful to help us calculate our speed and pace ourselves. We were delighted that it stayed cloudy and the temperature was a comfortable 60 to 70 degrees. It was the perfect day for a marathon for us, although some people from the southern states found it cool.

At mile 17 we came out of the woods where our family support vehicle and cheering section awaited. Pat had gone ahead of us, and Mary-Alice and I realized our time had been a little slower than usual on the tank trail. We felt fine and gave the thumbs-up sign as we continued on.

After a few miles on paved roads, we entered a suburban neighborhood where residents gave out pop-sicles, watermelon, hard candy and much support. One family's boom box played the Rock theme, and another family thoughtfully directed their water sprinkler across the street to cool us down. The atmo-



MIDNIGHT SUN CELEBRATION. Sisters Ann Hastings Morton (left) and Mary-Alice Hastings Bancroft (right), and niece, Ellen Hastings Franklin (center), celebrate completion of the Mayor's Midnight Sun Marathon in Anchorage, Alaska.

sphere was very festive, and we needed that boost at mile 20.

We entered one of Anchorage's many bike trails which is groomed as a cross-country ski trail in the winter. Even here we were cheered on by hundreds of people hiking, picnicking, handing out refreshments or just giving support as we kept up our normal pace. By now we were passing or being passed by a group with whom we had become familiar.

Several people were beginning to show the stress of the walk or run, and medical help was available at each water station. Many fought blisters, leg cramps, back, knee and ankle pain. This didn't stop them, as they were committed to finish the marathon whatever the cost in personal discomfort.

At about mile 24 we noticed that the constant chatter and good-natured kidding had stopped. We were a quiet, determined group intent on finishing in the best possible time. Runners who had finished

now lined the course, coming back to give us the support we really appreciated as we circled a lake and climbed the last hill to the finish area.

We could see the finish line about one-half mile ahead, but it seemed to take forever to reach it. When we finally got to the last few hundred feet, the lane was lined with cheering spectators and marathoners who had stayed to cheer in others. Mary-Alice and I crossed the finish line together, having finished in six hours and twenty-three minutes. While this was not a race, as such, we each had our personal goal for a finish time. We had exceeded our goal, and our best time was on the last part of the course.

The carnival atmosphere at the finish line was exciting. We received a medal, a sweatshirt, food, and congratulations. Ellen, who had finished in five and a half hours and Pat, who finished in just under six hours, celebrated with us. Once the adrenalin and natural

endorphins wore off, the pain was there for some. After a rest, we were off to the Victory Reception where we met other team members and compared notes on times and physical condition of our teammates. Some of the younger ones who finished in 10 or 11 hours were surprised by the "Gray Foxes" who walked a 14-minute mile.

Why did we do it? Mary-Alice, Pat and I believed in the need to discover a cure for leukemia. From the response to our fundraising efforts, we knew that others shared that belief. We walked for the many people who have battled leukemia, and those who shared our concern donated over \$30,000 to help researchers find a cure. Mary-Alice received the John Engl Award as the top fundraiser for the Massachusetts Chapter, raising over \$19,000. We all thank you again for your support and for supporting leukemia research through your donations.

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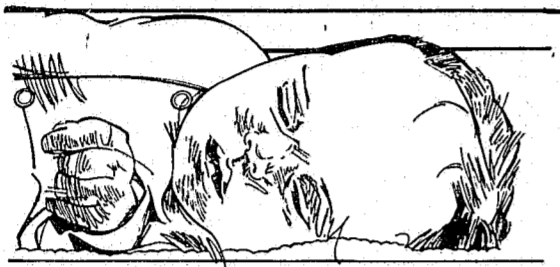
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HEALTHY LIVING



How Well Do You Sleep?

by Teofilo L. Lee-Chiong, Jr., MD, F.C.C.P. Internal Medicine Physician and Pulmonologist, Mountain Health Services, Berlin NH



Do you feel excessively sleepy or unusually tired during the day? Do you find it difficult to stay awake or concentrate on your tasks? If so, you may be suffering from obstructive sleep apnea or interrupted breathing at night.

Nighttime apnea (cessation of breathing) is not uncommon. Approximately 1% to 5% of adults have some form of respiratory disturbance during their sleep. Normal human sleep can be divided into various stages. About 75% of sleep time is spent in non-rapid eye movement (NREM) stages 1 through 4. The remaining 25% of sleep time is associated with rapid eye movement (REM). REM can be easily detected during sleep. You may wish to watch your bed partner tonight while he or she is asleep and observe the eyes quickly shift back and forth underneath the eyelids. It appears that normal sleep depends not only on a sufficient total duration of sleep but also on its proper distribution among the various sleep stages.

Sleep apnea is characterized by frequent cycles of apnea, followed by arousal, and finally resumption of sleep. Breathing may stop for several seconds to over a minute and may recur 200 to 1,000 times each evening. Sleep is, thus, interrupted to such a degree that deep or REM sleep is never attained. In addition, during periods of apnea, the upper airways may collapse leading to a fall in blood oxygen and a rise in blood carbon dioxide.

Why is it important to find out if you have obstructive sleep apnea? People with this condition may fall asleep while driving or during socially inappropriate occasions such as business meetings, formal gatherings, or church services. They may become depressed or irritable. Their performance at work or school may deteriorate. Family relationships can become strained and marriages may fail. Finally, sleep apnea is associated with serious complications such as myocardial infarction (MI), arrhythmia (irregular heart rhythm), stroke, and hypertension.

Most physicians are able to diagnose and treat obstructive sleep apnea. Often, he or she will question you and your sleep partner about snoring, breath holding, snorting, thrashing and other body movements during sleep, disheveled bed covers, early morning headaches, impotence, mood changes, and memory loss. It is important to exclude hypothyroidism, acromegaly or excess of growth hormones, excessive alcohol use, and abuse of hypnotic medications since these conditions can predispose to obstructive sleep apnea. A physical examination may reveal a deviated nasal septum, enlarged tonsils or thyroid, or a narrow throat. Once sleep apnea is suspected, you may be advised to undergo a polysomnography at a sleep center. During a polysomnography or sleep testing, electrodes will be placed on your scalp, eyelids, chest wall, and legs to monitor body movements during the various stages of sleep. Your breathing pattern, heart rate and rhythm, and blood oxygen levels will be continually measured as well.

There are a number of treatment options available for persons diagnosed with sleep apnea. Obese individuals are strongly urged to lose weight. Smoking and ingestion of alcoholic beverages must be reduced if not stopped completely.

Some people breathe better (as well as snore less loudly) when they sleep on their sides or stomach; sewing tennis balls to the back of their shirts to prevent them from sleeping on their back can be helpful. Similarly, electronic devices that alarm whenever the wearer lies on his or her back are available. Severe cases of obstructive sleep apnea may require orthodontic devices (designed to move the jaw forward and, thereby, widen the throat), nasal continuous positive airway pressure (nasal CPAP capable of splinting the airways open during sleep), or surgery. Surgical correction may involve either tracheostomy (creation of an opening in the anterior portion of the throat in order to bypass the narrowed upper air passages) or uvulopalatopharyngoplasty (UPPP - surgical reconstruction of the upper airways). Selection among these therapies should be individualized and tailored to your particular needs.

How well do you sleep? Do you feel you sleep as well as you should? If not, your doctor may help you sleep better.

Bethel Family Dentistry June Cavity Free Club

Submitted by:
Dr. John R. Mason, D.D.S.

Congratulations to all the following children who exhibited excellent homecare. Keep up the good work!

Naomi Fraser
Lorenzo Baker
Andrew Raymond
Kristen Nicols
Jeremy Benson
Terrie Wing
Michael Cross
Travis Cyr
Kate Caddigan
Lacey Gammon
Jamie Nicols
Jordan Cole
Mallory Brown
Christopher Duplessis
Joseph Hakala
Amanada Waterhouse
Daniel Zinchuk
Kayla Brown
Ashlee Sessions
Billy Marshall
Jenna Hickey
Bradley Lloyd
Logan Sessions
Aaron Tripp
Carmella Glazier
Josey Reiss
Natalie Brown
Heather Zimmerman
Chris Mejais
Fran Hickey
Jeffrey Benson
Melissa Strauss
Jennifer Cross
Fern Hickey
Krista Hoy
Julie Strauss
Ben Nicols
Ben Starrett
Colton Cyr
Adrian Baker
Jeffrey Pelletier

WHEN SMOKERS QUIT

Within 20 minutes of smoking that last cigarette, the body begins a series of changes that continues for years.

20 MINUTES

- Blood pressure drops to normal
- Pulse rate drops to normal
- Body temperature of hands and feet increases to normal

8 HOURS

- Carbon monoxide level in blood drops to normal
- Oxygen level in blood increases to normal

24 HOURS

- Chance of heart attack decreases

48 HOURS

- Nerve endings start regrowing
- Ability to smell and taste is enhanced

2 WEEKS to 3 MONTHS

- Circulation improves
- Walking becomes easier
- Lung function increases up to 30 percent

1 to 9 MONTHS

- Coughing, sinus congestion, fatigue, shortness of breath decrease
- Cilia regrow in lungs, increasing ability to handle mucus, clean the lungs, reduce infection
- Body's overall energy increases

1 YEAR

- Excess risk of coronary heart disease is half that of a smoker

5 YEARS

- Lung cancer death rate for average former smoker (one pack a day) decreases by almost half
- Stroke risk is reduced to that of a nonsmoker 5-15 years after quitting
- Risk of cancer of the mouth, throat and esophagus is half that of a smoker's

10 YEARS

- Lung cancer death rate similar to that of nonsmokers
- Precancerous cells are replaced
- Risk of cancer of the mouth, throat, esophagus, bladder, kidney and pancreas decreases

15 YEARS

- Risk of coronary heart disease is that of a non-smoker



Source: American Cancer Society; Centers for Disease Control and Prevention

FREE THINGS TO SEND FOR

Radishes: They're not just for salads anymore! To expand your imagination about these tangy cherry-red morsels, the Radish Council is offering a recipe leaflet full of new ways to use fresh radishes. *Coconut Curried Shrimp with Radish Wedges* and *Crunchy Radish-Olive Nachos* are just two of the exciting ideas in this collection. The leaflet also contains quick tips for adding the zip of radishes to meals, plus nutrition information and buying suggestions. For a free copy, send a self-addressed, stamped, business-size envelope (#10) to: Radish Council, 49 East 21 Street, 8th Floor, New York, NY 10010

Summertime Tips For Outdoor Enthusiasts

(NU) - You may have promised yourself it would never happen again, but sunburns have a way of sneaking up on you. Or maybe you missed that stalk of poison ivy at your feet; or that hiking path was longer than expected.

Now that summer is here, people everywhere might find themselves with a sunburn, itching from poison ivy and massaging sore feet.

But that doesn't mean you can't have fun in the sun this summer. Just be prepared. If one of these maladies hits, you can find relief if you keep a box of Arm & Hammer Baking Soda on hand.

Baking soda is a household staple that is safe, economical and versatile. It's especially useful for those minor mishaps that can occur during summer months.

Keeping Cool

The following tips from the experts at Arm & Hammer should ensure a cool, soothing summer.

• **Sunburn/windburn/minor burns:** Cool the sting of minor burns or sunburn pain by soaking in a baking soda bath. Use one cup of baking soda dissolved in a tub of lukewarm water.

For a soothing compress, apply a cloth saturated with a baking soda solution of four tablespoons baking soda dissolved into one quart of water.

• **Insect bites/poison ivy:** Relieve the itching of insect bites and poison ivy by applying a baking soda paste, using three parts baking soda and one part water, to the affected area. Let it dry, rinse with clear water and repeat if necessary.

Around the Campsite

For the family that loves to go camping during the summer, don't forget to take a box of baking soda. It's handy around the campsite for the following tasks:

• **Clean camp cookware and coffee pot:** Wash with a baking soda solution or shake dry baking soda on a damp sponge to remove cooked-on foods, grease and coffee oils. Rinse with clear water.

• **Extinguish campfires:** To extinguish a campfire, toss handfuls of baking soda at the base of the flames to smother them. (Before you turn in, sprinkle the embers with water to make sure the fire is completely out.)

Also, keep the box of baking soda nearby while grilling; it helps extinguish flare-ups.

• **Soothing foot soak:** After long hikes in the mountains or bike rides along the lake, soothe your aching feet in a basin of warm water with three tablespoons of baking soda dissolved into it. Your feet will feel cool and refreshed.

For more information on the many uses of baking soda, visit the Arm & Hammer Baking Soda Web page at www.armhammer.com.

Skin, Lip Care Essential During Summer

(NU) - The growing popularity of outdoor recreational activities runs tangent to an alarming increase in melanoma, a potentially dangerous skin cancer of pigmented cells called melanocytes. Whether bicycling, in-line skating, tanning or jogging, Americans are exposing themselves more and more to the sun's damaging rays.

While a health-conscious public is demonstrating greater awareness of the dangers of excessive sun exposure, little attention has been focused on protecting the lips. As one of the body's weakest defensive links, the lips are always exposed to the elements and frequently ignored in the skin care regimen.

"Lips contain little to no melanin, the natural pigment in skin that screens out the sun," said Dr. Charles Zugerman, associate professor of clinical dermatology at Northwestern University Medical School. "While most people use sunscreens to protect their skin, very few protect their lips."

According to a study by the Centers for Disease Control and Pre-

vention, the incidence of melanoma grew faster than any other kind of cancer over a period of 18 years. During that same period, melanoma accounted for about three-quarters of all skin cancer deaths, with a 37.5 percent increase.

"The alarming rise in melanoma should be a warning to anyone who doesn't think they need to protect themselves from the sun," said Zugerman. "They do. And they should."

Lips have very little natural protection against the sun's harmful rays. Use a lip-care product with sun protection year-round.

start by protecting their face and lips, which are most frequently exposed.

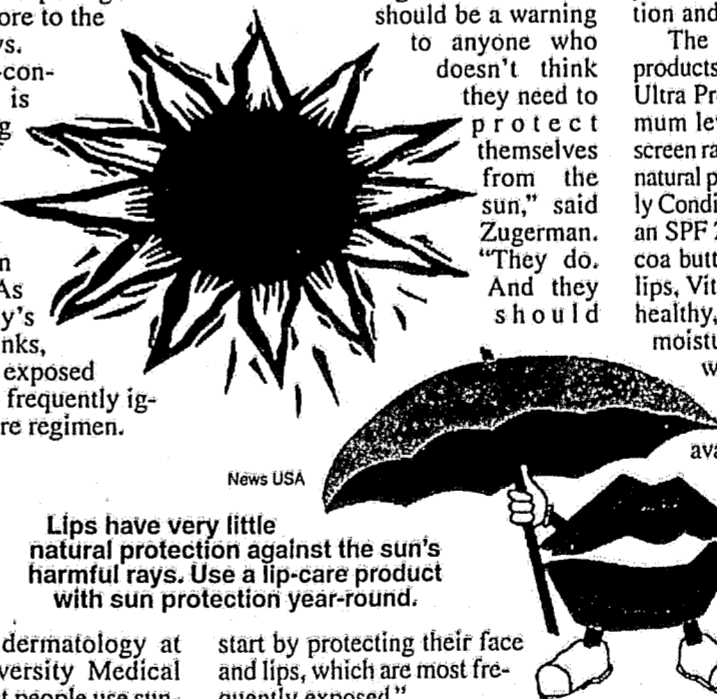
Although the long-term effects of sun damage may not be visible immediately, the collagen (protein) that gives lips body and resilience will

change from too much sun exposure. More importantly, Zugerman warns that lip cancer may not be evident until decades after the damage is done.

The Lip Care Specialists at Blistex address the special needs of lips with a full line of products for year-round conditioning, protection and relief.

The Blistex line contains four products with sun protection. Blistex Ultra Protection provides the maximum level of defense, with a sun-screen rating of SPF 30 (30 times lips' natural protection). Blistex DCT (Daily Conditioning Treatment) combines an SPF 20 with aloe, lanolin and cocoa butter to soften and moisturize lips. Vitamins A and E to keep lips healthy, and petrolatum to prevent moisture loss. Blistex Lip Balm, with SPF 10, also contains a skin protectant to seal in natural lip moisture and is available in berry, mint and regular flavors. Blistex Lip Tone, the first Blistex product to combine a special moisturizer nutrient complex with a touch of color, has SPF 15.

For more information about how to protect your lips, send for a free copy of the "Sun and Your Lips Brochure" from Blistex Inc., P.R. Department, 1800 Swift Drive, Oak Brook, IL 60521.



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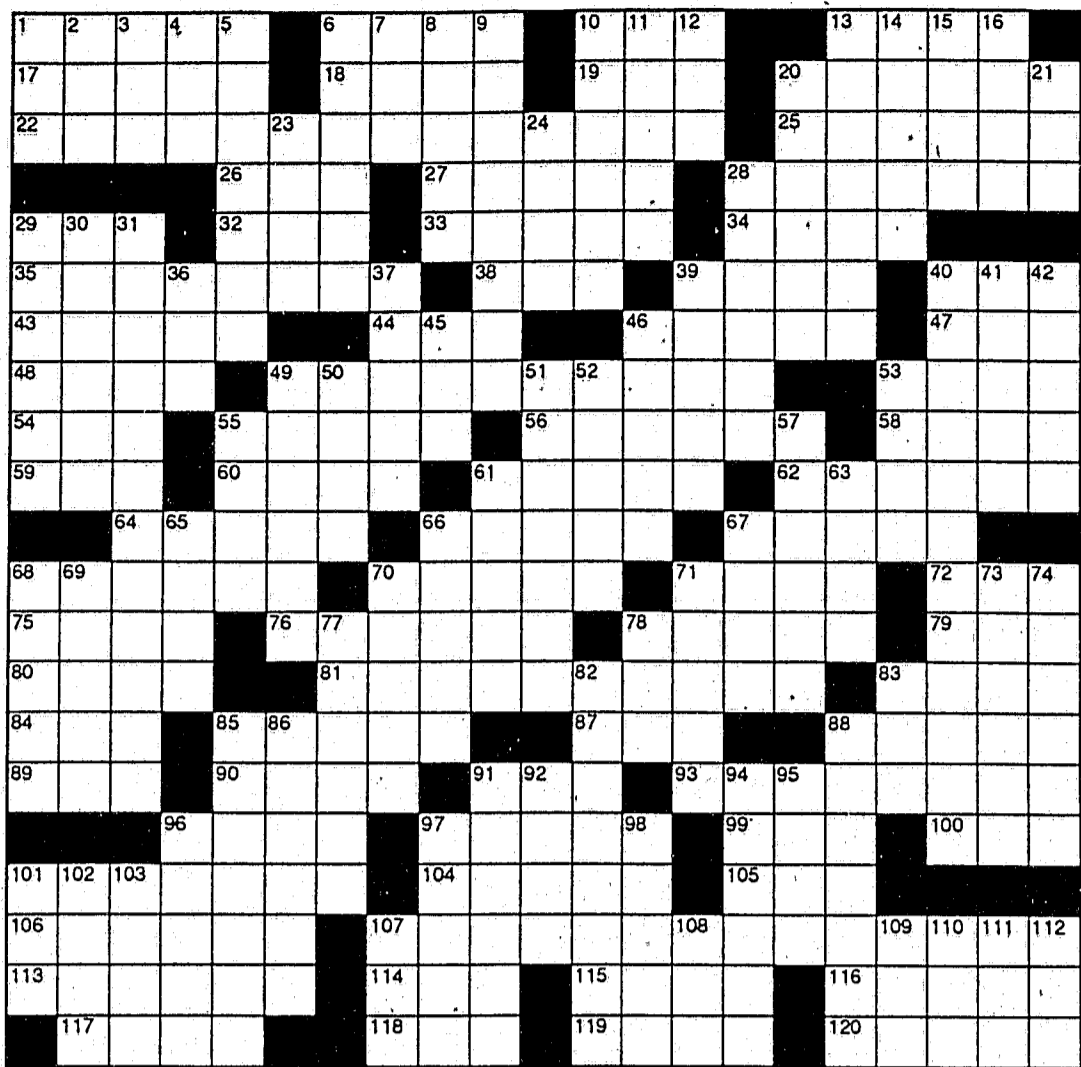
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59 Page Hill Rd, Berlin • (603) 752-2900

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Catherine Dorr, P.A.-C
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Super Crossword

- ACROSS
1 Satin quality
6 Some '60s
10 Loser's
13 "Requiem"
17 "Greetings!"
18 Crude cartel,
in a way
19 Groan
20 Greek
22 Piercing
25 Cafe
26 Schoolboy's
shot
27 Linda of
"Dynasty"
28 Toothsome
side dish?
29 Finish
30 Something in
briefs?
33 "Walk Away
—" ('66 tune)
34 Sudden
35 Temple
38 Tennis divider
39 Saly Sahl
40 Singer
43 De Mille
specialties
44 Joplin
- composition
46 Crawford or
Williams
47 Excited
48 Vegetate
49 Supporting
actress?
53 In the bag
54 "Naver
Smile Again!"
55 Reagan's
attorney
56 Alliances
58 High-flying
org.
59 Short swim
60 She, to Sartre
61 Ugly duck-
lings,
eventually
62 Naggled
subtly
64 Pasta
66 Quiet's
partner
67 "— diem"
70 Feature
71 "— Mia"
(65 tune)
72 Ballroom
figure, for
short
75 Actress
Sommer
76 Associate
- Atelier item
116 Not robust
117 Ruby and
Sandra
118
Speedwagon
119 Require
120 "Jaws"
setting
DOWN
1 — Na Na
2 Fell
3 Pipe connec-
tion
4 Yalie
5 Puzzle
6 Mr. T's hairdo
7 Uncover,
to Thomas
Carew
8 Put on hold
9 Scrounge
around
10 Upright's
relative
11 Rhythm of life
12 Some
13 Gymnast's
quality
14 Rinsed off
the car
15 Part of B.A.
16 Theda of the
silents
20 On the QE2
21 Boar's babe
23 Greenish-
blue
24 Mr. Ed's
hairdo?
28 Hume of
- "Cocoon"
71 Soothes
73 Sheena of
songdom
74 "Today" host
Gumbel
77 Quirk
78 Get by, with
"out"
82 Name a ship
83 Cambodia's
Lon —
85 Mountain
lions
86 Some
Alaskans
88 Farina's
friend
91 Trinidad's
neighbor
92 — even keel
94 Followed a
felon
95 Comrade
96 Crusoe's
creator
97 Resort lake
98 Scold
101 Large tub
102 Provoked
103 Reasonably
balanced
107 Nav. officer
108 Sprawl on a
sofa
109 Coat part
110 Mai-
(cocktail)
111 Gold record
112 English
cathedral city



COMMUNITY CALENDAR

Activities

Church Services

Monthly Meetings

Every Thursday, Through Aug. 28, 1 to 4 p.m.—Pie and Bake Sale at United Methodist Church, Bethel. Special orders welcome. Call 824-3009 or 824-2483.

Saturdays, 9 to 12 a.m.—Bethel Farmer's Market at Bethel Family Health Center parking lot, Railroad Street, Bethel. Baked goods, plants and seedlings, locally grown and produced goods.

Wednesdays at 5:30 p.m., Guided Garden Walk at McLaughlin Garden, South Paris, weather permitting. No fee, donations welcomed.

Sundays, 2 p.m.—"Sunday in the Gardens" series at Hedgehog Hill Farm, Summer (free and open to public). For information or directions, call 388-2341 or e-mail hhhf@megalink.net.

Thursday, July 31, 5 to 6:30 p.m.—East Stoneham Church Supper (homemade baked beans, brown bread, rolls, casseroles, salads, pies, beverage), \$6 for adults and \$3 for children under 12.

Friday, Aug. 1—Ellis River Riders Horse Club will sponsor beano/casino during Andover Olde Home Days at Andover Town Hall. Beano starts at 6 p.m., casino (black jack, chuck-a-luck, high rollers, sealed tickets, etc.) at 7 p.m. Doors open at 4 p.m. For information call Annette at 364-3740.

Appalachian Trail Conference at the Sunday River Ski Resort. For information call 727-4115.

Flea Market at Pleasant Valley Grange, West Bethel, from 10 a.m. to 2 p.m.

Friday-Sunday, Aug. 1-3—Andover Olde Home Days.

Saturday, Aug. 2, 4 to 7 p.m.—14th annual Chicken Barbecue (half chicken, salads, corn on the cob, rolls, drinks, dessert) at Kezar Lake Grange Hall, North Lovell. Take-outs available. Cost: \$6 per person. For more information, call Mary Fox, 928-3222.

Andover Olde Home Days will feature "A Sentimental Journey" at the Town Hall, 11 a.m., noon, and 1 p.m. Admission: \$2 for adults and \$1 for children under 12.

Flower Show and Open House at Andover Historical Society, 1:30 a.m. to 4 p.m.

Trash and Treasure Sale at First Congregational Church basement, Andover, from 8 a.m. to 4 p.m.

Annual Book and Bake Sale at West Paris Public Library, 9 a.m. to noon. Rain date: Aug. 16.

Maine Mayflower Society summer meeting will be held at The Harvest House Restaurant, Lisbon, with registration at 10:45 a.m., social hour at 11 a.m., and luncheon at noon. For information, call Mrs. Anne Deletelsky at 782-1957. Cost: \$15, which includes luncheon.

"Re-bates" opens at the L.C. Bates Museum, Route 201, Hinkley, 6 to 8 p.m., featuring the work of 12 students from Skowhegan School of Painting and Sculpture. Will be open through month of August. For information, call the museum at 453-4894.

Saturday-Sunday, Aug. 2-3, "Back to the Past" at Scribner's Mill in Harrison. For more in-

formation, call 583-4289.

27th Annual Mid-Maine Gem and Mineral Show, Mount Merici School, 141 Western Avenue, Waterville from 10 a.m. to 5 p.m. Public cordially invited.

Sunday, Aug. 3, 4 p.m.—Mahosuc Music Makers will present a concert in the gazebo on Bethel common, sponsored by the Leslie B. Otten family for Mahosuc Arts Council as part of its Gazebo Series. Rain site: Gould Academy Bingham Auditorium.

Open House, 1 to 4 p.m., at Finnish American Heritage Society, West Paris. Everyone welcome.

Ellis River Riders Horse Club Open Horse Show at club's show grounds off Route 5 on Airport Road, Andover, at 9 a.m. Equitation and Pleasure classes, jumping and games. Admission, parking and seating free for spectators. Food available at the Feedbag. For information call Annette Marin at 364-3740.

Monday, Aug. 4, 10 a.m.—Mountain View Knitters will meet at Saint Elizabeth Ann Seton Church, Fryeburg. New members welcome. For information, call Phoebe at 207-846-9381. Donations of yarn for community outreach requested. Call Mary (297-693-6941) or Nancy (603-447-3727). Speaker will be Lisa from The Designery.

Monday-Tuesday, Aug. 4-5—Reading's Fun Book Fair at Stephens Memorial Hospital main lobby, 12 noon to 4 p.m. on Monday and 10 a.m. to 4 p.m. on Tuesday. Information: call Kathy Brunjes at 743-5933, ext. 323.

Library Hours

Andover Library: Tuesday, Wednesday, Thursday and Saturday, 1-4:30 p.m.; Thursday, 6 to 8 p.m. Story hour for preschoolers, Thursdays, 2:30-3:30 p.m. Tel. 392-4841.

Bethel Library: Monday, 9 a.m.-1 p.m.; Tuesday, 1-5 p.m.; Wednesday, 1-5 p.m.; 6-8 p.m.; Thursday 1-5 p.m.; Friday, 4-8 p.m.; Saturday, 1-5 p.m. Story Hour for preschoolers, Thursday, 10-11 a.m. (September through May). Michelle Conroy, Librarian.

Whitman Memorial Library, Bryant Pond: Tel. 665-2505. Library hours: Tuesday and Thursday, 10 a.m. - 8 p.m.; Saturday, 10 a.m. to 4 p.m.

Hamlin Memorial Library, Paris Hill: Tuesday-Friday, 11:30-5:30; Saturday, 10-2; Wednesday evening, 7-9 p.m. Tel. 743-2980.

West Paris Library, West Paris: Monday 1:30-5 p.m.; Wednesday, 1:30-7 p.m.; Friday, 1:30-5 p.m.

Gardner Roberts Memorial Library, Hanover: Wednesday, 10-12 through July and August. Story Hour, 10:30 a.m.

Upton Public Library: First and third Thursday of each month, 6:30-8 p.m.

Items for the Community Calendar may be brought to The Bethel Citizen office or mailed in or phoned in at 824-2444.

Bethel
West Parish Congregational—Rev. Brendon Bass and Rev. Jean Bass, 9:30 a.m. worship. Nursery care provided. Prayer, Tuesday, 8 a.m.

Church of the Nazarene—Rev. John Grant, 9:30 a.m. Sunday school. 10:30 a.m. morning worship. 6 p.m. evening service.

Our Lady of the Snows—Rev. Lawrence Conley, Mass—Saturday, 4:30 p.m.

Bethel Alliance Church—Rev. Richard Mowery, 9 a.m. Sunday school. 10 a.m. worship service. 6 p.m. evening service.

United Methodist—Rev. Henry S. Nickerson, Pastor, 4:30 p.m. Saturday worship service; 10 a.m. Sunday worship and Sunday School. Nursery care provided.

West Bethel Union—Pastor Joyce Scott, 9 a.m. worship and church school.

Pleasant Valley Bible—Pastor Clifford McMullen, 9 a.m. Sunday school. 10 a.m. worship.

Episcopalian House Church—at Bohrs' on 38 Chapman Street, 4 p.m., third Sunday of each month. 824-2913. No house church in July.

Church of Christ—at home of Keith Hamel, minister, 507 Walker's Mill Road (Rt. 26), Bethel. Worship at 10 a.m. Sunday, Bible study at 11 a.m. 824-3577.

Woodstock
Bryant Pond Baptist—Rev. Linwood Hanson, 9:15 a.m. Sunday school. 10:30 a.m. worship service, 6 p.m. evening service.

Woodstock Seventh-day Adventist—Pastor Richard Wright (207-797-9678), Saturday: 9:20 a.m. Sabbath school. 11 a.m. worship service.

Andover
First Congregational Church—Pastor Jane Rich, 10 a.m. Sunday worship service. Religious educa-



Reach

Rape Ed. and Crisis Hotline 1-800-622-2365. Sexual abuse helpline, 743-9777. Past or present victims of abuse.

Exchanges

District Exchange—Open every Monday 1-4 p.m., Thursday, 4-6 p.m. and the first Saturday of each month from 10 a.m. to 1 p.m. at the Ethel Bisbee School, Bethel. Clothing on sale, food available for those in need.

Community Service Center—Supplies available for emergency and disaster relief at Thurlow Hall, Perkins Valley Road, South Woodstock. For aid or information call 674-2663.

Safe Hangouts

After school safe hangout in the multi-purpose room of the United Methodist Church in Bethel from

Monday-Sunday School 2:45-4:15 p.m. beginning Oct. 21.

Calvary Congregational Church—Summer hours: worship service 9:30 a.m., fellowship brunch following. Wed. nights, Bible study and prayer meeting, 6:30 p.m. Rev. Duane Waite.

Locke Mills
Locke Mills Union—Rev. Deborah M. Jenks, 9 a.m. worship and Sunday school.

East Stoneham
East Stoneham Congregational—Rev. Janice Wilcox, 10 a.m. worship in February, April, June, August, October and December. 9 a.m. church school (Oct.-June).

Newry
Newry Community Church—Sunday worship service, 9 a.m. Rodney H. Hanscom, pastor.

Albany
Congregational Church—Hunt's Corner, 9:30 a.m. Sunday summer worship, March 30 through September. Pastor Eddie Gammon.

Norway/Paris
Christian Science Society (9 Stevens St.)—Sunday Service 10 a.m., Wed. Testimony Service 7:30 p.m. Call 824-4099 for info.

Trinity Evangelical Lutheran Church—Route 117N, S. Paris, 9 a.m. Sunday school, 10:15 a.m. worship followed by coffee fellowship. Summer service 9 a.m.

West Paris Baptist—Pastor Gordon DeHaas. Sunday worship 9 a.m., 6:45 p.m. Sunday School 10:15 a.m.

North Paris Baptist—Sunday worship 10:30 a.m.

Rumford Point
Rumford Point Church—Sunday service, Sunday School, 10:30 a.m. Rev. Deborah Jenks.

Abused Women's Advocacy Project
AWAP serves all of Oxford County and provides emergency shelter, court advocacy and support groups with child care. Rumford office 369-0750; Norway office 743-5806; 24-hour hotline 1-800-559-2927.



2:30 to 5:30 p.m., Mon.-Fri. Music, computer access, help with homework. Telstar students welcome. For more info. see Tim Nickerson or Jessica Coolidge.

Veterans' Services

(State/VA Benefits)
Maine Veterans Home, S. Paris, first and third Wednesday each month, 9 to 12 a.m.; Rumford Employ. Sec. Bldg. (364-3718), second and fourth Thursday, 9 to 12 a.m.; Lewiston (795-4590), 200 Main St., 7:30 a.m. to 4 p.m., Monday thru Friday.

Every Sunday: Western Mountains Meditation Group, Center for Natural Healing, 47 Pioneer Street, West Paris, 9:30 a.m. 674-3961.

First Monday: Newry Community Ladies' Circle, 12:30 p.m. V.F.W., Lions' Hall, Bethel, 7 p.m. 824-2587.

First and Third Monday: Bethel Board of Selectmen meets at the Town Office, 7 p.m.

Second Monday: Newry Mother's Club meets, 7:30 p.m.

Daughters of Union Veterans of the Civil War, J. Grover Tent #17, Bryant Pond, JR Grange Hall, 7 p.m. For more info. call 665-2460.

Fibromyalgia Syndrome—Chronic Fatigue Syndrome meeting, Bethel Family Health Center, 7 p.m. For info. call 824-3232.

Second and fourth Monday: SAD44 Board of Directors meets in Bethel, Woodstock or Andover at 7:30 p.m. Call 824-2185 for meeting place.

The Gilead Fire Department meets at the Fire Station at 7 p.m.

Bethel Airport Authority, 7 p.m. Call town office for meeting place in Feb. and March.

Third Monday: Western Maine Foothills Toastmasters, 6:30 p.m. Dirigo High School, Dixfield. Call 562-4931 for info.

Every Monday: Mahosuc Music Makers rehearsal, 7-9 p.m., West Parish Congregational Church.

Grief group (for the loss of a loved one) meets from 6-8 p.m. in the conference room of the Bethel Area Health Center.

First Tuesday: Woodstock Planning Board meets at 7 p.m. at Town Office.

First and Third Tuesday: Woodstock Board of Selectmen meets at the Town Office, 5 p.m.

The Greater Rumford Alliance for the Mentally Ill-Children and Adolescent Network (GRAMICAN) Support, education and advocacy. Meets in the former St. John's rectory from 6:30-8 p.m. in Rumford. Contact Diane at 369-0542.

The Bethel Lions Club meets at the Lions Den on Main Street at 7 p.m.

Second Tuesday: Mundt-Allen Post, American Legion, meeting at 7:30 p.m. Supper starts at 6:30 p.m.

Telstar Alumni Association meets at 6:30 p.m. at the Telstar Library.

Second and Fourth Tuesday: Woodstock Planning Board meets at 7 p.m.

Third Tuesday: Pine Tree Legal Assistance at Bethel Area Health Center, starting at 10 a.m.

Every Tuesday: Bethel Rotary Club meets at The Bethel Inn, 7:30 a.m.

Greenwood Board of Selectmen meets at the Town Office, 7 p.m.

Andover Board of Selectmen meets at the Town office, 7 p.m.

Newry Board of Selectmen meets at the Town Office, 9 a.m.

Cross-Country Quilters meet at the Bethel Library from 8:30 to 10:30 a.m.

First Wednesday: Purity Chapter 102, OES, 6:30 supper, 7:30 meeting.

Gilead selectmen meet at the Town Office, 7 p.m.

Bethel Area Arachnes Spinning Group, 10 a.m. to 3 p.m., West Parish Congregational Church. Potluck luncheon.

Western Maine Foothills Toastmasters, 6:30 p.m., Dirigo High School, Dixfield. Call 562-4931 for info.

Second Wednesday: Single parent support group meets at the West Parish Congregational Church, 7-9 p.m.

CPS/PTA meets from 6:30 - 8 p.m. Babysitting provided.

First and Third Wednesday: Newry Planning Board, Town Office, 7 p.m.

Second and Fourth Wednesday: Bethel Planning Board meets at the Town Office, 7 p.m.

Fourth Wednesday: Daughters of Union Veterans of the Civil War, H.F. Richardson Tent #19, East Stoneham, K of P Hall, 7 p.m. For more info. call 928-2611.

Women's Fellowship, West Parish Congregational Church, Garland Chapel, Bethel, 9:30 a.m.

Every Wednesday: TOPS (Take Off Pounds Sensibly), 5:45-7 p.m., Telstar H.S. cafeteria.

First Thursday: United Methodist Women meet at the Bethel Methodist Church at 1 p.m.

Upton Board of Selectmen meets, 6 p.m.

Bethel Historical Society, Dr. Moses Mason House, 7:30 p.m.

Second Thursday: Board of Directors of Bethel Area Chamber of Commerce meets at Crescent Park School conference room, 7:30 a.m.

Newry Fire Auxiliary meets at the Town Office, 7 p.m.

Bethel Lodge No 97, AF & AM.

Bethel Lodge #97 meets.

The Bethel VFW Memorial Post 11363 meets at the Lions Hall on Main Street at 7 p.m.

First and Third Thursday: Jackson-Silver Post, Locke Mills, 7 p.m.

Fourth Thursday: Bethel Area Poets Society Reading, 7 to 9 p.m., Bethel Bagel and Deli. Call 824-3427 for more info.

Every Thursday: Andover Water District Board of Directors meets at 7 p.m. at 28 S. Main St.

West Paris Board of Selectmen meet at the Town Office, 6:30 p.m.

First Friday: The Oxford County Mineral and Gem Association meets at 7 p.m. at the Newry home of Norman and Eleanor Davis, 824-2844.

Third Friday: Mt. Abram Lodge, IOOF, 7:30 p.m.

Every Friday: Game Party at Jackson-Silver Post No. 68, Gore Road, Locke Mills, 6 p.m.

First Saturday: Western Maine Mountain Jeepers meet at 7 p.m. at Bethel Fire Station.

Second Saturday: Woodstock Historical Society meets at 7 p.m. in historical society museum. Open to public.

Last Saturday: Upton Planning Board meets at 9 a.m. at the Town Office.

Every Saturday: Bethel Farmer's Market, 9 a.m.-12 noon in Bethel Family Health Center parking lot. Locally-grown produce and locally-produced goods.

JULY 30 1997

BETHEL CITIZEN TV LISTINGS

2 C-SPAN	6 WCSH, NBC Portland	11 WWOR - NY	16 Encore	21 STARZ	26 USA Network	31 Sci-Fi	36 Country Music TV (CMT)	41 Sports Channel
3 WSBK-TV 38, Boston	7 Sunday River Ski TV	12 WBN - Chicago	17 The Disney Channel*	22 ESPN	27 Arts & Entertainment (A&E)	32 FAM	37 Discovery Channel	42 TLC
4 Channel IV, Bethel	8 WMTW, ABC, Auburn	13 WGME, CBS, Portland	18 Cinemax*	23 Financial	28 QVC Home Shopping	33 CNN Headline News	38 MTV Music Television	43 Weather
5 TBS	9 WPXT, FOX, Portland	14 SHOWTIME	19 FLIX	24 Nickelodeon	29 History	34 TNN	39 Cable News Network (CNN)	44 Lifetime
	10 WCBB, PBS, Lewiston	15 HBO*	20 NESN*	25 American Movie Classics (AMC)	30 Inspirational Network	35 Video Hits - 1 (VH-1)	40 TNT	* Premium Channels

THURSDAY EVENING JULY 31, 1997

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	Movie: "Hellbound"				News	Real TV	Mad-You	M*A*S*H
(32)	Waltons		Rescue 911	Hawaii Five-0			700 Club		Three Stooges	
(6)	Home Imp.	Seinfeld	Friends	Men-Badly	Seinfeld	Suddenly	ER		News	
(8)	Fortune	Jeopardy!	High Incident		Politically	Politically	Turning Point		News	
(10)	News-Lehrer		Old House	Maine	Mystery!		Dangerfield		Served	Red Green
(22)	Sportsctr.	NFL	NFL Preseason Football: New England Patriots at Green Bay Packers					Sportscenter		
(34)	Dukes of Hazzard		Championship Rodeo		Prime Time Country		Today's Country		Dallas	
(13)	Ent. Tonight	Hard Copy	Diagnosis Murder				48 Hours		News	
(41)	Golf	Bowling: High Rollers Tournament			Auto Racing: Rush Hour on DIRT		This Week in NASCAR		Scoreboard	
(15)	Truth Abt Cats		Real Sports		Movie: "Perfect Target"		Arless		To Love or Kill	
(17)	Movie: "Benji the Hunted"			Movie: "White Fang 2: Myth of the White Wolf"			Movie: "The Ugly Dachshund"			
(18)	Movie: "Sabrina" Cont'd		Movie: "Intersection"				Movie: "Twister"			
(20)	Front Row	Boxing: Fight Night at the Great Western Forum		Front Row			Major League Baseball: White Sox at Angels			
(44)	Intimate Portrait		Unsolved Mysteries		Movie: "The Favor"				Homicide: Life	
(5)	Major League Baseball: Atlanta Braves at Florida Marlins						Movie: "The Principal"			
(24)	Doug	Rugrats	Alex Mack	HappyDay	HappyDay	HappyDay	HappyDay	HappyDay	Newhart	
(25)	Movie: "How Green Was My Valley"				Movie: "The Far Country"		Movie: "Leadbelly"			
(26)	Highlander: The Series		Murder, She Wrote		Movie: "Shoot to Kill"				Silk Stalkings	
(27)	Law & Order		Biography		Ancient Mysteries		Unexplained		Law & Order	
(12)	Fam. Mat.	Bzzzl	Major League Baseball: Los Angeles Dodgers at Chicago Cubs				News		Honeyman	
(39)	Moneyline	Crossfire	Prime News	Burden	Larry King Live		World Today		Sports Illus.	Moneyline

FRIDAY EVENING AUGUST 1, 1997

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	Movie: "Quigley Down Under"				News	Real TV	Mad-You	M*A*S*H
(32)	Waltons		Rescue 911	Hawaii Five-0			700 Club		Three Stooges	
(6)	Home Imp.	Seinfeld	Unsolved Mysteries		Dateline		Homicide: Life		News	
(8)	Fortune	Jeopardy!	Step-Step	Boy-World	Sabrina	Clueless	20/20		News	
(10)	News-Lehrer		Wash. Wk.	Wall St.	Keeping Up	Mulberry	Letter	Don't Wait	Served	Red Green
(22)	Sportsctr.	Brickyard 400		Speedweek	Auto Racing: NASCAR Grand National -- Kroger 200		Sportscenter			
(34)	Dukes of Hazzard		Auto Racing: NASCAR Grand National North -- Jiffy Lube 150				Dallas			
(13)	Ent. Tonight	Hard Copy	Ordinary/Extraordinary	JAG			Nash Bridges		News	
(41)	Futbol	Women's Pro Beach Volleyball		Golf	Youth Basketball		Scoreboard	Scoreboard	Scoreboard	
(15)	Movie: "A River Runs Through It" Cont'd		Movie: "Big Bully"		Movie: "Murder in Mind"				Dennis M.	
(17)	Movie: "Kazaam"		Movie: "Pee-wee's Big Adventure"		Movie: "Escape to Witch Mountain"					
(18)	"The Thing Called Love"		Movie: "The Trigger Effect"		Movie: "Mission: Impossible"					
(20)	Front Row	Tennis: Nuveen Tour -- Challenge Quarterfinal		Front Row	FOX Sports News		FOX Sports News			
(44)	Movie: "Highway Heartbreaker"		WNBA Basketball: Comets at Sparks				Homicide: Life			
(5)	Major League Baseball: Atlanta Braves at Florida Marlins						Movie: "Jaws"			
(24)	Doug	Rugrats	Kablam!	Jeannie	Jeannie	Jeannie	Jeannie	Jeannie	Newhart	
(25)	Belles-Toe	Movie: "There's No Business Like Show Business"		Movie: "Wake Island"			"The Mad Magician"			
(26)	Highlander: The Series		Walker, Texas Ranger				Big Easy		Movie: "Teresa's Tattoo"	
(27)	Law & Order		Biography		Movie: "Popeye Doyle"				Law & Order	
(12)	Fam. Mat.	Bzzzl	In the Heat of the Night		News		Major League Baseball: White Sox at Angels			
(39)	Moneyline	Crossfire	Prime News	Burden	Larry King Live		World Today		Sports Illus.	Moneyline

SATURDAY EVENING AUGUST 2, 1997

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	Movie: "Backtrack"				News	H. Patrol	Star Trek: Voyager	
(32)	Movie: "Windmills of the Gods"								Movie: "The Late Show"	
(6)	Home Imp.	Seinfeld	Pretender		From the Files of Unsolved Mysteries: Voice		News		Sat. Night	
(8)	Fortune	Jeopardy!	Fam. Mat.	Mr. Cooper	Comedy Club Superstars	Practice	News		Psi Factor	
(10)	Maine	E-Maine	Heartbeat		Lovejoy Mysteries	Served	Bingles		On Tour	
(22)	Sportscenter		Auto Racing: NASCAR Craftsman Truck Series -- Cummins 200		Baseball		Sportscenter			
(34)	Hee Haw		Opry	Grand Opry	Salute to the '50s: The Reunion of the Decade		Opry		Grand Opry	
(13)	Star Trek: Deep Space 9		Medicine Woman		Early Edition		Walker, Texas Ranger		News	
(41)	Boxing: Keith McKnight vs. Brian Scott				Pro Beach Soccer		Motorsports Hour		Cycle World	
(15)	Movie: "Ghost" Cont'd				Movie: "Courage Under Fire"				Boxing	
(17)	Young Musicians		Movie: "The Rescuers"		Movie: "Tom and Huck"				Young Musicians	
(18)	"Nine Months" Cont'd		Movie: "Ridic"		Movie: "Eraser"					
(20)	Minor League Baseball: Scranton/W-B at Pawtucket		Sprt Edge	Sportswm	FOX Sports News		FOX Sports News			
(44)	"Shattered Spirits"		Movie: "Seduced by Madness: The Diane Borchardt Story"							
(5)	Major League Baseball: Atlanta Braves at Florida Marlins						Movie: "The Cowboys"			
(24)	Doug	Rugrats	Kenan-Kel	All That	Shelby Woo	Kablam!	I Love Lucy	Lucy and Desi		HappyDay
(25)	"The Young Lions"		Hollywood Commandos	WENN	Movie: "From the Terrace"					
(26)	"Obsessed" Cont'd		Movie: "Blindfold: Acts of Obsession"		Movie: "The Member of the Wedding"					
(27)	Mysteries of the Bible		Biography This Week		Prohibition: Thirteen Years That Changed America					
(12)	Fam. Mat.	Riches	Movie: "Under Fire"				News	Night Court	Dirty Harry	
(39)	Capital	Business	Prime News	Sports Illus.	Larry King Weekend		World	Sport Life	CNN/Sports Illustrated	

SUNDAY EVENING AUGUST 3, 1997

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Movie: "Moonstruck"				Viper		News	H. Patrol	Babylon 5	
(32)	Queen Cont'd				Movie: "Columbo Goes to the Guillotine"				Remington Steele	
(6)	Dateline	3rd Rock	Newsradio		From Unsolved Mysteries: The Sleepwalker Killing		News		Outer Limits	
(8)	Second Noah	Videos	Videos		Movie: "One of Her Own"		News		Paid Prog.	
(10)	Evening at Pops	Alien Empire			Masterpiece Theatre		Evening at Pops			
(22)	Sportsctr.	Baseball	Major League Baseball: Los Angeles Dodgers at Chicago Cubs				Sportscenter			
(34)	In-Fish	Bill Dance	Go Fish!	Hunting	Champ. Bull Riding	Raceday	NHRA	NASCAR	Road	
(13)	60 Minutes		Touched by an Angel		Movie: "Is There Life Out There?"		News			
(41)	USISL Soccer: Colorado Foxes at El Paso Patriots		Golf		Reverse		In Their Prime: Montell Griffin vs. Roy Jones Jr.			
(15)	"Bingo"	Happyly	Movie: "Indiana Jones and the Last Crusade"				Movie: "Hostile Waters"			
(17)	Movie: "The Aristocats"		James-Peach		Movie: "The North Avenue Irregulars"				Retm-Dog	
(18)	"We're No Angels"		Movie: "Money Train"		Movie: "Passenger 57"				Dark Breed	
(20)	Minor League Baseball: Scranton/Wilkes-Barre at Pawtucket				FOX Sports News		FOX Sports News			
(44)	"In a Child's Name"		Movie: "Vanished"				Intimate Portrait		Homicide: Life	
(5)	Baseball	National Geographic Explorer			Movie: "Body Language"				Nat'l Geo.	
(24)	All That	My Brother	Dr. Seuss	Nick News	HappyDay	Munsters	Odd Couple	Van Dyke	Newhart	Bob Nwhrt
(25)	Joe Dakota	Screen	Movie: "The Getaway"				Movie: "The Four Musketeers"			
(26)	Walker, Texas Ranger		Pacific Blue		Silk Stalkings		La Femme Nikita		Big Easy	
(27)	Ancient Mysteries		Biography Presents		Biography		America's Castles		Mysteries of the Bible	
(12)	7th Heaven		Buffy the Vampire Slayer		Unhappily	Wayans	News	Replay	Night Court	Sinbad
(39)	Capital	Crossfire	Prime News	Sports Illus.	Impact		World Today		Sports Illus.	Sports Illus.

MONDAY EVENING AUGUST 4, 1997

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	In House	Malcolm	Malcolm	Sparks	News	Real TV	Mad-You	M*A*S*H
(32)	Waltons		Rescue 911		Hawaii Five-0		700 Club		Three Stooges	
(6)	Home Imp.	Seinfeld	Suddenly	Fired Up	Caroline	Wings	Dateline		News	
(8)	Fortune	Jeopardy!	NFL Preseason Football: American Bowl -- Denver Broncos vs. Miami Dolphins							
(10)	News-Lehrer		Anyplace	Boatworks	Only in America		Rock & Roll		Served	Red Green
(22)	Sportsctr.	NFL Prime	Women's Volleyball		Golf: Wonderful World of Golf		Baseball		Sportscenter	
(34)	Dukes of Hazzard		Today's Country		Prime Time Country		Monday Night Concerts		Dallas	
(13)	Ent. Tonight	Hard Copy	Cosby	Raymond	Cybill	Murphy	Chicago Hope		News	
(41)	Writers	Celtics' Summer Games			Fame	Golf Am.	USISL Soccer: Colorado Foxes at El Paso Patriots			
(15)	Movie: "Chain Reaction"				Sinbad's Summer Jam 3: '70s Soul Music Festival		Oz			
(17)	Movie: "Hocus Pocus"			Movie: "Prehysteria"			Movie: "Labyrinth"			
(18)	Movie: "Spill" Cont'd		Movie: "Ferris Bueller's Day Off"				Movie: "Getting Away With Murder"		Mission	
(20)	Front Row	National In-Line Skating		Major League Baseball: Boston Red Sox at Texas Rangers					Sports	
(44)	Intimate Portrait		Unsolved Mysteries		Movie: "Moment of Truth: Cradle of Conspiracy"				Homicide: Life	
(5)	Fam. Mat.	Major League Baseball: Atlanta Braves at Pittsburgh Pirates					Movie: "Don't Go to Sleep"			
(24)	Doug	Rugrats	Beavers	Monkees	Monkees	Monkees	Monkees	Monkees	Newhart	
(25)	Movie: "Flower Drum Song"				Movie: "Apache Drums"		Movie: "Life With Father"			
(26)	Highlander: The Series		Walker, Texas Ranger		World Wrestling Federation Monday Night Raw		Silk Stalkings			
(27)	Law & Order		Biography		Poirot		Miss Marple		Law & Order	
(12)	Fam. Mat.	Bzzzl	Nick Freno	Parent	Buffy the Vampire Slayer		News		Wiseguy	
(39)	Moneyline	Crossfire	Prime News	Burden	Larry King Live		World Today		Sports Illus.	Moneyline

TUESDAY EVENING AUGUST 5, 1997

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	Moesha	Social Std	Star Trek: Voyager		News	Real TV	Mad-You	M*A*S*H
(32)	Waltons		Rescue 911		Hawaii Five-0		700 Club		Three Stooges	
(6)	Home Imp.	Seinfeld	Mad-You	Newsradio	Frasier	Just Shoot	Dateline		News	
(8)	Fortune	Jeopardy!	Roseanne	Life's Work	Home Imp.	Spin City	NYPD Blue		News	
(10)	News-Lehrer		Quest: Investigating		Nova		Hitchhiking Vietnam		P.O.V.	
(22)	Sportsctr.	WNBA Basketball: Sparks at Liberty			Billiards: 9-Ball		Baseball		Sportscenter	
(34)	Dukes of Hazzard		Tribute-Porter Wagoner		Prime Time Country		Yesterday & Today		Dallas	
(13)	Ent. Tonight	Hard Copy	JAG		Movie: "Breach of Faith: Family of Cops II"				News	
(41)	Planet X	Surfing	Cycling	Cycling	Biking	Pro Beach Soccer	Scoreboard	Scoreboard	Scoreboard	
(15)	Movie: "The Man Who Broke 1,000 Chains"				Movie: "Courage Under Fire"				Arless	Spicy City
(17)	Movie: "Dumbo"		Young Musicians		Homeward Bound: Incredible Journey		Movie: "The Barefoot Executive"			
(18)	"Sense and Sensibility"		Movie: "Desperate Motive"				Movie: "Boomerang"			
(20)	Front Row	Volleyball: Kaepa		Major League Baseball: Boston Red Sox at Texas Rangers					Sports	
(44)	Intimate Portrait		Unsolved Mysteries		Movie: "For Their Own Good"				Homicide: Life	
(5)	Fam. Mat.	Major League Baseball: Atlanta Braves at Pittsburgh Pirates					Movie: "Hamburger Hill"			
(24)	Doug	Rugrats	Beavers	I Love Lucy	I Love Lucy	I Love Lucy	I Love Lucy	I Love Lucy	Newhart	
(25)	Movie: "The Snows of Kilimanjaro"				Movie: "The Sun Also Rises"				For Whom the Bell Tolls	
(26)	Highlander: The Series		Walker, Texas Ranger		Boxing				Silk Stalkings	
(27)	Law & Order		Biography		Movie: "Dead Water"				Law & Order	
(12)	Fam. Mat.	Bzzzl	Major League Baseball: San Francisco Giants at Chicago Cubs				News		Honeyman	
(39)	Moneyline	Crossfire	Prime News	Burden	Larry King Live		World Today		Sports Illus.	Moneyline

WEDNESDAY EVENING AUGUST 6, 1997

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	Sentinel				News	Real TV	Mad-You	M*A*S*H
(32)	Waltons		Rescue 911		Hawaii Five-0		700 Club		Three Stooges	
6	Home Imp.	Seinfeld	Movie: "Mother, May I Sleep With Danger?"				Law & Order		News	
8	Fortuna	Jeopardy!	Drew Carey	Coach	Drew Carey	Ellen	Primetime Live		News	
10	News-Lehrer		Triumph of the Nerds: The Rise of Accidental Empires in Silicon Valley					Served	Red Green	
(22)	Sportsctr.	Major League Baseball: Teams to Be Announced						Major League Baseball: Teams TBA		
(34)	Dukes of Hazzard		Country Salutes Elvis		Prime Time Country		The Road		Dallas	
13	Ent. Tonight	Hard Copy	Nanny	Murphy	CountryFest				News	
(41)	Golf	Speed	This Week in NASCAR		Motorsports Hour		Cycle World		Scoreboard	Scoreboard
(15)	Real Sports		Fight Against Drugs			Movie: "Murder in Mind"		Comedy	Perversions	Oz
(17)	Movie: "Ernest Goes to Camp"			Movie: "Ernest Saves Christmas"			Movie: "The Ghost and Mr. Chicken"			
(18)	"Iron Eagle IV" Cont'd		Movie: "The Surgeon"				Movie: "The Great White Hype"			Woodstock
(20)	Front Row	Sprt Edge	Major League Baseball: Boston Red Sox at Minnesota Twins						FOX Sports News	
(44)	Intimate Portrait		Unsolved Mysteries		Movie: "Abducted: A Father's Love"			Homicide: Life		
(5)	Fam. Mat.	Fam. Mat.	Movie: "Captain Ron"			Movie: "Overboard"				
(24)	Doug	Rugrats	Beavers	Bewitched	Bewitched		Bewitched	Bewitched	Bewitched	Newhart
(25)	Movie: "Mr. Hobbs Takes a Vacation"				WENN	Movie: "Written on the Wind"			Apprenticeship	
(26)	Highlander: The Series		Walker, Texas Ranger		Movie: "The Ticket"			Silk Stalkings		
(27)	Law & Order		Biography			American Justice		20th Century		Law & Order
(12)	Fam. Mat.	Bzzz!	Sister, Sis.	Harvey	Jamie Foxx		Wayans		News	Wiseguy
(39)	Moneyline	Crossfire	Prime News	Burden	Larry King Live		American Edge		Sports Illus.	Moneyline

ALL-STARS

The Tri-County National West All-Star baseball team, which includes members from the Bethel area, recently finished third in state competition among 13-year-olds. The boys won the Division III Championship, played in Farmington. Shown are front, (from left): Tyler Wilson, Kevin Hanlan, Reed Tinsley. Middle: Tyler Cummings, Billy Kangas, Bobby Pilgrim, Jimmy Nay, Josh Aylward, Cody Wall, Matt Newell, Paul Cox, Wade Osgood, Kaleb Durgin, Alan Bacheider. Back: coaches Jim Osgood, Leland Kangas, Forest Tinsley.



Summer coaches!

The Citizen would like to publish your team photos. If you already have a photo (color prints are fine) please bring a copy to our office before Aug. 8 (please be sure to include the team name, league, player names, and a phone number to call if we have questions). If you don't have a photo or you have any questions, please call Alison at 824-2444.

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MOOSE TOUR—The fifth annual Moose Tour bike trek, organized by the Maine Wheels Bicycle Club, rolled into town again Monday. The six-day trip originates in South Paris and follows a 300-mile-plus route through Fryeburg, Bethel, Rangeley and Dixfield before returning to Paris. Most of the nearly 200 cyclists are from other states. This year, Virginia, Pennsylvania and Massachusetts had the most participants of the 29 states represented. The tour began five years ago, when organizer Merle Glines of South Paris, who has biked all over the U.S., thought it would be nice to bring some of his biking friends to Maine for a trip. The tour is also designed to promote the beauty of western Maine to visitors. "People love it here," said Glines. The youngest rider, traveling in tandem with his grandmother, is eight. Here, the senior tour member, Richard Howe, 81, of Stoneham, Mass., sets up his tent on the ball field at Telstar High School, where cyclists spent the night Monday before heading out Tuesday morning.

(Photo by Alison Aloisio)

MENTAL ILLNESS COURSE

Beginning in September, the Greater Rumford Alliance for the Mentally Ill will again present the AMI-ME 12-week Family Education Course.

The course will be taught this time in South Paris to accommodate families in southern Oxford County. Classes include information about basic brain biology, coping skills, crisis, medication, empathy, communication, self-care, rehabilitation, discrimination and advocacy.

The curriculum was written by Joyce Burland, Ph.D., and will be taught by Diane Farnum, a trained family presenter with extensive experience as both a family member and an educator.

The course covers such serious mental illnesses as schizophrenia, bi-polar disorder, major depression, Tourette's, anxiety/compulsive disorder, autism, pervasive development disorder.

Parents, siblings, spouses, teenage and adult children, friends and/or significant others of those with mental illness are welcome.

There is no fee. However, space is limited and pre-registration is highly recommended. Call Diane Farnum, G.R.A.M.I. family support coordinator at 364-3549. Deadline is Friday, Aug. 29.

Tips from the

Community Lakes Association

Runoff: Heavy rains provide a good opportunity to make sure you aren't contributing to a phosphorus build-up in your nearby lake or pond. Flowing water carries sediment and phosphorus from all over the watershed through drainage ditches, streams, and into the lakes.

Walk around your property during or after a heavy rain and watch where the water is flowing. Divert the flow through a woody (filter) area or try to slow the flow down with a rock dam or hay bales. A vegetative buffer along the edges of lakes and streams filters the runoff and helps protect water quality.

If you are interested in this or other lake issues, contact the Community Lakes Association at 162 North Main Street, Bryant Pond, ME 04219.

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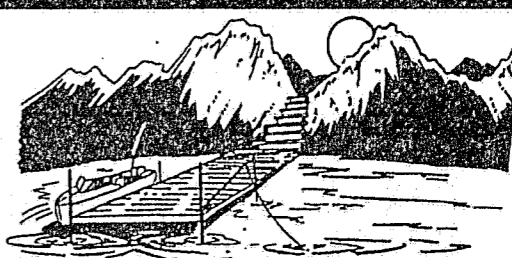
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To Advertise in the Service Directory Call Maureen Ginther at 824-2444 by Noon on Fridays

From the

Jackson-Silver Post Auxiliary

Although meetings have been reduced for the summer, members have been just as busy as ever. In addition to catering weddings and birthday parties, etc., they have been serving the community and our veterans.

They continue to serve refreshments for the Post's twice-weekly bingo games, and to have a monthly supper and dance. The next one will be Aug. 12 with a chicken pie supper, strawberry shortcake for dessert. Dancing will end at 9:30 p.m. instead of 10 p.m., as many feel that is long enough to dance, and they leave at 10 p.m. There will be door prizes, as usual, all for the cost of \$6, \$2.50 for children under 12. Again, the Richard Felt band will provide the dance music.

On Mollycodd Day in Bethel, two of the Unit's junior members, Jamie Johnson and Jaime Grover, carried the U.S. flag and Unit banner along with the Post color bearers to lead the parade. Also taking part were juniors Abbie and Brooke Hutchins and Martha Grover, accompanied by Melanie, an exchange student from France.

The same day several members were stationed at Telstar High School when the Veterans Administration conducted a screening clinic for veterans. They greeted them, helped in filling out papers and escorted the veterans through the various screening sites.

On July 22, three senior members and three juniors, Jamie Johnson, Brooke and Abigail Hutchins, assisted with the monthly birthday party at the Maine Veterans Home in South Paris. The Unit supplied ice cream for the entire group at the party and gifts for the five residents with July birthdays. McDonald's furnished the cake and punch as they do each month. Also present were two members of the Norway Unit, Dot Bailey

and Joyce Clifford, who goes each month as a clown and passes out stuffed animals to the birthday men and women. Musical entertainment was given by a group calling themselves "The Old Timers." They were from the Livermore area. A larger-than-usual group attended the party and seemed to really enjoy themselves.

At the meeting on July 24, it was voted to purchase two large cooking vessels to replace one which recently stopped working and another which is also very old. It was also voted to devote the proceeds of the Aug. 12 "Musical Supper" to assisting the three Junior members, Jamie Johnson, Jaime Grover and Martha Grover with their expenses toward attending the National American Legion and Auxiliary convention later in the month. The girls will be accompanied by Carolyn Johnson, Jamie's mother. Jamie is the official Junior delegate to the national convention as she is the immediate past Honorary Junior Department President of Maine.

In other business, a donation to the Locke Mills Unit Church in memory of Leland Dunham was voted; also the Unit paid the dues of two nursing home residents and those of another member who is ill.

Reminders were that the Second District's annual picnic will be at noon on Aug. 17 at Post 150 in Mechanic Falls and the annual family picnic of the Jackson-Silver Post and Unit is Aug. 21 at the Post home. The Post will furnish hot dogs, hamburgers and corn on the cob; auxiliary members furnish something to accompany the main menu items or a dessert. Cold drinks and coffee will be furnished by the Unit.



JENNIFER PERCIVAL

Jennifer Percival has been initiated into the Eta Sigma Gamma Society, the national professional honorary society in health science.

Percival is a senior at the University of Maine at Farmington and is the daughter of John and Linda Percival of Andover.

RED CROSS SWIM PROGRAM

The Bethel Red Cross Swim Program, sponsored by the Bethel Recreation Board, concluded on July 25, after a successful four-week program.

More than 60 children and adults participated in the swim instruction and fitness classes, offered at Songo Pond by WSI Beth LaVallee and WSA Becky LaVallee.

Participating in Level I and through VI were the following:

Level I: Brian Annis, Evan Boelsma, Kaitlyne Gibson, Marlena Johnson, Greg Kennagh, Amber Morin, Christina Morin, Lisandra Ojeda, Ross Rainey, Emily Schanck.

Level II: Kristy Anthony, Brianne Bailey, Carey Boelsma, Lane Brown, Abbey Gardner, James Gibson, Nicole Gaidis, Danny Lowell, Elizabeth Meisner, Sasha Morin, Danny Ojeda, Troy Schotter, Charlie Rice.

Level III: Denise Corrin, Marissa Corriveau, Brianna Douglass, Ashley Gould, Gabriela Johnson, Tanya Knox, Jason Moody, Mia Stucchi, Kevin Wight.

Level IV: Freddy Bailey, Katrina Boelsma, Ashley Brooks, Joshua Hamel, Glenn Knox, Daniell Moody, Sarah Page, Sarah Swan.

Level V: Matthew Hamel, Kurt Wight.

Level VI: Elizabeth Joyce, Brendon Joyce, Mike Swan, Katie Wight.

Participants who were unable to be at the pond on July 25 may pick up their progress records/cards at the Bethel Town Office.

Notes from

SAD44 Adult Ed

The fall semester of 'SAD44's Adult Education program will begin in mid-September with a full range of academic, vocational and enrichment courses, held during day and evening hours. Adult Education director Cathy Newell is in the process of scheduling fall courses and workshops and is accepting applications from individuals interested in sharing their skills with others through adult education. For further information, call the Adult Education office at 824-2780.

DISCOUNT BOOK FAIR

Stephens Memorial Hospital will once again host the Reading's Fun Book Fair, with a wide selection of quality hardcover books available at substantial discounts.

The book fair will take place in the hospital's main lobby on Monday, Aug. 4, from 12 noon to 4 p.m., and Tuesday, Aug. 5, from 10 a.m. to 4 p.m. All types of books will be available, including children's titles, cookbooks, reference, photography, bestsellers, sports, history and more. The books will be available at prices as low as 50 to 70 percent below wholesale.

A portion of the proceeds of the book fair will benefit Stephens Memorial Hospital's Health Information Resource Room (HIRR). Located at the Ripley Medical

Building in Norway, the HIRR is open to the public and offers a variety of health-related periodicals, books, videotapes, computerized databases and free Internet access.

The HIRR is staffed by a professional health science librarian and is open Monday, 12 noon to 7 p.m., Tuesday-Thursday, 12 noon to 5 p.m.

The Reading's Fun Book Fair is open to the public. Cash, check, Visa, MasterCard and Discover will be accepted as payment. For more information, please call Kathy Brunjes, health service librarian, at 743-5933, Ext. 323.

Stephens Memorial Hospital is an affiliate of Western Maine Health Care Corporation.

GOSPEL SINGER

Gospel singer and recording artist Ken Fernald will appear in concert at the Bethel Church of the Nazarene on Aug. 3, at 10:30 a.m.

This ministry in music is not done for the purpose of entertainment, but is a ministry with a message designed to inspire God's people to greater Christian service, according to Pastor John Grant, who has invited the public to this musical event.

The church is located at 16 Church Street, Bethel. For more information, please call 824-3766.

From the

White Mountain National Forest

Forest Service and Maine Publicity Bureau Summer Hours: The Evans Notch Visitor Center of the White Mountain National Forest and the State of Maine Visitor Center operated by the Maine Publicity Bureau are now open in their shared facility on Mayville Road in Bethel. The visitor center is open seven days a week, 8 a.m. to 4:30 p.m., with Maine Publicity Bureau hours extended to 7 p.m. on Friday and Saturday through the summer.

Services at the visitor center include information and travel planning for the state of Maine, and information on hiking, camping, biking, and things to see and do in the White Mountain National Forest. In addition there are guidebooks, maps, natural resource educational materials, and Maine souvenirs for sale. Visitors can browse through the many free brochures and learn about the natural world through informative displays, while the kids create works of art in the children's corner. Recreation parking permits are also available for those who plan on hiking in the national forest.

For more information, call the Forest Service at 824-2134 or the Maine Publicity Bureau at 824-4582.

District Ranger here: In an effort to meet the needs of Maine citizens, White Mountain National Forest District Ranger George Pozzuto announced that he or one of his assistants will be spending each Thursday at the Evans Notch Visitor Center in Bethel. He will be available to meet with any citizen regarding any

National Forest issue. Anyone interested in meeting with him can call ahead for an appointment or is welcome to drop in between 8 a.m. and 4 p.m.

For the last several years the White Mountain National Forest has been in the process of reorganizing administrative functions. "We have been striving to balance the reality of shrinking budgets with our goal of providing the best customer service and natural resource management possible," said Pozzuto.

Cost-cutting efforts resulted in the administration of the Evans Notch Ranger District being shifted from Bethel to other Forest Service offices. Pozzuto is stationed at the Androscoggin Ranger Station in Gorham, N.H., but oversees the management of about 25,000 acres of national forest land in Maine. Another 25,000 acres in Maine is managed out of the Saco Ranger Station in Conway, N.H. Pozzuto also oversees the operation of the Evans Notch Visitor Center.

"We realize that it can be an inconvenience for the public we serve to travel to Gorham, N.H., to conduct business or meet with staff to discuss National Forest issues," said Pozzuto. "I hope to be able to visit with many local citizens in Bethel to discuss management of the White Mountain National Forest."

The Forest Service office is located at 18 Mayville Road, just east of the bridge on Route 2. For an appointment, call George Pozzuto at 603-466-2713, ext. 210, or leave a message locally at 824-2134.

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Coupons may be applied to full-run display ads in The Bethel Citizen only - special promotions not included. Limited to one use of each coupon per advertiser. Coupons may not be combined with each other or with any other discount. Space ordered for specific sections of the newspaper is subject to availability. Offer expires October 31, 1997.

The Bethel Citizen

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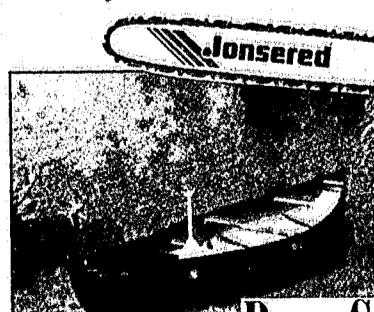
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NEW large gas refrigerators, Made in USA, no electricity required. Call for brochure. Bangor. 1-800-244-5718. 14-31p

GREEN FIREWOOD \$90. Taking dry firewood orders for fall \$120.00. 824-2739. 27-35p

FIREWOOD: Green or dry - cut, split and delivered. State certified delivery truck. Prompt delivery. 4' also available. 674-3188. Days or 674-2819 nights. 31-34

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HONDA 5,000 WATT GENERATOR 120/240 volt. Auto idle, under carriage. Also, Dayton 3,500 watt generator with Briggs & Stratton engine, 120/240 volt. Call 824-3342 or 364-7520. 30-33

MINI BIKE and GO CART for sale. \$45.00 each. Call 836-3276. 31-32

ONE TEA CART with drop leaf and extension. 27x39. \$100.00 or best offer. Call 836-3929. 31f

Wanted

WANTED: ITEMS from your attic, 1940's or earlier. We work with you and for you! Ex. terms. Call Sally, Playhouse Antiques. 207-824-3170. 15f

WANT BETHEL AREA 4 to 5 bedroom house to rent. 1997-98 Ski Season. Call Greg at 603-926-1548. 30-31p

USED SLEEP SOFA or Futon Sofa in good condition for summer cottage. Please call Lee Glenn at 617-524-7290. 30-31p

Miscellaneous

GED (High School Equivalency) TESTING AND PREPARATION. Day and evening times. No charge. Call SAD #44 Adult Ed. 824-2780 for an appointment. 34f

OVEREATERS ANONYMOUS, Bethel Area Health Center. For information call 824-2949, 824-2945, 824-3932. 37f

TOPS (Take Off Pounds Sensibly), Wed. 5:45-7 pm, Telstar Cafeteria. 11f

S.H.A.R.E., a support group for parents who have suffered an infant loss, stillborn birth or miscarriage. Stephens Memorial Hospital, first Thursday of each month, 7 pm. For information, call 824-2913. 24f

Bethel Freedom Group AA, which meets at Bethel Fire Station, Sunday 6-7:30, CBB; Tuesday 7-8:00 OD; O-Literature; Friday 7:30-9C 12x12. 23f

AL-ANON, Wednesday, 8 pm Telstar Regional High. 28f

AA MEETS Wednesday, 8 pm, at Telstar Regional High School. 2f

Yard and Garage Sales

YARD SALE, Sat. & Sun. August 2 & 3. All day. Grete Osgood, Locke Mills ME. 31p

SATURDAY, Aug. 2nd. 190 Lincoln Ave., Rumford. 9am - 3pm. Large fiber rug, nice clean clothing. Mens med. to x-lge., ladies (some designer: Cole Haan & Laura Ashley 8-10), other x-lge, shoes 7 1/2 - 8 1/2, halogen lamps, antiques, misc. 31

YARD & MOVING SALE, 8 to 5, Aug. 2nd. 36 Bridge St., across from Pat's Pizzeria. 824-3024. 31p

Tools

RINSENAVAC carpet cleaner, rug shampooers, sewer snakes, sump pumps, space heaters, chipper-shredder at Brooks Bros., Inc., Main St., Bethel. 824-2158. 16f

Pets

ADORABLE AKC REGISTERED Golden Retriever Pups. 12 years breeding experience. For more information call 1-603-752-4699 or 603-449-6760. 25-32p

GIVE YOUR DOG A BREAK from summer heat. Ask West Paris Hardware 674-2127 about Happy Jack Parasol Shampoo. Kills fleas & ticks on contact. Checks doggy odor. Contains no permethrins! 30-33p

For Sale/Vehicles, Boats & Trailers

1988 COMMODORE TRAILER 4 bedrooms, 2 baths, in North Woodstock - must be moved. \$14,000 or best offer. call 778-2023. 31-32p

NOTICE GILEAD RESIDENTS

John O'Donnell's Associates from Auburn will be assessing all properties in the town of Gilead during the week of August 11th.

For more information call 836-2115

The Greenwood Board of Appeals

will meet Friday, August 8th to consider a variance request by Carlton & Lenona Cole, who are seeking a building permit for property located between the Greenwood Road and Twitchell Pond. The meeting will be held in the Town Office and will begin at 4 pm.

(NOTE: the day and time of this hearing have been changed from the previously advertised day and time).

Services

BENNETT'S UPHOLSTERY - Home and office furniture, antique and modern. Call for free estimates, quality workmanship at very reasonable prices. 824-2336. 15f

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P.H. CHADBOURNE & CO. has an **IMMEDIATE** opening for a qualified **LOG SCALER**. The successful applicant must be a self-motivated individual with good communication skills and the ability to operate or willingness to learn to operate mill yard equipment.

P.H. CHADBOURNE & CO. is the producer of chips, pulpwood, logs and top quality White Pine boards that serves the entire Northeast. We offer BC/BS insurance, paid vacation, paid holidays, cross training, and other benefits, and also the opportunity for an individual to grow with the timber industry.

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Maine certification required. If interested in the above positions, please submit letter of application, resume, and other credentials to:

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284 Walkers Mills Road
Bethel, ME. 04217

DEADLINE: The positions will close when an acceptable candidate is found. E.O.E

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1993 Chevy Lumina Euro, 6 cyl, auto, am/fm, a/c, p, locks, 88k miles.....\$6,995

1993 Ford Taurus Wagon, V6, auto, loaded, third seat, 79k miles.....\$7,295

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1993 Chevy Corsica LT, 4 dr sedan, V6, auto, loaded, 89k miles.....\$6,095

1992 Ford Tempo GL, 4 dr, sedan, 6 cyl, auto, a/c, am/fm radio, 70k miles.....\$4,995

1991 Dodge Grand Caravan SE V6, auto, air, a/c, am/fm radio, very clean, 95k miles.....\$6,995

1990 Toyota Corolla, 4 cyl, 5 spd, 4 door sedan, ps, am/fm radio, 86k miles.....\$3,995

1990 Chevrolet Corsica LTZ, 4 dr, sedan, V6, auto, loaded, 70k miles.....\$5,195

1989 Nissan Sentra Wagon 4x4, 4 cyl, 5 spd, am/fm radio, 68k miles.....\$4,495

1989 Mercury Topaz, 2 dr, 4 cyl, auto, air, am/fm radio, 89k miles.....\$2,495

1989 Chevy S-10 4 cyl, 5 spd, am/fm radio, cap & extra wheels, 54k miles.....\$4,295

1988 Buick Century, V6, auto, a/c, am/fm radio, 71 k miles.....\$3,495

1987 Plymouth Reliant LE, 4 cyl, auto, am/fm radio, 60k miles.....\$2,495

MINOR REPAIR WORK

Help Wanted

LOOKING FOR AN experienced Pizza Cook. Apply in person at Finish Line Pizza or call 824-4700. 31-32

NEEDING to care for newborn - coming this November! If you have a loving home near Bethel & love babies, please call 583-6551 and leave a message. 20f

ASSISTANT, part-time, typing, filing, answering phone, computer knowledge helpful. Hours flexible. Call 392-1399 between 8-4, Mon. - Fri. 31-34p

KITCHEN HELP - Experience preferred. 28f

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Norway Savings Bank is seeking a Customer Service Representative to join our Bethel office. Duties would cover Teller and Supervisor positions when needed. Candidates must have in-depth knowledge of bank products and experience selling them. Proficiency with math, computer entry, written and oral communication, and cash-handling. Some banking supervisory experience in both technical and leadership areas. Competitive salary with full benefits.

CONTACT: Monica Turner or Neal Graffam, Norway Savings Bank, One Parkway, Bethel, ME. 04217 (207) 824-4989

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Norway Savings Bank

Apply in person at Sunday River Brewing Co. Route 2, Bethel. 30-31

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NOW HIRING dishwashers. Call 583-6265. 28f

NOW HIRING Game Wardens, Security Maintenance, Park Rangers, No Exp. necessary. For application and information call 1-561-368-0085, ext. ME111C, 8am to 9pm, 7 days. 29-32p

START \$12.68/hr plus benefits. For application and exam info, call 1-561-368-0085, ext. ME111, 8am to 9pm, 7 days. 29-32p

IMMEDIATE EMPLOYMENT New establishment seeking qualified, experienced people for dining room and kitchen. Call for an appointment between 12-4 pm Monday thru Saturday. (603)466-5076. 30-31

FOR SALE

14' x 70' 3 bedroom Mobile Home

Washer, Dryer, fully applianced kitchen including dishwasher & garbage disposal. New hot water heater and Rinnai heater. Working fireplace. Must be moved.

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We have privately-offered improved lots and land configured to fit your needs.

Come talk to us...

Jo & Romeo Baker
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ASSISTANT COOK: Two months, starting immediately. Location: The Maine Conversation School - Lake Christopher, Bryant Pond. Qual: Must have the ability and interest to cook in large group summer camp setting. Duties: Preparation and serving the evening meal Monday-Thursday. 5 hours per day. Contact: Eleanor G. Tracy, Director of Operations. 665-2068 or 743-8617. 31

October. 1-207-364-7520. 17f

BY OWNER ON ROUTE 26, Oxford, ME. 1.5 miles from Speedway, 1/4 miles from Wal-Mart. One hour to Portland or Bethel. 25,000 square feet showrooms including 2 warehouses plus 3 deluxe apartments. Owner retiring, will relocate within 90 days. Property utilized as furniture estab. and family residence for 18 years. \$250,000 FIRM. By appointment only. (207) 743-7900. 31

Business/Commercial Opportunities

FOR MORE INFORMATION AND ASSISTANCE regarding the rules of financing, business opportunities and work at home opportunities. The Bethel Citizen urges its readers to contact the Better Business Bureau, Inc., Maine Division, 812 Stevens Avenue, Portland, ME 04103-2648

RESTAURANT FOR LEASE adjacent to Trail's End Motel on U.S. Route 2, Rumford Point. 10 minutes from Bethel. May thru

Commercial For Rent

"SPITFIRE GRILL" is looking for an ambitious, creative and energetic manager/cook to rent its fully equipped restaurant in the Bethel/Gilead area. FMI phone 824-4224 29f

PRIME RETAIL SPACE on busy Route 2 West Bethel location. Jeff or Patrice Parsons. (207) 836-3607. 18f

PRIME COMMERCIAL SPACE available immediately in-town Bethel. Call 824-2336 or 824-6425. 18f

Cottage FOR SALE

Completely rebuilt, 206' waterfrontage, 5+/- acres, furnished, gas lights, stove & refrigerator. Lake Christopher, Bryant Pond only \$45,000

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SALE OF TAX ACQUIRED PROPERTY

The Town of Bethel is selling by "Sealed Bid" five parcels of **TAX ACQUIRED PROPERTY**. Information concerning the size, location and assessed value of properties is available at the Town Office. The five lots are in an approved subdivision. There will be a \$6,000.00 minimum bid. Selectmen have the right to reject or accept any or all bids. Bids will be accepted until 2:00 pm, July 30, 1997. Bids must be accompanied by a check equal to 10% of the offer. If accepted, payment in full is required within 30 days. Bids will be clearly marked "TAX ACQUIRED PROPERTY BID". All bids will remain active and current for 30 days. All bid bonds will be returned to any unsuccessful bidders. For more information call Christen Mason the Town Clerk at 824-2669

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A Perfect Blend of Quality and Style ...

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For Rent

ELDERLY HOUSING one bedroom upstairs apartment at Sudbury Village. Units are subsidized to qualified applicants - waiting lists maintained. Call Hope Tibbets (207) 824-

3168. Equal Housing Opportunity. 40ft IN-TOWN 90+ year old farm house. 4 Bdrms., furnished, whirlpool, tub, cable, washer/dryer. Sleeps 10. Utilities included \$850 per week. 804-253-0476 40ft FOR RENT 3 or 4 bedroom 1st floor, in town apartment with deck and large back yard,

completely remodeled, no pets, non-smoker for information call 824-2336 or 824-0425. 15ft APARTMENT RENTAL - 2 bedroom, upstairs, washer/dryer, no smoking. Route 2, West Bethel. \$425.00/month. Jeff or Patrice Parsons. 836-3607 10ft

COZY, HEATED furnished apartment. Suitable for 1 person or couple. In Hanover 15 min. from Bethel. 15 min. from Rumford 364-7520 16ft 2 BR TOWNHOUSE at Sunday River, furnished, quiet place, monthly rental until Nov. 15th. Includes dishwasher, cable TV, lawn care and fireplace with dry wood. 207-824-2222 18ft SMALL 2 BDRM. HOUSE. Songo Pond area. Available June 1st. Call 824-3191. 23ft ONE BEDROOM APARTMENT in 1800's farmhouse. Walking distance to lakes & mountains. 20 minutes to Bethel. No pets, non-smoker. \$300 month plus inexpensive

utilities. South Waterford, Call Nancy Forest 824-2444 days or 583-6551 nights. 24ft 1997-98 SEASONAL RENTAL. New two large bedroom, fireplace, hot-tub, stove, refrigerator, dishwasher, W/D, Deck. Heat and cable. Reasonably priced 207-824-3919. 26-31p 1 BEDROOM, newly remodeled, in town \$375.00. For more information call 836-3865. 26ft FABULOUS MAIN STREET two bedroom apt., with all amenities. Washer/dryer, partially furnished. Heat, plumbing & shoveling included. Call Pat 824-3636. 31-32 W. PARIS, 1 bedroom Apartment.

\$350/month, heat, hot water, utilities inc. deposit, references required 674-3221 28-31p W. PARIS, 2 bedroom Apartment, \$450/month, heat, hot water & utilities inc. deposit, references required 674-3221 28-31p IN-TOWN BETHEL 3 bedroom house, his-

Bethel's New Corner on Business Opportunity!



The "Infamous" Backstage! Great business opportunity to own and operate a Bethel legend! Fully equipped restaurant and lounge ready to operate! Only \$279,000!

Bethel is a great place to live, work, visit and bring your business! We're here to help!

L'Auberge, truly a Country Charming! Seldom does such a beautiful, well-established country inn of this caliber hit our market. Strong market share history, excellent reputation and turn-key operation! Pre-qualified buyers by appointment only!



Bethel Airport Industrial Park! - Get in on the ground floor of Bethel's upcoming business location! Why not enjoy the Bethel area as a place to live? Bring your business to the area! Lots from only \$19,900!



Skidders Deli - Bethel Great business opportunity to own and operate your own Deli on Main St. in Bethel! Great numbers support this terrific business! Only \$59,900!



The beautiful Abbott House! Rare opportunity to run one of Bethel's finer, small bed and breakfast homes! Super location with established business AND FULLY FURNISHED for only \$189,900!

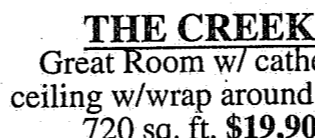
Wild River Realty

Corner of Main & Church Streets • Bethel, ME 04217

LIMITED EDITION SALE



THE RIDGE Large Living/Dining Area w/ wrap around Porch 848 sq. ft. \$19,900



THE CREEK Great Room w/ cathedral ceiling w/ wrap around porch. 720 sq. ft. \$19,900



THE ALPINE Great Room w/ cathedral ceiling. Gable-roofed welcoming porch. 770 sq. ft. \$19,900

THE ORIGINAL Lincoln Logs™ ALPINE RIDGE

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OTHER SPECIALS AVAILABLE

VILLAGE SQUARE REALTY



207-743-2338

<http://www.me.living.net>

35 MAIN STREET, NORWAY, MAINE 04268

Valerie Colley • Geri Stenson • Debbie Warrington



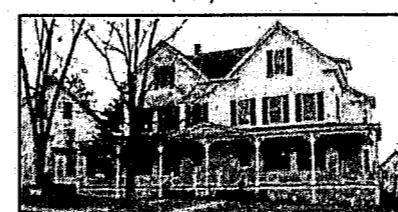
#198731 - NORTH NORWAY
One of the oldest homes in Norway, this 4 BR Colonial has been tastefully restored with exposed beams, corner posts, wide pine floors as well as an updated kitchen & bath. Sit on 8 1/2 acres, there is a 36'x60' pole barn & lovely landscaping featuring a gazebo \$159,000



#189813 - GORGEOUS VIEWS!
This 3 bedroom home with 2-car garage is situated on 14 acres of fields and woods in a country neighborhood. Excellent condition throughout. \$119,900



#180730 - REDUCED AGAIN TO \$199,000!
Crockett Ridge is the setting of this 2500 sq. ft. contemporary home on 6 private acres w/ mountain views. There are 2 large living areas w/ newly refinished hardwood floors and cathedral ceilings, 4+ BR's & 2 baths, large L-shaped deck facing the view!



#191614 - WELL MAINTAINED
Duplex plus barn and 3rd unit. All units are spacious, well insulated and have their own service & utilities. Call for further details today! \$109,000



#198733 - SAND POND
3 BR, 2 bath home on the shores of this lovely, quiet pond just 4 miles from Norway Village on a town-maintained paved road. There's a large living room with a fireplace and lots of windows opening onto a deck overlooking the water. Reduced from \$159,900 to \$154,900



#111170 - ANTIQUE
Colonial charming, older home with frontage on the river, 2 1/2 acre lot, fireplace, 9 rooms, 2 baths, much updating! \$79,900

FOUR SEASONS REALTY

"For all your real estate needs"

Route 26 • PO Box 119 • Locke Mills, ME 04255 • 207-875-2414 • 875-2415 Fax
See us on the Internet at: [HTTP://WWW.NEWMARKETS.COM/4SEASONS.HTM](http://WWW.NEWMARKETS.COM/4SEASONS.HTM)



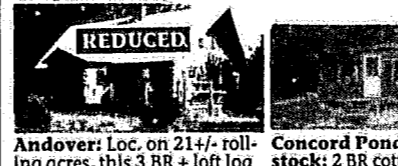
Bethel: Located off Sunday River Road, this 4 BR, 1 1/2 bath chalet boasts spacious living area, is convenient to Sunday River Skiway. Double lot, private. \$97,900



Hicks Pond: Quality constructed, nicely maintained 4 BR chalet in serene setting, boasts lovely views across pond, long road/water frontage. Full daylight bsmt. (walk-out to water), fireplace, decks, 3-levels of living space. Very nice! \$129,900



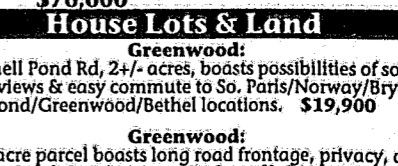
South Pond, Greenwood: Conveniently located 2 bedroom cottage, spacious living area, pond views, year round access, ROW to pond, sandy beach/dock area. \$76,000



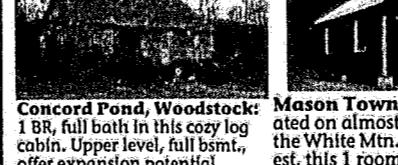
Andover: Loc. on 21+/- rolling acres, this 3 BR + loft home boasts spacious, comfortable living areas, full bsmt., deck and paved drive. Only 20+/- miles to SR rd. 1500+/- of frontage on Ellis River! \$409,000 - \$99,000



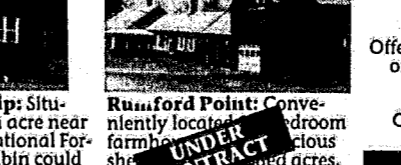
Concord Pond, Woodstock: 2 BR cottage boasts screened porch, privacy, 120+/- waterfrontage, seasonal access. Affordable at \$49,900. Summer Fun and/or Snowmobile base!



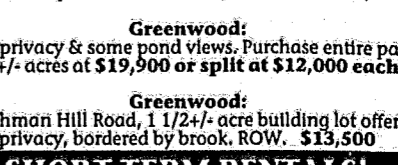
Greenwood: Large 3 BR farmhouse style home w/ attached shed/1-car garage (storage above). Convenient to Village/Rt. 26. Property needs work as price reflects. \$35,900 - Now \$30,900



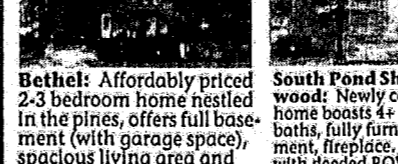
Concord Pond, Woodstock: 1 BR, full bath in this cozy log cabin. Upper level, full bsmt., offer expansion potential. Frontage on Concord Pond. Privacy. Your choice - Cabin & 10+/- acres at \$59,000 or with 97+/- acres at \$89,000



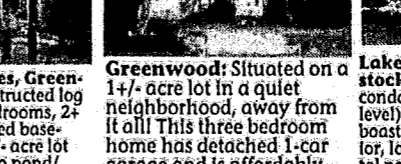
Mason Township: Situated on almost an acre near the White Mtn. National Forest, this 1 room cabin could be a hunting getaway or one could use the lot to build a year round home. Privacy, views, low taxes. \$19,900



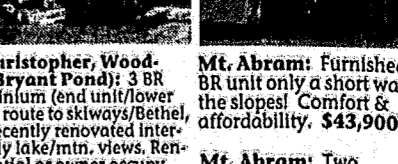
Rumford Point: Conveniently located 3 bedroom farmhouse style home with 450+/- waterfrontage. Affordable priced



Bethel: Affordably priced 2-3 bedroom home nestled in the pines, offers full basement (with garage space), spacious living area and deck. \$39,000



South Pond Shores, Greenwood: Newly constructed log home boasts 4+ bedrooms, 2+ baths, fully furnished basement, fireplace. 3+/- acre lot with deeded ROW to pond/beach. \$138,900



Greenwood: Situated on a 1+/- acre lot in a quiet neighborhood, away from it all! This 3 bedroom home has detached 1-car garage and is affordably priced at \$59,900

Lake Christopher, Woodstock (Bryant Pond): 3 BR condominium (end unit/lower level) en route to skiways/Bethel. Boasts recently renovated interior, lovely lake/mtn. views. Rental potential or owner occupy. Reduced. NOW \$59,000

Mt. Abram: Two bedroom. \$72,900

Wild River Realty

Corner of Main & Church Streets • Bethel, ME 04217

YOUR Off-Mountain Property Headquarters!



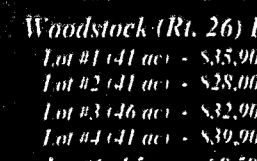
Opportunity! - Great potential in this Rt. 2 Hanover home. 2 bdrm, 1 ba, nice living room, kitchen on 1+/- ac, minutes to ski slopes! Needs some work but priced to reward the hard worker at only \$29,900!



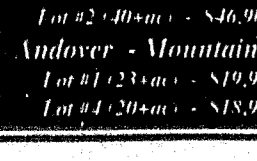
Your private estate in West Bethel - Beautiful 3+ bdrm, 2.5 ba, 2+ car garage, vaulted living room stone fireplace on 10+/- ac, bordering nat. forest! Great house at a great price! Only \$229,900!



Powder Ridge Lots
Lot #1 - A great buy at \$35,900!
Lot #2 - A great buy at \$26,900!
Lot #3 - NOW ONLY \$33,000!
Lot #4 - \$39,900!
Lot #5 - \$39,900!
Lot #6 - \$39,900!
Lot #7 - \$39,900!
Lot #8 - \$39,900!

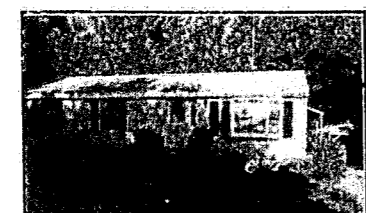
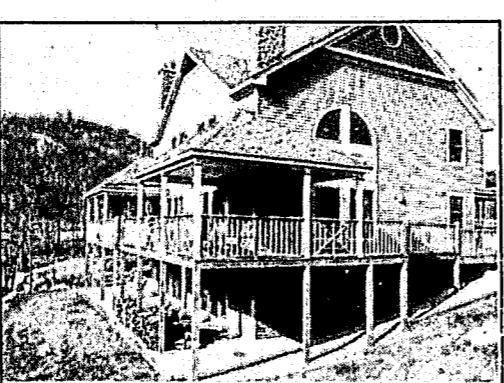


Rumford Point Lots
Lot #1 - \$59,900 - \$19,900!
Lot #2 - \$59,900 - \$19,900!
Lot #3 - \$59,900 - \$19,900!



Andover - Mountain Lots
Lot #1 - \$19,900 - \$19,900!
Lot #2 - \$19,900 - \$19,900!
Lot #3 - \$19,900 - \$19,900!

Spectacular Powder Ridge Townhome! If you are looking for privacy, 3+ bdrms, 3.5 baths, great views, stone fireplace, sound association and a fully furnished end unit, **Your Search Is Over! Priced to sell at only \$169,900!**



Great starter home in West Bethel! On a quiet, private circle you will find this 3 bdrm, 1 ba, country home. Charming, nice lot with views and priced at **Only \$69,900!**



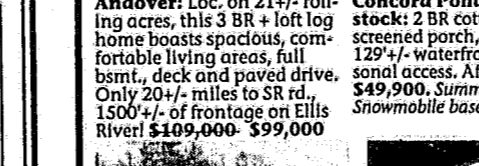
Northwest Bethel Road! Boarding Chapman Brook, with lush forests and open meadows, this new listing is a great 7+/- acre lot! Will not last long at only \$29,900!



Pleasant River, West Bethel Great economical end unit with privacy, 2 bdrm, 1 ba., fully furnished, meticulously kept. Under the money for only \$44,900!



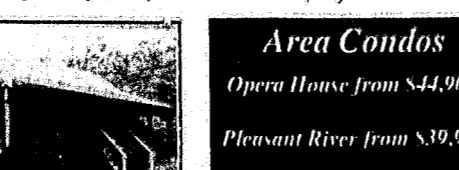
Powder Ridge Spectacular! This beautiful Lindal home features over 3,000 sq. ft. of luxury with 5 bdrms, 3 ba, stone fp, gourmet kitchen and views - All for only \$249,000!



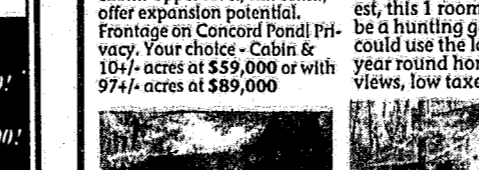
Greenwood Rd., Locke Mills! Nice corner property near Mt. Abram & SR, 3 bdrm, 1 ba., small barn, double corner lot. Nice property for only \$64,900!



Vernon St., Bethel - Large track of land awaits development. 25+/- ac. with great views. In-town yet country. House and trailer sites included. Only \$150,000!



Your Maine Log Home in Woodstock features 3 bdrm, 1.5 baths, groomed lawn, 3+/- acres, privacy, a 2 car garage and ready for you! Recently reduced to only \$89,900!



Area Condos
Opera House from \$49,900!
Pleasant River from \$39,900!
Mt. Abram from \$47,000!
Eden Ridge from \$105,900!
Chamberlain from \$69,000!
Powder Ridge from \$150,000!

JULY

30

1997

JULY 30 1997

MOBILE HOME FOR SALE \$40,000, one acre of land, Sunday River Road. Well, gas furnace, wood stove, electric heat, quiet location. 207-774-3093 25-32p

FOR SALE-NEWRY 2 bedroom log cabin on private acre with mountain views. Some owner financing available. \$68,000. Call 824-3753. 30-33p

GREENWOOD, 9 acre's, 700 ft. frontage, year round, electric, view of Mt. Abram. \$12,500. 30-33p


 Cindy Kailey-Hiebert, Broker-Owner
 Cheri Thurston, Broker
 Margie Finley, Associate Broker

Tel. 207-824-2771 • Fax 207-824-2061 • E-Mail Address: mahoosuc@nxi.com
 Corner of Main & Vernon Streets • PO Box 508 • Bethel, ME 04217

Please stop by or call for a brochure of all our listings!

NEW LISTING - BETHEL

Spacious 3 bedroom Cape conveniently located just outside the Village of Bethel. Hardwood flooring, fireplace, den and a very welcoming pool with wrap around deck. Attached 1 car garage.
\$97,000

NEW LISTING - BETHEL

Enjoy the spectacular mountain views from this appealing 3-4 bedroom home situated on 5-6+ acres and bordered by an impressive stone wall. Abundant windows and an open living area make this home warm and bright. Master suite features a luxury bathroom with whirlpool tub. Daylight basement & 2 levels of decks.
\$185,000

VACATION OR YEAR ROUND HOME

Four bedroom chalet located in Mt. Abram Village, Hardwood floors, fireplace, knotty pine interior. Well maintained. Unbelievably priced and the seller will pay the buyers closing costs up to \$3,500!
\$79,500

MAIN/RAILROAD STREETS

Newly built commercial/residential property situated in a highly visible location in the Village of Bethel. Air conditioned, well lit open space ideal for your next commercial venture. Very attractive interior that shows quality throughout!

PICTURE PERFECT FAMILY HOME

Impeccably maintained home with beautiful pine floors, an expansive brick hearth, decks and tasteful landscaping. Located approximately 1.5 miles south of Rumford in the town of Bethel. A real value at
\$109,000

FOUR BEDROOM CAPE

1830 Cape attractively situated on 2.4+ acres just a short distance from the Village. Separate harness shop that has just been converted into a rental unit. Large post & beam barn, garages. Recently reduced to \$210,000. House, garage & harness shop w/airpox. 1 acres \$175,000. House and garage \$165,000. A wonderful opportunity at a great price!

4 UNIT, IN THE VILLAGE

Located within walking distance of all amenities, this well maintained four unit apartment house is a great opportunity for year round residents or skiers looking for tenants to help meet the mortgage payment.

Reasonably priced at \$219,000

YEAR ROUND WATERFRONT COTTAGE

New listing. North Pond waterfront cottage ready for four season enjoyment. Extras include a boathouse, 2 car garage, workshop. Viewshed sleeping loft all at all, on a very pleasant corner lot with over 380+ ft of frontage & a sunny southern exposure. **\$159,000**

ATTRACTIVE MAIN STREET PROPERTY

Immaculately maintained Victorian in the heart of Bethel Village. Many original features, beautiful woodwork, flooring, 7 bedrooms with expansion potential. Large barn. Shown by Appt. Only.

GREAT RESIDENTIAL HOME

New listing. Attractive 4 BR Cape in great condition. Located in a quiet residential neighborhood on a dead end street. Beautiful wood floors, spacious rooms and an enclosed back porch with great views.
\$132,000

*"SNOWSHOE LODGE" - 100+ ACRES

Privately situated, this newly built home offers privacy and unlimited possibilities. Spacious oak kitchen with lots of cabinets, 2 - 4 bedrooms, garage, pole barn.
\$141,000

COMMERCIAL BUILDING

Newly listed - A rare opportunity in Bethel's Historic District on the common. Superior restoration. Most currently an attorney's office, 2 upscale apartments. Excellent Rental/home history.
\$200,000

Kennett Realty Inc.

CENTRAL OFFICE
45 Broad Street
Bethel Maine, 04217
just beyond the Bethel Inn

BRANCH OFFICE
Sunday River Rd
just beyond the Brew Pub

(207) 824-3187 ~ 824-HOME ~ 824-LAND

YEAR AFTER YEAR AFTER YEAR...#1 IN AREA SALES & LISTINGS!

Woodstock - North Pond: A westerly panoramic vista abounds from this impressively customized contemporary with expansive windows & own family room, 3 bedrooms, 2 baths, on manicured 1+/- acre lot with level sandy beach in a private setting. This unique and exquisite home is being sold fully furnished! \$249,000!

PRICE REDUCED-SNOW VILLAGE ESTATES: There are obvious reasons so many ski enthusiasts live in this scenic & impressively established neighborhood, nestled at base of Sunday River Village & situated only min. to Skiway lifts, trails & amenities. This contemporary ranch, custom built in 1991 on 1.33+/- ac. is an absolute standard w/seasonal dramatic mt. & trail views. Spectacular ft plan w/cathedralized LR w/woodstone insert, bright & open KIT, master suite w/woodstone whirlpool tub & bath, 2 add'l BR's, 2nd full bath, very large utility, basement & 2 car garage. Completing an unbeatable & most affordable value. \$125,500 Only \$144,900

Estate Owned, this colorful gambrel is situated on a very special 2.8+/- acre corner lot bordered by a winding, babbling brook partially edged with a beautiful fieldstone wall. A scenic and peaceful setting is provided for your next renovation endeavor. 4 BR dwelling w/ kitchen, living room, dining room, foyer, pantry & impressive glassed in porch provide the basic structure & classic lines of what could be a striking & gracious gambrel. Only \$45,500

PRICE REDUCED - What an Incredible value, Bird Hill: Surely to top the list of the most breathtakingly glamorous homes you have dreamed to own! Situated in a country setting sparkling with Mt. Washington White Mt. range panoramic horizons, this elegant dwelling offers lavishly expansive living areas with sumptuous living room, lush carpeting, large family room with tavern, 4 fireplaces, master suite, wine cellar, soothing sauna & its very own illuminated and paved racetrack. \$345,000 \$299,000

PRICE REDUCED FOR A LIMITED TIME - IN LOWN BETHEL: Approached by a white wooden fence & elegant arbor on a scenic in-town Village lane, this classic farmhouse blends vintage country charm with tasteful renovation. Warm & inviting from its intriguing flower boxed exterior with screened porch overlooking horizon edged with mesmerizing mts, thruout its large country kitchen with handsome oak cabinets, lovely restored dining room with family room area & beautiful living room. Bright central foyer access 3 attractive bedrooms & spacious unfinished attic. "There's No Place Like Home!" \$124,900

NEW LISTING - Songo Pond Area: Walk to refreshing & scenic Songo Pond from this competitively priced contemp. chalet. Builder-owned & constructed in 1989, practical & eff. ft plan w/abundant sleep cap. & 2 baths clearly allows for the making of a great primary home or vacation get-away! Enter into a large & sep. pine paneled mudroom storage room, adjoined by a cozy great room featuring woodstone & full bath. Upper level offers 3 BR's, 3 1/2 bath & walk-in hall closet. Lower level basement w/adult woodstone. Sit. on a state-maint'd yr-round trail, what better place to enjoy 4 season fun?! ONLY \$69,500

PRICE REDUCED - Windswept Manor: Dramatically approached by impressive freshly paved drive rimming perimeter of majestic setting with sunny mt. & river views, find this superbly constructed, sprawling, fieldstone & clapboard ranch! Its well-designed floor plan includes sumptuous LR w/picture windows, 2 triples, lovely BR, w/built-ins & adjoining DR w/spacious FLA room, 3 1st floor BR's, 2 1/2 baths & finished lower level with FR & BR. Beautiful in-ground pool w/deck & so much more! \$169,999 \$179,000

Bethel: Charming & newer constructed hilltop chalet just moments from Bethel Village on 1+/- wooded acre is just perfect as a ski house or starter home, featuring open floor plan with cathedralized great room, 1 bedroom plus loft, unique trapezoid insulated windows, pressure treated deck for enchanting mountain views, and now offering owner financing. \$79,900

North Pond: On the sunny & westerly private shore of North Pond: discover waterfront property offering 235+/- ft. of shore frontage inclusive of a charming cove. Take in the most beautiful scenery-soothing lake movement, an island formation, mts & glorious sunsets from its oversized wrap-around screened porch situated dock. Bright, cheerful KIT & cozy LR w/woodstone. Winding out of a yr-round maintained rd w/private septic & loc. only min. to skiways, many other waterways, the best of all getaway options awaits! \$119,000

ACTIVITY HAS BEEN FANTASTIC ~ WHETHER BUYING OR SELLING NOW IS THE TIME TO CALL US!

The staff of Kennett Realty has been serving the real estate needs of the Bethel area longer than any other agency!

New Listing - Albany: Most affordably priced parcel situated on Route 5 and consisting of pretty pines with close proximity to Songo Pond. \$10,000

Route 5, Bethel: Marvelous 2.45+/- acre parcel features beautiful settings & offers coveted proximity to scenic Songo Pond, Bethel Village and ski resorts. \$15,000

South Pond Shores: Stunning subdivision lot boasting 5+/- acres with 305+/- ft. covered waterfrontage on scenic, serene South Pond. \$92,000

Route 2, Bethel: Can't miss visibility from this 10.3+/- ac. of prime comm. land with extensive frontage on Rt. 2, enroute to Sunday River Ski Resort. Year round exposure. \$150,000

Spectacular & scenic: 40+/- ac. parcel incl. acreage of Walker Mtn. along w/ sought after waterfrontage on lovely Goss Pond. One-of-a-kind offering, only moments to area skiways & amenities. \$79,900

CONFIDENTIAL COMMERCIAL OFFERING
Located on major route with nearby prox. to many area waterways enroute to Sunday River & Mt. Abram skiways, this highly visible restaurant, take-out & retail establishment w/abundant house represents a fabulous opportunity for the aspiring entrepreneur! Call for Details.

CALL FOR OUR MASTER LISTS OF THE AREA'S MOST EXTENSIVE SELECTION OF PROPERTIES

SUNDAY RIVER SKI-IN / SKI-OUT CONDOS!

MERRILL BROOK	
III-C Deluxe 1 Bdrm	\$79,900
I-E Deluxe End	SOLD
II-E 2 Bdrm/1 Bath	SOLD
BROOKSIDE BUILDING I	
II-B-308 2 Bdrm/1 Bath	SOLD
I-B108 2 Bdrm/1 Bath	\$89,000
BROOKSIDE BUILDING II	
II-B201 Studio/1 Bath	\$45,900
II-B212 Studio/1 Bath	\$47,400
II-A212 Studio/1 Bath	\$50,000
II-B308 1 Bdrm/1 Bath	SOLD
II-A102 1 Bdrm/1 Bath	\$63,900
II-B301 1 Bdrm/1 Bath	\$62,900
II-B310 1 Bdrm/1 Bath	\$63,900
II-B306 1 Bdrm/1 Bath	\$63,900

CASCADES	
B-21 Studio/1 Bath	SOLD
C-10 1 Bdrm/1 Bath	\$53,000
C-22 1 Bdrm/1 Bath	\$62,500
LOCKE MOUNTAIN A-3	